

Seven Sisters Apostolate



THE POWER OF PRAYING FOR PRIESTS



Featuring:

Mass with Bishop Cozzens, Adoration, Reconciliation, Relics, Reflections from Fr. Nate Brunn and Apostolate Foundress Janette Howe, Lunch Provided.

<https://www.eventbrite.com/e/1984467649159?aff=oddtcreator>

SATURDAY, APRIL 25 9:00AM – 2:00PM

Cathedral of the Immaculate Conception
702 Summit Ave, Crookston, MN. 56716

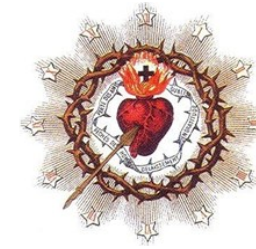
FIFTH SUNDAY OF LENT

MARCH 22, 2026

SACRED HEART

202 Maple Avenue West

(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686

* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org

Deacon Pete Bellavance deaconpete.shfre@arvig.net

Deacon Trevor Pikula deacontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net

Office Days--Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com

Last Sunday I preached about the costly gift of myrrh and aloes that were given to the Lord for his burial, and this week our readings suggest another scented product for us to consider. In this Sunday's Gospel, we are told that it was Mary, the Sister of Martha and Lazarus, who anointed the Lord's feet with nard (or spikenard) ointment from an alabaster jar in a previous chapter in the Gospel of John. The nard ointment was said to have cost 300 days wages, and some people grumbled because they thought that using all that precious ointment on the Lord's feet was a waste. It was certainly not a waste! Mary wanted to show the Lord her deep devotion in the way her heart told her to.

We have yet another instance coming up soon of some beautifully-scented substance within our Sacred Liturgy. What I have in mind is the Chrism Mass at the Cathedral in Crookston on Monday Evening of Holy Week. At this Mass, the sacred oils that we use throughout the whole year are blessed by our bishop. All three oils, the Oil of Catechumens, the Oil of the Sick, and the Sacred Chrism, are made of olive oil, but the third oil, the Chrism, has a special fragrant addition of Balsam. This is what gives the main oil we use at Baptism, Confirmation, and Ordinations its fragrance. Balsam is a musky scent that has a strong vanilla component along with the rich notes of balsamic vinegar. This balsam is, once again, made from the resin of trees, and it is very costly. I looked up the current cost of a bottle, and it is \$130 for 16 fluid ounces of balsam to mix into three gallons of olive oil.

If you would like to see this beautiful ceremony, perhaps it is time to journey to Crookston for the Chrism Mass this year.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	March 21	9:00 am	No Mass:	8:30 am
	Saturday	March 21	5:00 pm	Mass: Paul Sharp	4:30 pm
	Sunday	March 22	8:30 am	Mass: † Mike Hofer	8:00 am
	Sunday	March 22	12:15 pm	Mass: Pro Populo	
	Monday	March 23	9:00 am	Communion Service	
The Annunciation of The Lord	Wednesday	March 25	9:00 am	Mass: Living and Deceased MBR's of CM	8:30 am
	Thursday	March 26	9:00 am	Mass: † Norbert and Lavonne Hertel	8:30 am
	Thursday	March 26	9:30 am	Adoration-Benediction at 6:40pm	
	Friday	March 27	5:30 pm	Mass: Pro Defunctis	6:00 pm
	Saturday	March 28	9:00 am	Mass: † George Altstadt	8:30 am
	Saturday	March 28	5:00 pm	Mass: Pro Populo	4:30 pm
Palm Sunday	Sunday	March 29	8:30 am	Mass: † Julie Hall	8:00 am
The Passion of the Lord	Sunday	March 29	12:15 pm	Mass: † Florence Jenson	

MONDAY
MARCH 23
Lenten Weekday
Dn 13:1-9, 15-17,
19-30, 33-62 or
13:41c-62
Jn 8:1-11

TUESDAY
MARCH 24
Lenten Weekday
Nm 21:4-9
Jn 8:21-30

WEDNESDAY
MARCH 25
*The Annunciation
of the Lord*
Is 7:10-14; 8:10
Heb 10:4-10
Lk 1:26-38

THURSDAY
MARCH 26
Lenten Weekday
Gn 17:3-9
Jn 8:51-59

FRIDAY
MARCH 27
Lenten Weekday
Jer 20:10-13
Jn 10:31-42

SATURDAY
MARCH 28
Lenten Weekday
Ez 37:21-28
Jn 11:45-56

SUNDAY
MARCH 29
*Palm Sunday
of the
Passion of the Lord*
Mt 21:1-11
Is 50:4-7
Phil 2:6-11
Mt 26:14-27:66 or
27:11-54

Katie Courneya and Keela Hanson are collecting donations for the Children's Hospital Donation Drive, Creating a brighter future. Donations needed are coloring books, crayons, toiletries such as travel size shampoo and conditioner, lotion, toothpaste, tooth brushes, etc. Donation will be delivered to the Children's Hospital in Minneapolis. Donations can be dropped off in the box in All Saints Hall labeled for this donation drive. All donations need to be here by May 3rd.

