

Join Bishop Andrew Cozzens on May 1, for Adoration in the Capitol. He will be praying with other adorers for our lawmakers and the impactful decisions they are making for the common good of Minnesota.

When: Friday, May 1, 2026, 9 a.m. - 2 p.m.

Where: Minnesota State Capitol Vault

More info: Visit mncatholic.org/adoration to RSVP and receive a free parking pass.

Catholic Infertility Conference to Be Held at Our Lady of Guadalupe Shrine

The Our Lady of Guadalupe Shrine in La Crosse, Wisconsin, will host its second annual Catholic Infertility Conference on April 10–11, 2026. This meaningful two-day event will include Mass, inspiring speakers, and opportunities for prayer and fellowship. Presentations will address the spiritual dimensions of infertility, as well as the medical and ethical considerations surrounding fertility treatments. The conference also offers a supportive, faith-based community for those walking the journey of infertility. **Early bird registration rates are available through March 15.**

MERCY HOUR Eucharistic Healing Services Join Bishop Andrew Cozzens for this hour of adoration and prayer, culminating in an intimate moment of Eucharistic encounter offered for you as an individual, a couple, or as a family. All are welcome.

Sunday, April 19, 2026 | 3:00 P.M. St. Mary's Catholic Church Badger, MN

Wednesday, April 29, 2026 | 7:00 P.M. St. Bernard's Catholic Church Thief River Falls, MN



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Forming Catholics for Life.

Joseph of Nazareth: The Story of the Man Closest to Christ

Celebrate the feast of Christ's foster father with even more joy and respect this year by watching a movie about him! Enter into the life of this great saint through the movie Joseph of Nazareth!

Our parish has a free Formed subscription for you! Simply scan the QR code or visit formed.org/signup to create your account and select our parish to get free access to this content and much more!



An offering from the AUGUSTINE INSTITUTE

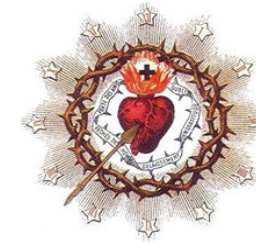
FOURTH SUNDAY OF LENT

MARCH 15, 2026

SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686

* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org

Deacon Pete Bellavance deaconpete.shfre@arvig.net

Deacon Trevor Pikula deaontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net

Office Days--Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com

Rejoice, O Jerusalem, and be glad for her, all you who love her. ~Isaiah 66:10

We've officially hit the "hump day" of Lent! This week, we celebrate Laetare Sunday, named for the Latin word for "rejoice." You'll see rose-colored vestments today, I'm not just making a bold fashion choice—it is signaling that the joy of Easter is finally within our sights. The scriptures remind us that even in a season of fasting, the Christian heart should be full of gladness. Today is a beautiful reminder that our penance isn't about being miserable; it's about clearing out the clutter to make room for God's light!

Ways to celebrate "Rose Sunday" at home:

- **Lenten "Half-Time" Treat:** If you've been fasting strictly, today is a traditional day to enjoy a small favorite treat as a sign of joy.
- **Brighten the Table:** Bring some pink flowers into your home to mirror the vestments at Mass.
- **Reconcile and Rejoice:** If you haven't made it to Confession yet, let the joy of this Sunday be your nudge to receive the Sacrament of Mercy.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	March 14	9:00 am	Mass: Mitchel Szepieniec	8:30 am
	Saturday	March 14	5:00 pm	Mass: † James Byer	4:30 pm
	Sunday	March 15	8:30 am	Mass: All Confirmation Candidates	8:00 am
	Sunday	March 15	12:15 pm	Mass: † Pro Populo	
	Monday	March 16	9:00 am	Communion Service	
	Wednesday	March 18	9:00 am	Mass: † Eugene Meyer	8:30 am
St. Joseph	Thursday	March 19	9:00 am	Mass: † Gerald & Majella Bellavance	8:30 am
	Thursday	March 19	9:30 am	24-Hour Adoration	
	Friday	March 20	5:30 pm	Mass: † Pro Defunctis	6:00 pm
	Saturday	March 21	9:00 am	No Mass:	8:30 am
	Saturday	March 21	5:00 pm	Mass: † Paul Sharp	4:30 pm
	Sunday	March 22	8:30 am	Mass: † Mike Hofer	8:00 am
	Sunday	March 22	12:15 pm	Mass: † Pro Populo	

Diocesan Abuse Victim Assistance Coordinator: Cindy Hulst

Confidential Line - 218.281.7895

chulst@crookston.org

MONDAY
MARCH 16
Lenten Weekday
Is 65:17-21
Jn 4:43-54

TUESDAY
MARCH 17
Lenten Weekday
Ez 47:1-9, 12
Jn 5:1-16

WEDNESDAY
MARCH 18
Lenten Weekday
Is 49:8-15
Jn 5:17-30

THURSDAY
MARCH 19
*St. Joseph,
Spouse of the
Blessed Virgin Mary*
2 Sm 7:4-5a,
12-14a, 16
Rom 4:13, 16-18, 22
Mt 1:16, 18-21,
24a or Lk 2:41-51a

