The Patient Journey at KT Healthcare

Referral is Processed

Once we receive your referral, our referrals team will review the information provided. If we need any additional information from your GP, this may slightly delay your referral progressing.

Join Waitlist

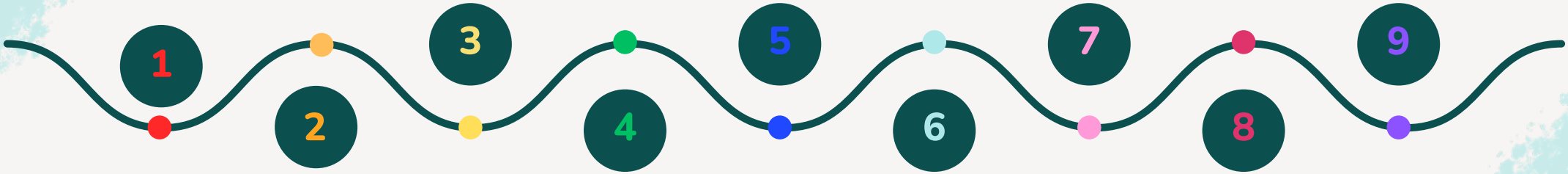
Once all questionnaires have been returned to us and all required information has been collected, you will join our minimum **14-16 week** waitlist. Your referral will then move forward for screening review by our clinical team.

Appointment Booking

When you reach the top of the waitlist, our team will contact you to arrange your appointments. This includes an **ADI-R** appointment and an **ADOS** appointment. Some patients may require face-to-face appointments depending on clinical need, and **children aged 5 up to their 8th birthday need to be seen in-person**. We aim for appointments to take place within **2 weeks** of each other wherever possible.

Feedback

Once the MDT review has taken place, your clinician will contact you to explain the outcome of your assessment. This happens around **3-4 weeks** after your last appointment. This is your opportunity to ask questions, discuss recommendations, and talk through any next steps or support options available.



Referral

To begin your assessment journey, you will need to contact your GP and ask for a Right to Choose autism referral to KT Healthcare. Your GP will send us your referral along with any supporting information they have available.

Questionnaires

After your referral has been processed, we will send you a questionnaire pack by email via 'Semble'. We aim to process all referrals and issue questionnaires within **one month** of receipt. Adults are required to complete an adult questionnaire and must have an informant complete a relative questionnaire. Children and young people must have a parent or guardian complete the parental questionnaire. Once we receive the school or home educators contact details then a school or home education questionnaire is sent out within **2 weeks**.

Screening

A clinician will review your referral information and completed questionnaires to make sure our service is suitable for your needs. Occasionally, we may need to request further information before progressing.

MDT

Following your appointments (approximately **1-2 weeks** after your last appointment), our clinicians meet in a multidisciplinary team meeting (MDT) to discuss all assessment information and agree an outcome. This includes reviewing questionnaires, interviews, developmental history, and clinical observations together.

Reports

Within **4-5 weeks** of completing your feedback call, you should receive your finalised report, complete with your diagnosis, after undergoing a quality check. Please note that this timeframe may vary. The report will be sent to both you and your GP at the same time. If any amendments are requested, a revised version of the report will be issued to both you and your GP.