



Parish wide bake sale will be held the weekend of March 28th and 29th. Please bring in your deliciously made items for others to enjoy. You will be able to purchase items before and after the masses that weekend.

St. John Paul II Camp is a 5-day, 4-night camp designed for youth entering 7th and 8th grade. The primary goal of JP2 Camp is to immerse participants in their Catholic faith and community, fostering a meaningful encounter with Jesus Christ. Throughout the camp, youth will have the opportunity to attend daily mass, go to confessions, hear from engaging speakers, and spend time worshipping the Lord in adoration and prayer. Youth will also grow in friendships through small groups, games, and participating in camp traditions!

All JP2 Camps will be held at the Nazareth Retreat House in Crookston, MN (adjacent to the Pastoral Center, 620 Summit Ave N)

Session 1 will be July 19 - 23, 2026 ———Session 2 will be July 26 – 30, 2026

Registration opened on Tuesday, February 10, 2026. Register on this webpage down below.

Registration fee: \$375 per camper—See Christine if your child would like to attend.

St Teresa of Calcutta Camp is a five-day camp for youth entering 9th and 10th grade. The camp is designed to equip young Catholics to be missionary disciples in their homes, schools, communities, and world. Just as Saint Teresa of Calcutta drew her strength and inspiration from the Eucharist, STOC Camp is centered on the transforming power of Jesus Christ, present in the Most Blessed Sacrament.

Throughout the camp, youth will have opportunities to grow in faith and discipleship through daily Mass, confession, adoration, praise and worship, and the witness and testimony of faith-filled speakers. Through small groups, games, and activities, youth will also grow in friendship and community.

The Saint Teresa of Calcutta Camp takes place June 21 – 25, 2026 .

Registration fee: \$375 per camper—See Christine if your child would like to attend.

Join Bishop Andrew Cozzens on May 1, for Adoration in the Capitol. He will be praying with other adorers for our lawmakers and the impactful decisions they are making for the common good of Minnesota.

When: Friday, May 1, 2026, 9 a.m. - 2 p.m.

Where: Minnesota State Capitol Vault

More info: Visit mncatholic.org/adoration to RSVP and receive a free parking pass.

Catholic Infertility Conference to Be Held at Our Lady of Guadalupe Shrine

The Our Lady of Guadalupe Shrine in La Crosse, Wisconsin, will host its second annual Catholic Infertility Conference on April 10–11, 2026. This meaningful two-day event will include Mass, inspiring speakers, and opportunities for prayer and fellowship. Presentations will address the spiritual dimensions of infertility, as well as the medical and ethical considerations surrounding fertility treatments. The conference also offers a supportive, faith-based community for those walking the journey of infertility. **Early bird registration rates are available through March 15.**

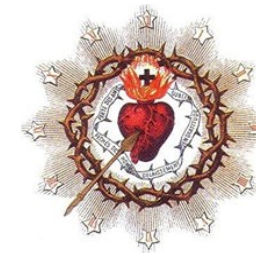
THIRD SUNDAY OF LENT

MARCH 8, 2026

SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686
* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org

Deacon Pete Bellavance deaconpete.shfre@arvig.net

Deacon Trevor Pikula deaontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net

Office Days--Tues/Thurs

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com

Have you ever realized that the only canonized saint we have ever had pass through our community is none other than Saint Katherine Drexel! She rode the train from St. Paul to Detroit Lakes, and then travelled by wagon to White Earth and Red Lake. Her feast day was this past Tuesday on March 3rd. I recently came across this little blurb:

St. Katharine Drexel: A Legacy of Faith in Northern Minnesota

In the autumn of 1888, the landscape of northern Minnesota bore witness to a journey that would alter the course of education for the state's Indian communities. Katharine Drexel, the Philadelphia heiress who would later renounce her fortune to found the Sisters of the Blessed Sacrament, traveled by rugged wagon and rail to visit the Red Lake and White Earth Indian Reservations.

During her visit, a local missionary, Father Aloysius Hermanutz, guided the future saint through the challenges facing the Indian people. Drexel did not merely observe; she listened deeply to the spiritual and material needs of the community. Moved by the profound poverty and the earnest desire for education she encountered, she committed a significant portion of her inheritance to the region.

This pivotal trip resulted in her decision to fund the construction and operation of St. Benedict's Mission at White Earth and St. Mary's Mission at Red Lake. Her financial stewardship ensured these schools remained operational for decades, providing a sanctuary for faith and learning. Today, we remember St. Katharine Drexel not just for her wealth, but for the humble spirit with which she placed that wealth at the service of the people in our own backyard.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	March 7	9:00 am	Mass: Deceased MBR's of the Ulschmid Family	8:30 am
	Saturday	March 7	4:00 pm	Mass: Paul Sharp	3:30 pm
	Sunday	March 8	8:30 am	Mass: † Tom Ulschmid	8:00 am
	Sunday	March 8	12:15 pm	Mass: † Sherri Winters	
	Monday	March 9	9:00 am	Communion Service	
	Wednesday	March 11	9:00 am	Mass: † Ethan Ryleigh	8:30 am
	Thursday	March 12	9:00 am	Mass: † Charles Vareberg	8:30 am
	Thursday	March 12	9:30 am	Adoration-Benediction at 6:40pm	
	Thursday	March 12	10:00 am	Mass: For the sick (at Care Center)	
	Friday	March 13	5:30 pm	Mass: † Pro Defunctis	6:00 pm
	Saturday	March 14	9:00 am	Mass: Mitchel Szepieniec	8:30 am
	Saturday	March 14	5:00 pm	Mass: † James Byer	4:30 pm
	Sunday	March 15	8:30 am	Mass: All Confirmation Candidates	8:00 am
	Sunday	March 15	12:15 pm	Mass: † Pro Populo	

