



This Week on Formed

Week of March 29, 2026



Triduum: A Spiritual Pilgrimage

Triduum: A Spiritual Pilgrimage cinematically walks through the locations of the Holy Week story, representing the most important days of human history. Immersed in the Holy Land, the pilgrim is brought tangibly nearer to the story, the landscape, and the reality of the Passion, Death, and Resurrection of Jesus Christ.



The Last Days: The Passion and Death of Jesus the Christ w/ Jonathan Roumie

This filmed presentation of the theatrical production movingly recreates the final moments of Jesus' earthly ministry as a teacher through His crucifixion and death. The play has been seen by thousands worldwide, not only as a live performance but also in live streams and televised broadcasts.



Understanding Palm Sunday

Focusing on the Biblical account of Jesus' triumphal entry into Jerusalem, Dr. Tim Gray and Dr. Ben Akers break open the meaning of why Jesus rode on a donkey, the significance of the palm branches and the singing of Hosanna, and how this event launched Holy Week and the redemption of the world.

Our parish has a Formed subscription.
Visit signup.formed.org and select our parish name.

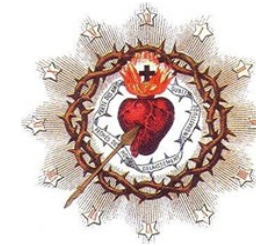
An offering from the AUGUSTINE INSTITUTE

PALM SUNDAY OF THE PASSION OF THE LORD

MARCH 29, 2026

SACRED HEART

202 Maple Avenue West
(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544
frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686
* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org
Deacon Pete Bellavance deaconpete.shfre@arvig.net
Deacon Trevor Pikula deacontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net

Office Days--Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com

Hosanna to the Son of David! Blessed is he who comes in the name of the Lord!

On Palm Sunday, we stand with the crowds of Jerusalem, waving olive and palm branches to welcome Christ our King. The significance of these branches does not end when the procession is finished. Once they have been blessed by a priest, these palms become **sacramentals**—sacred signs that draw us closer to the spiritual life and the protection of God. (Other sacramentals are things like rosaries and saint medals and holy cards.)

Upon returning from Mass, a common and beautiful practice is to tuck the palms behind a crucifix or a religious image in your home. This serves as a year-round reminder of Christ's victory over death and your own pledge to follow him.

Many families also weave their palms into intricate crosses or braids. This "palm braiding" is more than a craft; it is a meditative act of devotion. These crosses can be placed in bedrooms or near the entryway of a house as a silent prayer for Christ's peace to dwell within those walls.

It is important to remember that because palms are blessed, they should never be discarded in the trash. Instead, they should be kept until the following year. If you find your palm fronds have become too brittle, you can return them to the parish to be burned into the ashes used for Ash Wednesday, or you can bury them in a respectable place on your own property. In this way, the palm completes a holy circle, leading the faithful back to the season of repentance.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	March 28	9:00 am	Mass: † George Altstadt	8:30 am
	Saturday	March 28	5:00 pm	Mass: Pro Populo	4:30 pm
Palm Sunday	Sunday	March 29	8:30 am	Mass: † Julie Hall	8:00 am
The Passion of the Lord	Sunday	March 29	12:15 pm	Mass: † Florence Jenson	
	Monday	March 30	9:00 am	Communion Service	
	Wednesday	April 1	9:00 am	Mass: † Julie Hall	8:30 am
Holy Thursday	Thursday	April 2	7:00 pm	Mass: † Bill and Carol Lormis	
Passion of the Lord Good Friday	Friday	April 3	3:00 pm	Service	
	Saturday	April 4	9:00 am	No Mass:	
Easter Vigil	Saturday	April 4	8:30 pm	Mass: † Isabella Garcia	
Easter	Sunday	April 5	8:30 am	Mass: † Arlene Schreiner	8:00 am
Resurrection of the Lord	Sunday	April 5	12:15 pm	Mass: † Jim and Bonnie Wallace	

MONDAY
MARCH 30
Monday of Holy Week
Is 42:1-7; Jn 12:1-11

TUESDAY
MARCH 31
Tuesday of Holy Week
Is 49:1-6; Jn 13:21-33, 36-38

WEDNESDAY
APRIL 1
Wednesday of Holy Week
Is 50:4-9a; Mt 26:14-25

THURSDAY
APRIL 2
Thursday of Holy Week
(Holy Thursday)
Chrism Mass:
Is 61:1-3a, 6a, 8b-9
Rv 1:5-8; Lk 4:16-21
Evening Mass of the
Lord's Supper:
Ex 12:1-8, 11-14; 1 Cor
11:23-26; Jn 13:1-15

FRIDAY
APRIL 3
Friday of the Passion of
the Lord (Good Friday)
Is 52:13-53:12
Heb 4:14-16; 5:7-9
Jn 18:1-19:42

SATURDAY
APRIL 4
Holy Saturday (Easter Vigil)
Gn 1:1-2:2 or 1:1,
26-31a; Gn 22:1-18 or
22:1-2, 9a, 10-13, 15-18
Ex 14:15-15:1
Is 54:5-14; Is 55:1-11
Bar 3:9-15, 32-4:4
Ez 36:16-17a, 18-28
Rom 6:3-11; Mt 28:1-10

SUNDAY
APRIL 5
Easter Sunday of the
Resurrection of the Lord
Acts 10:34a, 37-43
Col 3:1-4 or 1 Cor
5:6b-8; Jn 20:1-9
or Mt 28:1-10

Katie Courneya and Keela Hanson are collecting donations for the Children's Hospital Donation Drive, Creating a brighter future. Donations needed are coloring books, crayons, toiletries such as travel size shampoo and conditioner, lotion, toothpaste, tooth brushes, etc. Donation will be delivered to the Children's Hospital in Minneapolis. Donations can be dropped off in the box in All Saints Hall labeled for this donation drive. All donations need to be here by May 3rd.

