

Ways to Work with Me

THE FREQUENCY ARCHITECT

www.thefrequencyarchitect.co



Hello & *Welcome*

Hi, I'm Chanel

I work intuitively with frequency, consciousness and energetic architecture, supporting the return to coherence, truth and original design.

For bookings and enquiries:

📱 @the_frequencyarchitect
💻 chanel@thefrequencyarchitect.co

About me

I wasn't always conscious of the deeper architecture of my being. For much of my life, I moved through the world shaped by conditioning, inherited beliefs and identities I had come to believe were who I was, very much operating at the level of physical reality.

Through my own awakening journey, I've reconnected with and embodied expanded aspects of my consciousness and energetic architecture, activating dormant codes and technologies that have always been encoded within my being, across and beyond time and space.

What has emerged is an expression of remembrance - of what I carry as consciousness, unfolding naturally through the architecture of *The Frequency Architect*.

I generate, weave and work with frequency-based technologies within intuitively constructed energetic containers. My field operates as an intelligent, multidimensional system, responsive to the unique architecture of each individual and the precise frequencies required in each moment through the various streams of consciousness I embody.

This work is devoted to the restoration of coherence, truth and original design, both individually and collectively. As we each return to greater coherence within our own architecture, we contribute to the wider field of consciousness of which we are an inseparable part.

This work continues to evolve as I do. There is no fixed destination, only an ever-deepening capacity to embody and express the truth of what we are.

The Architecture of Return

The North Star: Returning to your soul's original design.

THE FRAMEWORK BEHIND THE WORK

A multidimensional framework for restoring coherence, releasing distortion and supporting the embodiment of your soul's original design.



THREE PATHWAYS INTO THE WORK

ROOT CLEARING

Release the patterns and programs that keep you bound to the past.

LIGHT BODY RECALIBRATION

Restore coherence within your energetic architecture, supporting deeper embodiment and alignment.

GUIDED SACRED CEREMONY

A consciously held journey with sacred plant medicine, for expanded awareness and soul remembrance.

Root Clearing

A precise, one-on-one energetic clearing of the patterns and loops that keep the past repeating in the present, restoring coherence at the root.

Purpose

To identify and clear the underlying energetic patterns, programs and imprints that continue to shape your present experience, supporting greater coherence, freedom and conscious choice.

This is a precision session. You bring the thread that has surfaced in your awareness - the pattern, loop or recurring experience that's ready to be released. We trace it to its root in your field where the organising charge exists, identify and dissolve the hook, and restore coherence.

Session Structure

Duration: 90 minutes **Format:** Online

What is Root Clearing?

Very often our present is being informed by our past.

A recurring emotional response, relationship dynamic or behavioural loop may be connected to an entire constellation of experiences and imprints, operating as a structure within your energetic field, organised around a deeper underlying charge.

I refer to that underlying anchor as the *root* or *hook*. It's the hook that keeps the pattern looping, serving as the central disturbance around which the pattern or program continues to organise itself.

Root Clearing is facilitated entirely through frequency - through attunement, intuitive navigation and direct engagement with your energetic field to trace these interconnected threads and work with the distortion at its source. This exploration may extend beyond experiences from the present lifetime or even this planet.

The process is conversational and collaborative. You bring what is surfacing, and together we navigate the pattern, guided by the intelligence of your own system.

Two Pathways Into the Work

Individual Clearing - Working with recurring patterns, emotional loops, deeply held beliefs and energetic imprints within your personal architecture, supporting greater freedom from the influence of the past.

Relational Clearing - Clearing the distortion present in the shared field between two souls - dissolving unresolved patterns, agreements and energetic dynamics from prior meetings, supporting greater clarity, sovereignty and freedom in how that connection unfolds.

The Scope of This Work

A hook can take many forms. Whatever form the anchor has taken, we work with it directly.

Hooks may include:

- Contracts, agreements, vows and oaths
- Spells, hexes, curses and dark arts, including black magic
- Psychic attack and thought-forms directed toward the field
- Entity attachments and energetic entanglements
- J-Seals (Jehovian Seals) and other energetic seals
- Galactic interference, implants and other multidimensional devices
- Unresolved trauma, ancestral imprints and inherited conditioning
- Deeply held beliefs and behavioural patterns embedded within the architecture

Where entities are found to be attached to a pattern or loop, these are cleared within the same session. Where galactic interference is identified, a targeted galactic clearing protocol is applied.