MONDAY
MARCH 9
Lenten Weekday
2 Kgs 5:1-15ab
Lk 4:24-30

TUESDAY
MARCH 10
Lenten Weekday
Dn 3:25, 34-43
Mt 18:21-35

WEDNESDAY
MARCH 11
Lenten Weekday
Dt 4:1, 5-9
Mt 5:17-19

THURSDAY
MARCH 12
Lenten Weekday
Jer 7:23-28
Lk 11:14-23

FRIDAY
MARCH 13
Lenten Weekday
Hos 14:2-10
Mk 12:28-34

SATURDAY
MARCH 14
Lenten Weekday
Hos 6:1-6
Lk 18:9-14

SUNDAY
MARCH 15
Fourth Sunday of Lent
1 Sm 16:1b, 6-7, 10-13a
Eph 5:8-14
Jn 9:1-41 or 9:1, 6-9, 13-17, 34-38



The Knight of Columbus are doing a 40 Cans for 40 Days Food Drive

during Lent. The food will go to the Detroit Lakes Food Pantry. The KC's will also take cash donations for the food panty and will match up to \$500 of donations. Please make checks to the Detroit Lakes Food Pantry. A basket is in the Hall of Saints for food and donations of cash can be left at the Parish office. Please mark KC food drive. Thank you for your generosity.

"Everyone who drinks this water will be thirsty again."
JOHN 4:13

Jesus reminds us that material things, even something as basic as water, can never satisfy us over the long run. When we build our lives around material possessions we will always want more, and no amount will ever satisfy our desire. True joy and peace only come when we follow Jesus - when we become more "God-centered" and less "self-centered."

Upcoming Events

Thur. Mar. 12th—Adoration at 9:30am—
Benediction at 6:40pm

Fri. Mar. 13th—Sorrowful Mysteries of the Rosary at 5:10pm

Fri. Mar. 13th—Mass at 5:30pm

Fri. Mar. 13th—Knights of Columbus fish fry at 5pm-7pm

Fri. Mar. 13th—Confessions at 6pm-6:45pm

Fri. Mar. 13th—Stations of the Cross at 6:45pm

Sun. Mar. 15th—Knights of Columbus meeting at 10am

Sun. Mar. 15th—Parish Potluck at 1:15pm followed by BINGO for adults, crafts and movie for the kids

Thur. Mar. 19th—24-Hour Adoration

Fri. Mar. 20th—Sorrowful Mysteries of the Rosary at 5:10pm

Fri. Mar. 20th—Mass at 5:30pm

Fri. Mar. 20th—FACC soup and sandwich at 6pm

Fri. Mar. 20th—Confessions at 6pm-6:45pm

Fri. Mar. 20th—Stations of the Cross at 6:45pm

Thur. Mar. 26th—Adoration at 9:30am—
Benediction at 6:40pm

Fri. Mar. 27th—Sorrowful Mysteries of the Rosary at 5:10pm

Fri. Mar. 27th—Mass at 5:30pm

Fri. Mar. 27th—Knights of Columbus fish fry at 5pm-7pm

Fri. Mar. 27th—Confessions at 6pm-6:45pm

Fri. Mar. 27th—Stations of the Cross at 6:45pm

Youth

Wed. Mar. 11th— Release Time grades 1st-6th

Wed. Mar. 11th—Evening RE grades 7th-11th 6:30pm to 7:30pm

Wed. Mar. 18th— Release Time grades 1st-6th

Wed. Mar. 18th—Evening RE grades 7th-11th 6:30pm to 7:30pm

Wed. Mar. 25th— Release Time grades 1st-6th—LAST DAY

Wed. Mar. 25th—Evening RE grades 7th-11th 6:30pm to 7:30pm

The parish potluck this Sunday March 15th will look a little different. The potluck will still happen like it has at 1:15pm. After the potluck/clean up, the adults are invited to play Bouquet BINGO. For every BINGO won that person will choose a flower and by the end the winners might go home with a bouquet of flowers to brighten their home. While the adults play BINGO the kids will do a craft and watch a movie in All Saints Hall. Please come sit by someone you don't know and enjoy the fellowship.

Ministry Schedule			
	Saturday—Mar. 14th	Sunday—March 15th	Sunday—March 15th
	4:00 pm	8:30 am	12:15 pm
Altar Server	Matthew S Jonah S	Thomas A Nora A	William C Leo N
Eucharistic Minister	Barb R Marlys J	Becca G Rose R	
Lector	Dave G	Bev R	Rob D
Greeter	John M Ross K Roger S Mike S	Bud H Bruce H Chris S Jason H	Riley C
Sacristan	Dave G	Tim S	Rob D
March's Second Collections: 1st--Roof, 15th-Catholic Relief Services, 29th-FACC— Roof, 15th— Catholic Relief Services, 29th—FACC			



Mass time change:

Saturday March 14th Mass will be at 5:00 pm. Confessions will be at 4:30pm. This is the start of our spring/ summer mass time.

Parishioners' Prayer Requests:

Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

All of the men and women in active Military:
Lee Leach

Parish Members and Family:

Stacy Moe—Lisa Flynn—
-Eloise George—Gary Young—
Jeanne Riley—
Noah Goeddertz—Dallas Flynn—
Russ Karasch—
Vernon Quittschreiber—
Carol Aarness—
RIP Mike Hofer—
RIP Jeff Sorlein

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayer-chain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.