*"As they were marching out, they came upon a man of Cyrene, Simon by name; this man they pressed into service to carry his cross."
MATTHEW 27:32
The Lord calls us to love God and to love our neighbor. Every day we are presented with opportunities to love our neighbor and help him "carry his cross." These opportunities aren't usually big events, they are usually ordinary occurrences like helping someone carry their groceries or holding the door open for them. The key is putting the other person's needs before our own and not expecting anything in return.*

Upcoming Events

Mon. Mar. 30th—Chrism Mass in Crookston at 6:30pm
Thur. Apr. 2—Holy Thursday mass at 7pm with simple Adoration until 12 midnight
Fri. Apr. 3rd—Good Friday service at 3pm
Sat. Apr. 4th—Easter Vigil mass at 8:30pm
Sun. Apr. 5th—Easter mass at 8:30am and 12:15pm-Latin (N.O.)
Mon. Apr. 6th—Knights of Columbus meeting at 7pm
Thur. Apr. 9th—Adoration 9:30am-Benediction at 6:40pm
Thur. Apr. 9th—Scholarship meeting at 6pm
Mon. Apr. 13th—Christian Mothers Meeting at 5:30pm

CATHOLIC BIBLE SCHOOL (CBS) IS IN NEED OF 10 ADULT VOLUNTEERS IN ORDER FOR THE PARISH TO OFFER IT TO THE YOUTH PRE K/K-6TH GRADE. IF THERE ARE NOT ENOUGH ADULTS TO LEAD CBS THERE WILL NOT BE CBS THIS YEAR. THE DATE SET FOR CBS IS AUGUST 2ND-6TH FROM 6PM TO 8PM. PLEASE LET CHRISTINE DORNBUSCH KNOW IF YOU ARE ABLE TO LEAD A GROUP OF YOUTH IN THEIR FAITH BY APRIL 13TH.

3-22-2026 Attendance 638 6 Masses
Collection Income \$ 7,288.00 FACC \$ 0.00
Roof Loan \$ 95.00 Children's Project \$ 40.00

*Spring is a sign of new growth, begin tremendous new growth in your marriage by attending the April 18-19 **Marriage Encounter**. Weekends are held at Mt Olivet Retreat Center in Farmington. Register at: www.marriages.org. A "perfect marriage" is simply two imperfect people who refuse to give up on each other! If you have any questions, please call Mary Jackson at: 651.454.3238.*

Youth

Mon. Mar.30th—Chrism Mass in Crookston 6:30pm
Wed. Apr. 1st—Evening RE grades 7th-11th 6:30pm to 7:30pm
Wed. Apr. 8th—Evening RE grades 7th-11th 6:30pm to 7:30pm—Last night for grades 7th-9th

All are Invited to the 2026 Chrism Mass
Bishop Andrew Cozzens invites all the faithful of the Diocese of Crookston to the 2026 Chrism Mass! The Mass will be held at the Cathedral of the Immaculate Conception on March 30th at 6:30pm. We look forward to seeing all who can make it.

*Please let Chris Peluso, 218-371-7336, know what ministries you are able to help with May, June, July and August. He will be working on the Liturgical Ministry schedule. Contact him by **April 12th** on how and when you can help serve in any of the ministries needed for Mass these next couple of months. Thank you for serving!!*

Ministry Schedule			
	Sat.—April 4th 5:00 pm	Sun.—April 5th 8:30 am	Sun.—April 5th 12:15 pm
Altar Server		Thomas A Nora A	Andrew P Dominic P
Eucharistic Minister		Rose R Becca G	
Lector	Mary Ann K Russ K Bev R Jim C	Bev R	Chris P
Greeter	Jill M	Monica F	
Ushers	Daniel A Tom M Bruce C Long N	Robert S Tim S Chris S Bud H	Elias W
Sacristan	Jim J	Mark B	Chris P
April's Second Collections: 5th--Roof, 19th-FACC, 26th-Catholic Home Mission			

The Knights of Columbus will be loading up and taking in all the food donated for the "40 Cans for 40 Days" and monetary donations on Thursday Apr 2nd. This allows us to meet the April 6th deadline for the food pantry to earn a bigger share of the GMCC Food Fund. A basket is in the Hall of Saints for food and donations of cash can be left at the Parish office. Please mark KC food drive. Make checks to the Becker County Food Pantry. Thank you for your generosity.

Easter Flower Memorial Donations: Please return by April 6, 2026. Donate a \$10.00 memorial toward our Easter flowers which decorate our church during this holy season. (Please print)

Name _____
Amount \$ _____
In Memory _____

(Memorials will be published in a post-Easter bulletin)

Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

*All of the men and women in active Military:
Lee Leach
Parish Members and Family:
Stacy Moe—Lisa Flynn—Eloise George—Gary Young—Jeanne Riley—Noah Goeddertze—Dallas Flynn—Russ Karasch—Vernon Quittschreiber—Carol Aarness—Rodney Winter—Pam Yliniemi—Otto Hanson—Margaret Trieglaff*

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeeprayerchain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.