The Impact

As patterns begin to lose their hold, you may experience:

- A palpable sense of relief, lightness or inner spaciousness
- Patterns that previously felt immovable beginning to lose their charge or simply stop replaying
- Greater clarity around decisions, direction and relationships
- A renewed sense of sovereignty, self-trust and self-leadership
- Shifts in relational dynamics
- Increased inner clarity, intuitive access and emotional steadiness
- Greater awareness of recurring patterns and the choices available to you
- A deeper felt-sense of freedom and forward movement
- A renewed sense of coherence and connection to your original design

Every system responds differently. Shifts may be immediate, subtle or gradual, with integration continuing beyond the session itself.

Integration

Clearing at the root initiates a reorganisation within the field. It's not about reliving every experience connected to a pattern. The work focuses on its *underlying energetic organisation*, while allowing space for whatever awareness or emotional movement naturally arises.

Following a session, you may notice changes in perception, emotional responses or familiar dynamics. Some shifts may feel immediate, while others become clearer through continued awareness, grounding and conscious integration.

Root Clearing may be done as a standalone session or returned to over time, as new threads surface and the soul signals readiness for deeper work.

Who This Is For

This work may be for you if:

- A pattern of behaviour, emotional loop or recurring life experience continues to replay despite the inner work you have already done
- You feel stuck in a relational dynamic - with a partner, family member, collaborator or friend - that seems to run deeper than the present lifetime
- You have a persistent sense that something unseen is creating interference in your field, your relationships or your reality
- You have persistent physical issues or a long-standing sense that your connection to your Higher Self or natural evolution feels blocked or suppressed
- You suspect dark arts, psychic attack or entity interference may be present
- Vows, contracts or oaths feel active in your field and are limiting your freedom, abundance or self-expression
- You're drawn to exploring ancestral, karmic or multidimensional influences within your energetic architecture
- Something has surfaced through a Light Body Recalibration that feels ready for deeper exploration
- You're ready to engage consciously with the deeper architecture of your experience and integrate lasting change

Energetic Exchange

- **Investment:** $330

Within each 90-minute session, we will work through as much as the field allows - beginning with what feels most urgent or present and following the thread from there.

We will address as much as we can within our time together, and if threads remain that we haven't reached, these may need to be brought to a follow-on session.

> My Root Clearing with Chanel was genuinely powerful. Since the session, I've felt a noticeable surge of energy, like something internally has shifted and begun moving me forward. One of the most significant changes has been the level of awareness I've experienced since. I feel deeply attuned to what's happening internally and around me in a way I wasn't before. There's a heightened clarity that feels very noticeable.
>
> What stood out most to me is that this didn't feel surface-level. Something deeper has moved. It's difficult to fully explain in words - like something that has been stuck has finally shifted.
>
> *– **Bhavna***

Light Body Recalibration

A one-on-one frequency recalibration of your light body architecture, restoring coherence and supporting the embodiment of your soul's original design.

Purpose

To support the restoration of coherence within your light body and interconnected energetic systems, allowing your original design to be more fully embodied and expressed.

This work supports deeper alignment with your original frequency, while creating space for the integration of expanded consciousness and the emergence of dormant codes, gifts and innate capacities.

Session Structure

Duration: 75 minutes **Format:** Online

What is the Light Body?

Your light body is the *crystalline, multidimensional architecture of your being* - an intelligent system of frequency, geometry and encoded consciousness that holds the living light code of your soul's blueprint.

It's not an isolated structure, but part of a wider, interconnected energetic system that shapes your physical reality while maintaining your connection to higher intelligence and Source.

As eternal beings, this architecture can become distorted or fragmented over "time" through trauma, energetic blockages and interference, affecting how clearly your original design is expressed.

What is a Light Body Recalibration?

This is not an energy healing session – it's a *frequency-based recalibration* working at the structural level of your energetic architecture, rather than focusing on individual experiences or patterns.

Each session is intuitively guided by the intelligence of your own field. Through intuitive navigation, frequency weaving, light language and multidimensional light technologies, I engage directly with your light body and its interconnected systems.

The work may involve:

- Reorganisation and recalibration of energetic structures
- Reweaving of subtle circuits and templates
- Dissolution of non-coherent coding and interference
- Activation of dormant codes or innate capacities
- Restoration of alignment between the various layers of your being
- Light body upgrade

Integration

Rather than forcing release or catharsis, Light Body Recalibration *initiates a reorganisation from the structural level.* As your energetic architecture comes back into coherence, your system *naturally* recalibrates how it processes experience, emotion, memory and identity.

Integration may unfold subtly or gradually. Some patterns dissolve quietly, while others surface briefly as physical sensations, emotional movement, fatigue, insight or shifts in perception. You *do not* need to relive or consciously process trauma for integration to occur. Coherence itself displaces what previously relied on incoherence to exist.

