

Are you being called to be a permanent deacon?

Do you know someone you can invite to discern the diaconate?

The Diocese of Crookston recently celebrated the ordination of three men to the Permanent Diaconate. We have another group who are entering their third year of formation in the fall. The next formation group for the Diocese of Crookston will begin in the Fall of 2027. From Fall 2026 through Winter 2027, the Diocese will host a number of “Discerning the Diaconate” sessions for men, and spouses if married, to provide more information about the diaconate and deacon formation. An announcement with specific dates will be coming out in the fall.

In the meantime, if you wish to talk about the program before then, you can email Dcn. Mark Krejci, Director of Deacon Formation, at mkrejci@crookston.org to arrange a phone or zoom call. You are also strongly encouraged to talk with your pastor as well as deacons you may already know.

If you believe you know a man who should consider the diaconate, I encourage you to share this information with him. In a recent survey of Catholic deacons, they indicated that a parishioner’s encouragement played a significant role in the deacon deciding to enter the formation program. Please approach men in your parish or encourage your priest to do so.

NATURAL FAMILY PLANNING | NFP

Natural Family Planning follows God’s plan for fertility awareness within the sacrament of marriage. Many people, Catholics included, do not fully understand the Church’s teaching on marriage, the unique marital bond of the sexual act between husband and wife, and the blessing that they may receive when they “cooperate with God” in the creation of a new life.

JOIN US FOR A FREE NFP INTRODUCTORY SESSION

The Crookston Diocese welcomes all couples to a free Natural Family Planning Introductory Session presented by Laura Golden, FCP and Sarah McKeown, CFCP. Here you will learn the Creighton model and will be provided with responsible parenthood instructions for achieving pregnancy, avoiding pregnancy, and monitoring fertility and cycles. Laura and Sarah will also provide you with real solutions to problems such as infertility, PMS, miscarriages, reproductive health concerns, and more! Please enjoy this introductory session and feel free to reach out to holyfamilynfp.com for more information or any questions you may have. For any questions with registering please feel free to email mkrejci@crookston.org.

FIFTEENTH SUNDAY IN ORDINARY TIME

SACRED HEART

202 Maple Avenue West

(218) 334-4221



JULY 12, 2026

CATHOLIC CHURCH

Frazee, Minnesota 56544

frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686

* does not receive text messages

Clergy

Fr. Adam Hamnessahamness@crookston.org

Deacon Pete Bellavancedeaconpete.shfre@arvig.net

Deacon Trevor Pikula deaontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbuschchristined.shfre@arvig.net

Office Days--Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clarkmusic.shfre@gmail.com

Trustees and Members of the Parish Council and Finance Council:

Please remember we have our Combined Parish Leadership Planning Session this Sunday afternoon at 3:00pm at Sacred Heart Church in Frazee. Last month we had it in Callaway, and this month it is in Frazee. We are combining two sessions this month, so we will not have a third session next month. Next month we will have our parish-wide meetings, rather than just meetings for parish leadership.

Everyone Else:

Mark your calendars for an exciting event in Moorhead! We are celebrating the 100th anniversary of Sister Annella Zervas’s death. Bishop Cozzens is offering a special Mass at 5:00 p.m. on Saturday, August 8th at St. Francis de Sales Church in Moorhead. Prior to the Mass, everyone will gather in the cemetery at the grave of her parents to dedicate a new, granite cross in Sister Annella’s Honor. There will be a reception after the Mass to celebrate the occasion. Take a look at the flyer inside this bulletin.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
St. Benedict	Saturday	July 11	9:00 am	Mass: Blessed Mother	8:30 am
	Saturday	July 11	5:00 pm	Mass: St. Ann	4:30 pm
	Sunday	July 12	8:30 am	Mass: † Danny Putnam	8:00 am
	Sunday	July 12	12:15 pm	Mass: Pro Populo	
	Monday	July 13	9:00 am	Communion Service	
St. Bonaventure	Wednesday	July 15	9:00 am	Mass: † Bill and Carol Lormis	8:30 am
	Thursday	July 16	9:00 am	Mass: St. Anthony	8:30 am
	Thursday	July 16	9:30 am	24-Hour Adoration	
	Friday	July 17	9:00 am	Mass: Pro Defunctis	8:30 am
	Saturday	July 18	9:00 am	Mass: † Carole Lee Courneya	8:30 am
	Saturday	July 18	5:00 pm	Mass: Pro Populo	4:30 pm
	Sunday	July 19	8:30 am	Mass: † Margaret Trieglaff	8:00 am
	Sunday	July 19	12:15 pm	Mass: † Dave Wickman	

Diocesan Abuse Victim Assistance Coordinator: Cindy Hulst

Confidential Line - 218.281.7895

chulst@crookston.org

MONDAY
July 13
Weekday
Is 1:10-17
Mt 10:34-11:1

TUESDAY
July 14
St. Kateri
Tekakwitha, Virgin
Is 7:1-9
Mt 11:20-24

WEDNESDAY
July 15
St. Bonaventure,
Bishop and Doctor
of the Church
Is 10:5-7, 13b-16
Mt 11:25-27

