

Terms of Service

Effective Date: March 24, 2026

Welcome to Pain Free Performance. These Terms of Service ("Terms") govern your access to and use of the painfreeperformance.co website and the services, courses, and certifications offered by Pain Free Performance ("we," "our," or "us"). By accessing or using our website and services, you agree to be bound by these Terms. If you do not agree to these Terms, please do not use our website or services.

1. Use of Services

1.1 Eligibility: You must be at least 18 years old to use our services. By using our services, you represent and warrant that you meet this age requirement.

1.2 Account Registration: To access certain features, such as our certification courses, you may need to register for an account. You agree to provide accurate, current, and complete information during the registration process and to update such information to keep it accurate, current, and complete. You are responsible for safeguarding your password and for all activities that occur under your account.

1.3 License: Subject to your compliance with these Terms and payment of any applicable fees, we grant you a limited, non-exclusive, non-transferable, non-sublicensable license to access and view the course content for your personal, educational, and professional development purposes.

2. Course Content and Intellectual Property

2.1 Ownership: All content provided on the website, including but not limited to videos, text, graphics, logos, images, and software, is the property of Pain Free Performance or its licensors and is protected by copyright, trademark, and other intellectual property laws.

2.2 Restrictions: You may not reproduce, distribute, modify, create derivative works of, publicly display, publicly perform, republish, download, store, or transmit any of the material on our website, except as explicitly permitted by these Terms or with our prior written consent.

3. Payments and Refunds

3.1 Pricing: The prices for our courses and certifications are listed on our website. We reserve the right to change our prices at any time.

3.2 Payment: By enrolling in a course, you agree to pay the specified fees. Payments are processed through our secure third-party payment processors.

3.3 Refunds: Please refer to our specific refund policy provided at the time of purchase. If no specific policy is provided, all sales are considered final unless otherwise required by law.

4. Medical Disclaimer

4.1 Not Medical Advice: The information and training provided by Pain Free Performance, including the Pain-Free Performance Specialist Certification, are for educational and informational purposes only. They are not intended to be a substitute for professional medical advice, diagnosis, or treatment.

4.2 Professional Responsibility: As a coach or trainer, you are responsible for your own clients. You should always advise your clients to seek the advice of their physician or other qualified health provider with any questions they may have regarding a medical condition or before starting any new exercise program. Pain Free Performance is not liable for any injuries or damages that may occur to you or your clients as a result of applying the techniques taught in our courses.

5. User Conduct

You agree not to use the website or services to:

- Violate any applicable local, state, national, or international law or regulation.
- Infringe upon the rights of others, including intellectual property rights.
- Transmit any material that is defamatory, obscene, indecent, abusive, offensive, harassing, violent, hateful, inflammatory, or otherwise objectionable.
- Interfere with or disrupt the operation of the website or servers.

6. Limitation of Liability

To the fullest extent permitted by law, in no event will Pain Free Performance, its affiliates, directors, employees, or agents be liable for any indirect, consequential, special, incidental, or punitive damages arising out of or related to your use of, or inability to use, the website or services, even if we have been advised of the possibility of such damages.

7. Disclaimer of Warranties

Our website and services are provided on an "as is" and "as available" basis, without any warranties of any kind, either express or implied. We do not warrant that the website will be uninterrupted, secure, or error-free.

8. Indemnification

You agree to defend, indemnify, and hold harmless Pain Free Performance and its affiliates from and against any claims, liabilities, damages, judgments, awards, losses, costs, expenses, or fees (including reasonable attorneys' fees) arising out of or relating to your violation of these Terms or your use of the website and services.

9. Governing Law

These Terms shall be governed by and construed in accordance with the laws of the jurisdiction in which Pain Free Performance operates, without regard to its conflict of law principles.

10. Changes to Terms

We reserve the right to modify these Terms at any time. We will notify you of any changes by posting the new Terms on this page. Your continued use of the website and services after any such changes constitutes your acceptance of the new Terms.

11. Contact Information

If you have any questions about these Terms, please contact us at:

Email: info@painfreetraining.com

Website: painfreeperformance.co