As the vessel that holds your blueprint stabilises, this coherence feeds into your *personal morphogenetic field*, influencing how you relate, create, respond to and experience reality. Over time, this can result in tangible shifts in nervous system regulation, embodiment, boundaries, creativity and life direction.

Each session unfolds according to your system's readiness, with integration continuing beyond our time together.

The Impact

As coherence deepens within your energetic architecture, you may experience:

- A greater sense of coming home to yourself
- Clearer access to intuition, discernment and inner knowing
- Increased nervous system regulation and emotional steadiness
- A greater capacity to integrate and express expanded aspects of your consciousness
- Greater creative flow, self-expression and clarity of direction
- Deeper embodiment, presence and alignment
- Shifts in how you relate to yourself, others and your reality
- The emergence of previously dormant gifts or capacities

Who This Is For

This work may resonate with you if:

- You've done considerable inner work, yet something still feels misaligned or disconnected.
- You're navigating a period of transition, expansion or deep inner reorientation.
- You sense that aspects of your original design, gifts or capacities are not yet fully expressed.
- You feel drawn to exploring your multidimensional nature and energetic architecture.
- You're seeking greater coherence, clarity and embodiment in your everyday experience.
- You're navigating a spiritual awakening and feel called to integrate and embody expanded layers of your consciousness, allowing more of your being to express coherently through everyday life.
- You take full self-responsibility for your path and feel a clear call toward a larger purpose or reason for being here.

Energetic Exchange

Light Body Recalibration is an online session, working through the unified field, and is available as a standalone session or a three-session journey.

While a single session offers an opportunity for meaningful recalibration, a series allows the work to unfold progressively, with each session guided by your system's readiness and capacity for integration.

Investment

- Single Session: $220
- Three-Session Journey: $600

Root Clearing vs Light Body Recalibration

These two offerings work with different aspects of the energetic architecture and are deeply complementary.

Light Body Recalibration works primarily with the underlying structure — the multidimensional architecture through which your original design is expressed. It supports greater coherence across the light body and its interconnected systems. The process is frequency-based and receptive, allowing you to rest while I engage directly with your field.

Root Clearing works with the specific patterns, programs and interconnected imprints held within that architecture. It is a conversational and collaborative process, following recurring patterns to their underlying roots and restoring coherence.

A Light Body Recalibration may naturally catalyse the readiness for Root Clearing - as the architecture comes into greater coherence, what has been obscured within the field can rise to the surface for release.

Both sessions support the soul's return to its original design, approached from different entry points.

> Her body of work has changed my life profoundly for the better, and not in the manner I had imagined. It was not an AHA moment, nor a fireworks moment, nor an epiphany. What has prevailed is a greater sense of calm, neutrality, peace and coherence - a state of being I have never experienced.
>
> What was immediately evident after our work was the ability to establish a stronger, direct connection with Source. I am in the healing realm, and my healing ability is now more precise and requires less effort. My purpose is clearer, my intuition is heightened, I feel more at home within myself and more authentic - and I attribute this to having a more coherent light body. Chanel possesses a unique gift to share with the world.
>
> ***– Karin***

Guided Sacred Ceremony

A multidimensional journey into consciousness using sacred plant medicine, held within a precise and intuitively guided energetic field.

What is the Guided Sacred Ceremony?

Truth or the infinite, cannot be described or explained. It can only be experienced. And once felt, it awakens within you.

Guided Sacred Ceremony is a private, intuitively guided journey using sacred plant medicine, held within a carefully prepared ceremonial environment and precise, high-frequency energetic field.

This is not a recreational experience. It's a *deeply transformative journey into consciousness*, where direct experience becomes the gateway to expanded awareness, spiritual awakening and embodiment.

It's designed for moments of transition, initiation or reorientation - when you feel called to explore deeper layers of your being, release what no longer feels aligned and reconnect with your own inner truth.

The ceremony brings together the intelligence of plant medicine and my intuitive work with frequency, consciousness and energetic architecture.

I work within a multidimensional frequency corridor, intuitively navigating and responding to what unfolds throughout the experience.

Each ceremony is unique and guided by your own conciousness. Rather than directing you toward a particular vision, revelation or outcome, my role is to architect and hold the field, allow the intelligence of this work to unfold naturally and respond to the experience as it emerges.

This isn't about escaping the human experience, but exploring consciousness in a way that can be meaningfully integrated, allowing your system to remember how to function from it's original design.

The Ceremony Structure

This is held as an *overnight* ceremonial container, allowing the work to unfold with depth and safety.