FRIDAY
MARCH 20
Lenten Weekday
Wis 2:1a, 12-22
Jn 7:1-2, 10, 25-30

SATURDAY
MARCH 21
Lenten Weekday
Jer 11:18-20
Jn 7:40-53

SUNDAY
MARCH 22
*Fifth Sunday
of Lent*
Ez 37:12-14
Rom 8:8-11
Jn 11:1-45 or 11:3-7,
17, 20-27, 33b-45



*The Knight of
Columbus are
doing a 40 Cans
for 40 Days
Food Drive*

*during Lent. The food will go
to the Detroit Lakes Food
Pantry. The KC's will also take
cash donations for the food
panty and will match up to
\$500 of donations. Please
make checks to the Detroit
Lakes Food Pantry. A basket is
in the Hall of Saints for food
and donations of cash can be
left at the Parish office. Please
mark KC food drive. Thank
you for your generosity.*

“Not as man sees does God see, because man sees the appearance, but the Lord looks into the heart.”
1 Samuel 16:7
How often do we invest our time, talent and treasure in creating an appearance that does not matter at all to God? We strive to impress with our clothing, home, career, possessions, car and other marks of distinction. But none of these illusions of greatness will impress God. Instead, He will look into our hearts to see how much we loved Him, how much we loved others and how we showed that love by the way we used our time, talent and treasure here on earth.

Upcoming Events

Sun. Mar. 15th—Knights of Columbus meeting at 10am

Sun. Mar. 15th—Parish Potluck at 1:15pm followed by BINGO for adults, crafts and movie for the kids

Thur. Mar. 19th—24-Hour Adoration

Fri. Mar. 20th—Sorrowful Mysteries of the Rosary at 5:10pm

Fri. Mar. 20th—Mass at 5:30pm

Fri. Mar. 20th—FACC soup and sandwich at 6pm

Fri. Mar. 20th—Confessions at 6pm-6:45pm

Fri. Mar. 20th—Stations of the Cross at 6:45pm

Thur. Mar. 26th—Adoration at 9:30am—Benediction at 6:40pm

Fri. Mar. 27th—Sorrowful Mysteries of the Rosary at 5:10pm

Fri. Mar. 27th—Mass at 5:30pm

Fri. Mar. 27th—Knights of Columbus fish fry at 5pm-7pm

Fri. Mar. 27th—Confessions at 6pm-6:45pm

Fri. Mar. 27th—Stations of the Cross at 6:45pm

Sat. Mar. 28th and Sun. Mar. 29th—Parish wide bake sale before and after the masses

Mon. Mar. 30th—Chrism Mass in Crookston at 6:30pm

Thur. Apr. 2—Holy Thursday mass at 7pm with simple Adoration until 12 midnight

Fri. Apr. 3rd—Good Friday service at 3pm

Sat. Apr. 4th—Easter Vigil mass at 8:30pm

Sun. Apr. 5th—Easter mass at 8:30am and 12:15pm-Latin (N.O.)

Youth

Wed. Mar. 18th—Release Time grades 1st-6th
Wed. Mar. 18th—Evening RE grades 7th-11th 6:30pm to 7:30pm
Wed. Mar. 25th—Release Time grades 1st-6th—LAST DAY
Wed. Mar. 25th—Evening RE grades 7th-11th 6:30pm to 7:30pm
Mon. Mar. 30th—Chrism Mass in Crookston 6:30pm
Wed. Apr. 1st—Evening RE grades 7th-11th 6:30pm to 7:30pm



Parish wide bake sale will be held the weekend of March 28th and 29th. Please bring in your deliciously made items for others to enjoy. You will be able to purchase items before and after the masses that weekend.

3-1-2026 Attendance 645 6 Masses
Collection Income \$ 9,258.00 FACC \$ 350.71
Roof Loan \$ 1703.00 Children's Project \$ 33.00
Roof loan monthly payment \$1,253.82
The church's monthly operation budget \$27,564

Ministry Schedule			
	Saturday—Mar. 21st 5:00 pm	Sunday—March 22nd 8:30 am	Sunday—March 122nd 12:15 pm
Altar Server	Matthew S Paul S	Hudson B Paige B	Dominic P Andrew P
Eucharistic Minister	Kathy P Marlys J	Sharon G Sandy H	
Lector	Jim C	Angie J	Chris P
Greeter	Susan J	Monica F	
Ushers	Daniel A Tom M Bruce C Long N	Nathan M Ryan R Ed J Bud H	Greg Z
Sacristan	Dave G	Tim S	Chris P
March's Second Collections: 1st--Roof, 15th-Catholic Relief Services, 29th-FACC			

All are Invited to the 2026 Chrism Mass

Bishop Andrew Cozzens invites all the faithful of the Diocese of Crookston to the 2026 Chrism Mass! The Mass will be held at the Cathedral of the Immaculate Conception on March 30th at 6:30pm. We look forward to seeing all who can make it.

Easter Flower Memorial Donations: Please return by April 6, 2026. Donate a \$10.00 memorial toward our Easter flowers which decorate our church during this holy season. (Please print)

Name _____
Amount \$ _____
In Memory _____

(Memorials will be published in a post-Easter bulletin)

Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

All of the men and women in active Military:
Lee Leach

Parish Members and Family:
Stacy Moe—Lisa Flynn—Eloise George—Gary Young—Jeanne Riley—Noah Goeddertz—Dallas Flynn—Russ Karasch—Vernon Quittschreiber—Carol Aarness

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.