

# TAKE ADVANTAGE OF YOUR HEALTH SCREENING BENEFIT



Learn how to maximize your routine screening benefit.

You made a great decision by enrolling in Accident, Critical Illness, or Hospital Indemnity Insurance. Your coverage includes a health screening benefit<sup>1, 2</sup> for Accident, Critical Illness, and Hospital Indemnity Insurance that is payable once per calendar year, per covered person.

## Take full advantage by completing your routine screenings

Tests covered through your Accident, Critical Illness, or Hospital Indemnity Insurance issued by **The Prudential Insurance Company of America (Prudential)** include the below; for a full list, please see your Outline of Coverage.

- Routine health check-up exam
- Eye exam
- Dental exam
- Biopsies for cancer
- Blood chemistry panel
- Blood test to determine total cholesterol
- Blood test to determine triglycerides
- Bone marrow testing
- Breast MRI
- Breast ultrasound
- Breast sonogram
- Cancer antigen 15-3 blood test for breast cancer (CA 15-3)
- Cancer antigen 125 blood test for ovarian cancer (CA 125)
- Carcinoembryonic antigen blood test for colon cancer (CEA)
- Carotid doppler
- Chest x-rays
- Clinical testicular exam
- Colonoscopy
- Complete blood count (CBC)
- Digital rectal exam (DRE)
- Doppler screening for cancer
- Doppler screening for peripheral vascular disease
- Echocardiogram
- Electrocardiogram (EKG)

## Submit your claim



Online at

[mybenefits.prudential.com](https://mybenefits.prudential.com)

Log in > “My Claims” > “File a supplemental health claim”

If you're a first-time user, you'll need to register before logging in.

Or call 844-455-1002, Monday to Friday, 8 a.m. to 8 p.m. ET to speak with a representative.



**Prudential**

- Electroencephalogram (EEG)
- Endoscopy
- Fasting blood glucose test
- Fasting plasma glucose test
- Flexible sigmoidoscopy
- Hearing test
- Hemocult stool specimen
- Hemoglobin A1C
- Human papillomavirus (HPV) vaccination
- Immunization
- Lipid panel
- Mammogram
- Oral cancer screening
- Pap smears or ThinPrep pap test
- Prostate-specific antigen (PSA) test
- Serum cholesterol test to determine LDL and HDL levels
- Serum protein electrophoresis
- Skin cancer biopsy
- Skin cancer screening
- Skin exam
- Stress test on bicycle or treadmill
- Successful completion of smoking cessation program
- Tests for sexually transmitted infections (STIs)
- Thermography
- Two hours post-load plasma glucose test
- Ultrasounds for cancer detection
- Ultrasound screening of the abdominal aorta for abdominal aortic aneurysms
- Virtual colonoscopy

<sup>1</sup> The health screening benefit is payable once per calendar year, per covered person, if the covered person receives a covered health screening test while not confined in a hospital.

<sup>2</sup> The health screening benefit is not available in all states and may be referred to as a wellness benefit or health screening benefit in your certificate.

Product features may not be approved in all states.

**This coverage is not health insurance coverage (often referred to as “Major Medical Coverage”).**

## **THIS IS AN EXCEPTED BENEFITS POLICY. IT PROVIDES COVERAGE ONLY FOR THE LIMITED BENEFITS OR SERVICES SPECIFIED IN THE POLICY.**

These policies provide Accident and Hospital Indemnity insurance only. They do NOT provide basic hospital, basic medical, or major medical insurance as defined by the New York State Department of Financial Services.

**IMPORTANT NOTICE—THESE POLICIES DO NOT PROVIDE COVERAGE FOR SICKNESS.**

Group Accident, Group Hospital Indemnity and Group Critical Illness Insurance coverages are limited benefit policies issued by The Prudential Insurance Company of America, a Prudential Financial company, Newark, NJ. **Prudential’s Group Accident, Group Hospital Indemnity and Group Critical Illness Insurance coverages are not substitutes for medical coverage that provides benefits for medical treatment, including hospital, surgical and medical expenses, and they do not provide reimbursement for such expenses.** The Booklet-Certificate contains all details, including any policy exclusions, limitations, and restrictions, which may apply. If there is a discrepancy between this document and the Booklet-Certificate/Group Contract issued by The Prudential Insurance Company of America, the Group Contract will govern. In Washington, the controlling document is the Certificate, not the Contract. A more detailed description of the benefits, limitations, and exclusions applicable are contained in the Outline of Coverage provided at time of enrollment. Please contact Prudential for more information. Contract provisions may vary by state. Contract Series: 83500 and 114774.

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