- **Format:** Private, one or two-person journeys
- **Locations:** Bali or Cape Town, subject to availability
- **Total Container:** Approximately 18–20 hours
- **Ceremonial Journey:** Approximately 5 hours, with timing varying according to the experience
- **Preparation:** Required at least 5 days prior

**Participation is subject to an individual suitability and resonance assessment, including relevant health considerations and informed consent.*

The Experience

Each ceremony is unique and co-created with the intelligence of your field. Within this work, you may encounter:

- Expanded states of awareness, and new perspectives on consciousness and reality
- Deep emotional processing and release across various layers of being
- A shift in how you perceive yourself beyond familiar identities and conditioning
- Insight or a deeper understanding of recurring patterns
- Experiences with soul memories, multidimensional awareness or connections with other aspects of your being
- A renewed sense of clarity, meaning or connection to your inner truth
- Greater awareness of what is ready to change, be integrated or expressed in your life
- Activation of dormant codes, gifts and capacities

These are possibilities rather than predetermined outcomes. Experiences can also be challenging, ambiguous or difficult to interpret, and meaningful integration may take time.

Who This Is For:

This may be for you if:

- You're navigating a significant transition, initiation or period of reorientation and feel called to meet it consciously
- You feel called to explore consciousness through direct experience rather than conceptual understanding alone
- You've undertaken meaningful inner work and are ready to approach another layer of self-exploration with openness and discernment
- You're seeking greater clarity around your direction, relationships or the way you wish to live life
- You feel a pull toward a larger purpose, contribution or soul-aligned path and want to access it from a place of expanded awareness
- You're ready to explore and embody the multidimensional nature of consciousness and your own being
- You're willing to take responsibility for your preparation, choices and ongoing integration, without attachment to a particular outcome

Integration

Integration is an *essential* part of the ceremonial journey, and begins with the opportunity to rest, reflect and ground following the experience.

The morning after the ceremony includes nourishment, reflective conversation and a grounding ritual, creating space for what has unfolded to begin settling before returning to everyday life.

In the days and weeks that follow, insights may deepen, perspectives may shift or new questions may emerge. Integration is not simply about remembering the experience, but exploring how its meaning can be translated into conscious choices and embodied living.

Energetic Exchange

Guided Sacred Ceremony is a deeply personalised, private ceremonial experience that includes detailed preparation, the guided journey, overnight rest and integration support.

The exchange reflects the energy, time, presence and preparation involved in holding this work.

- **Private Ceremony for One Person:** $1,111
- **Private Ceremony for Two People:** $1,444

Your ceremony includes:

- Pre-ceremony consultation, suitability screening and preparation guidance
- Detailed preparation and post-ceremony integration guides
- Personalised ceremonial preparation and intention setting
- Intuitively guided plant medicine ceremony held within a high-frequency field
- A carefully prepared ceremonial environment and overnight accommodation
- Post-ceremony nourishment and rest
- Morning integration, reflection and grounding, including a light breakfast
- Follow-up integration conversation approximately two weeks later

The Journey Structure

01.
Pre-Journey Consultation

- 30-minute Zoom call.
- Explore intentions, discuss the ceremonial process, assess suitability and answer questions.
- Ceremony preparation guidance.

02.
Energetic Preparation (5 days Prior)

- Your side: Clean eating, reduced stimulation, nervous system regulation, specific energy field preparation and rest.
- My side: I tune into your field, receiving guidance around medicine dosage, music, setup and energetic themes.

03.
Ceremony + Overnight Stay

- Grounding, intention setting and the opening of the ceremonial space.
- The guided journey unfolds within a carefully prepared environment, with ongoing support and attention to your wellbeing throughout.
- Post-journey nourishment and overnight rest.

04.
Integration

- Light breakfast and reflective conversation
- Grounding and closing ritual.
- Sharing of post-journey insights, messages, or guidance received.
- Integration guidance.
- 30-minute Zoom call 2 weeks post-ceremony

Combo: Light Body Recalibration + Guided Sacred Ceremony

A powerful two-part journey supporting coherence, self-discovery and embodied integration

Overview

This offering brings together two complementary pathways within an *intentionally sequenced journey*.

Light Body Recalibration works with the underlying energetic architecture, supporting coherence and alignment within the light body and its interconnected systems.

Guided Sacred Ceremony offers an opportunity to explore consciousness through direct experience, held within a private, intuitively guided ceremonial setting.

Together, these sessions create space for both structural recalibration and expanded experiential exploration, with an emphasis on integrating what emerges into everyday life.

Each journey is personalised, guided by your intentions, readiness and individual needs.