"Jesus said to her, 'Did I not tell you that if you believe you will see the glory of God?'"
JOHN 11:40
Many of us say that we believe in God. We attend Sunday Mass and participate in parish events. But when life gets hard and the pressure is on, when things aren't going our way, do we really believe? Do we really put our trust in the Lord? When we live a life of gratitude, recognizing all that we have been given, we really do see that God is providing for our needs. Living a grateful and generous life allows us to see God's active presence in our daily lives and we become "partakers of the divine nature."

Upcoming Events

Thur. Mar. 26th—Adoration at 9:30am—
Benediction at 6:40pm

Fri. Mar. 27th—Sorrowful Mysteries of the Rosary
at 5:10pm

Fri. Mar. 27th—Mass at 5:30pm

Fri. Mar. 27th—Knights of Columbus fish fry at
5pm-7pm

Fri. Mar. 27th—Confessions at 6pm-6:45pm

Fri. Mar. 27th—Stations of the Cross at 6:45pm

Sat. Mar. 28th and Sun. Mar. 29th—Parish wide
bake sale before and after the masses

Mon. Mar. 30th—Chrism Mass in Crookston at
6:30pm

Thur. Apr. 2—Holy Thursday mass at 7pm with
simple Adoration until 12 midnight

Fri. Apr. 3rd—Good Friday service at 3pm

Sat. Apr. 4th—Easter Vigil mass at 8:30pm

Sun. Apr. 5th—Easter mass at 8:30am and
12:15pm-Latin (N.O.)

Mon. Apr. 6th—Knights of Columbus meeting at
7pm

Thur. Apr. 9th—Scholarship meeting at 6pm

*Spring is a sign of new growth, begin tremendous new growth in your marriage by attending the April 18-19 **Marriage Encounter**. Weekends are held at Mt Olivet Retreat Center in Farmington. Register at: www.marriages.org. A "perfect marriage" is simply two imperfect people who refuse to give up on each other! If you have any questions, please call Mary Jackson at: 651.454.3238.*

Youth

*Wed. Mar. 25th—Release Time grades 1st-6th—
LAST DAY*

*Wed. Mar. 25th—Evening RE grades 7th-11th
6:30pm to 7:30pm*

Mon. Mar.30th—Chrism Mass in Crookston 6:30pm

*Wed. Apr. 1st—Evening RE grades 7th-11th 6:30pm
to 7:30pm*

*Wed. Apr. 8th—Evening RE grades 7th-11th 6:30pm
to 7:30pm*

Parish wide bake sale will be held the weekend of March 28th and 29th. Please bring in your deliciously made items for others to enjoy. You will be able to purchase items before and after the masses that weekend.



*Please let Chris Peluso, 218-371-7336, know what ministries you are able to help with May, June, July and August. He will be working on the Liturgical Ministry schedule. Contact him by **April 12th** on how and when you can help serve in any of the ministries needed for Mass these next couple of months. Thank you for serving!!*

Ministry Schedule			
	Sat.–Mar. 28th 5:00 pm	Sun.–March 29th 8:30 am	Sun.–March 29th 12:15 pm
Altar Server	Katie C Carson C	John H Ronin M	William C Leo N
Eucharistic Minister	Russ K Jim J	Roxie R Tracy R	
Lector	Mary Ann K	Mary F	Rob D
Greeter	Jill M	Sharon H	
Ushers	John M Ross K Roger S Mike S	Daniel G Terry T John S Glen R	Josh N
Sacristan	Dave G	Tim S	Rob D
March's Second Collections: 1st--Roof, 15th-Catholic Relief Services, 29th-FACC			

All are Invited to the 2026 Chrism Mass
Bishop Andrew Cozzens invites all the faithful of the Diocese of Crookston to the 2026 Chrism Mass! The Mass will be held at the Cathedral of the Immaculate Conception on March 30th at 6:30pm. We look forward to seeing all who can make it.

Do you have any brown grocery bags that you could donate to the church? If you do please drop them off at the office. **THANK YOU!!!!**

Easter Flower Memorial Donations: Please return by April 6, 2026. Donate a \$10.00 memorial toward our Easter flowers which decorate our church during this holy season. (Please print)

Name _____

Amount \$ _____

In Memory _____

(Memorials will be published in a post-Easter bulletin)

Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

All of the men and women in active Military:
Lee Leach

Parish Members and Family:
Stacy Moe—Lisa Flynn—Eloise George—Gary Young—Jeanne Riley—Noah Goeddertz—Dallas Flynn—Russ Karasch—Vernon Quittschreiber—Carol Aarness—Rodney Winter—Pam Yliniemi

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeepchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.