Structure

Session One: Light Body Recalibration (online)
Held *at least 3 days before* the ceremony, this session supports the recalibration of your energetic architecture, clearing distortion and restoring coherence. It prepares your system to hold higher frequencies with greater stability, clarity, and self-regulation, which impacts the ceremonial journey.

Session Two: Guided Sacred Ceremony (In-person)
With the foundation of the recalibration in place, the overnight plant medicine ceremony can unfold with greater depth and precision. Rather than navigating fragmentation or overwhelm, the ceremonial journey is met from a more grounded, regulated and coherent state.

Energetic Exchange

- **Two-part Journey:** $1,222

Includes one Light Body Recalibration session and one private Guided Sacred Ceremony, together with the preparation and integration support outlined in the individual offerings.

Availability is limited to allow for personalised preparation and dedicated attention.

A Note on Sovereignty & Responsibility

Your sovereignty is not something to be given, restored by another or earned. It is inherent to your being.

All of the work offered through The Frequency Architect is a co-creation, grounded in respect for your sovereignty, discernment and capacity to participate consciously in your own journey.

By choosing to step into this work, you acknowledge and affirm your self-sovereignty.

You're not entering these spaces to be fixed, saved or told who you are.

You're choosing to meet yourself more fully, explore what is ready to be understood or transformed, expand your relationship with your own inner intelligence, and come into deeper levels of soul embodiment.

My role is to offer the frequency work, guidance and carefully held spaces through which that exploration can unfold - not to determine your truth, direct your path or assume authority over your experience.

Each offering invites conscious participation, which includes:

- **Self-responsibility:** Taking ownership of your decisions, preparation and ongoing integration.
- **Discernment:** Remaining connected to your own inner knowing, boundaries and capacity.
- **Openness:** Meeting your experience without attachment to a prescribed outcome.
- **Integration:** Allowing insights and experiences to inform meaningful choices in everyday life.
- **Wellbeing:** Respecting your physical, emotional and psychological needs, including seeking appropriate professional support when required.

This is a space of agency, trust and integrity.

Important Note: These offerings are complementary energetic practices and do not replace medical or psychological care.

The Invitation

This work isn't about becoming something other than who you are. In fact, it's exactly the opposite.

It's an invitation to meet yourself with greater clarity, coherence and presence, allowing more of your true nature to be consciously embodied and expressed through the experience of being human.

It's about returning to your soul's original design.



Client Testimonials

"Working with Chanel was nothing short of sensational. For someone like myself, having explored conscious paths and work for the better part of 2 decades, this, for me, has been a poignant, monumental and stand out moment throughout my personal journey. With almost instantaneous and tangible outcomes post our session, I am absolutely mind blown as to the effect of her work, and the grace and ease of how she guides you through. Her highly intuitive nature and methodology to which she approaches her medium, emphasises her gift, allowing a safe space for bounds to be broken and aspirations to be dynamically achieved. I genuinely could not recommend this experience and Chanel enough." ***- Dean***

"My session with Chanel was exactly what I needed at a period of great personal transformation and it was what opened my eyes to understanding how the universe works on a deeper level so that I could then take that with me into my daily life and pursue what I feel is my life purpose with more clarity, grounding and connection to my intuition, to divine guidance, and understanding of my gifts. I felt very, very safe with Chanel to go deep into the process. It felt like our souls had done this many, many times and there was this sacred contract for her to assist me in my activation, and it was very profound and beautiful. I feel that there are going to be many opportunities in my lifetime for deeper unravelling and activations, and Chanel is my perfect and preferred guide." ***- Gabrielle***

"I've worked with many practitioners across movement, therapy and healing, and what Chanel does is in a category of its own. From the preparation to the moment I arrived, everything had been considered. The environment, and the journey made specifically for me, as well as the handwritten letter. I felt more seen than I have in a long time. She read my blueprint before we even began, so when we moved into the Light Body Recalibration and ceremony, there was nothing to explain. She already knew. What she held space for in those two days allowed parts of me I hadn't even named to surface and settle. I trust her completely - not just as a guide, but as someone I would call if I truly needed help. If you feel the pull, follow it." ***- Henrik***

"I've done a few different healings with Chanel over the past 2 years, and can confidently say she has played a monumental role in my self development and healing today. I arrived with a guarded heart, damaged self-esteem, and a set of outdated patterns that were holding me back. After working with Chanel through a journey and, more recently, a root clearing session, I have softened my heart, met the partner of my dreams, released deeply rooted generational pain and trauma, and am now moving from a conscious space of love and healing. She inspires me to continue ascending and most importantly, to connect with the healer within me. I will continue to work with her throughout my human experience, as the trust I have in her is unmatched." ***- Megan***


THE
FREQUENCY
ARCHITECT