THURSDAY
July 16
Weekday
Is 26:7-9, 12, 16-19
Mt 11:28-30

FRIDAY
July 17
Weekday
Is 38:1-6, 21-22,
7-8
Mt 12:1-8

SATURDAY
July 18
Weekday
Mi 2:1-5
Mt 12:14-21

SUNDAY
July 19
Sixteenth Sunday
in Ordinary Time
Wis 12:13, 16-19
Rom 8:26-27
Mt 13:24-3 or
13:24-30

Upcoming Events

Thur. July 16th—24-Hour Adoration at 9:30am
Sun. July 19th—Knights of Columbus meeting 10am
Sun. July 19th—Parish potluck 1:15pm
Thur. July 23rd—Adoration at 9:30am-
Benediction at 6:40pm
Sun July 26th—Youth Fundraiser Breakfast
after the 8:30am Mass
Thur. July 30th—Adoration at 9:30am-
Benediction at 6:40pm
Thur. Aug. 6th—Adoration at 9:30am-
Benediction at 6:40pm
Thur. Aug. 13th—Adoration at 9:30am-
Benediction at 6:40pm

Upcoming Cursillo Weekends

The Fall weekends are fast approaching. Mark your calendars with these upcoming dates:

Women's Weekend:
September 24-27, 2026

Men's Weekend:
October 22-25, 2026

Have you ever wondered—
"What is Cursillo?" There are several men and women in Sacred Heart who have made their Cursillo and would love to tell you all about it. Join a group of women on Thursdays at 9:30am or men on Saturdays at 7:30am. If those times don't work, stop into the office for information.

Application are in All Saints Hall or the office.

Safe Environment 2026/2027

It is time to renew Safe Environment Certifications. If you work/volunteer in any capacity for Sacred Heart Parish with either the youth or vulnerable adults, this certification is required by the Diocese every year. Go to:
<https://crookston.cmgconnect.org/> to complete your certification online. If you are unable to go online, Christine Dornbusch will set you up in the office with a laptop. Please everybody get this done by August 1st. There is a fair amount of bookkeeping in keeping track of who needs to/has completed the Safe Environment requirement; this bookkeeping is much easier if everyone gets this done by **August 1st**.

6-28-2026 Attendance 653 6 Masses

Collection Income \$ 6,661.00 FACC \$ 531.00
Roof Loan \$ 75.00 Maintenance \$ 100.00
Children's Project \$ 35.00

Ministry Schedule

	Sat.—July 18th 5:00 pm	Sun.—July 19th 8:30 am	Sun.—July 19th 12:15 pm
Altar Server	Paul S Matthew S	Shelby B Paige B	William C Leo N
Eucharistic Minister	Kathy P Marlys J	Sharon G Sandy H	
Lector	Jim C	Angie J	Rob D
Greeter	Wanda B	Sharon H	
Ushers	Daniel A Tom M Bruce C Long N	Nathan M Ryan R Ed J Bud H	Josh N
Sacristan	Dave G	Mark B	Rob D
July's Second Collections: 5th--Roof, 12th			



Christian Mothers Turkey Day raffle is here again. Have you seen the corn hole (bags) game boards? OMGosh those are AMAZING!!!! The Sacred Heart Stitchers made a beautiful patriotic quilt. There is also a handmade pie safe to win. What do you think is in the cooler? A picnic blanket? wine? candles? Or is it just holding Swedish fish candy and a bunch of sand? I don't know but for \$5 you have a chance to win it :) Tickets can be purchased before or after the masses or in the office. Good Luck!

Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

All of the men and women in active Military:
Lee Leach
Parish Members and Family:
Stacy Moe—Lisa Flynn—Eloise George—Gary Young—Jeanne Riley—Noah Goeddertz—Dallas Flynn—Brian Nelson—Janice Hensel

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeepaychain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Serra Club Ministry Diocese of Crookston
Monday, July 13th, 2026 ZOOM Meeting at 8:00 PM Guest Speaker: Seminarian, Lawrence Wirries Parish Spotlight on Holy Rosary in Detroit Lakes Join Zoom Meeting Connection:
<https://us02web.zoom.us/j/84585680709>
Meeting ID: 845 8568 0709
Contact Shawn Erickson at 218-236-5066 for more information

Help support 4 youth fundraising to attending the Steubenville Conference next year. Sunday July 26th breakfast will be served after the 8:30am Mass. (GF) egg bake, sausage, fluff salad, fruit and rolls are on the menu. It is a free will offering.



6-14-2026 Attendance 724 6 Masses

Collection Income \$ 9,340.00
FACC \$ 45.00
Roof Loan \$ 1,749.00
Children's Project \$ 33.00

This fall the evening Religious Education classes will be from 6:00pm to 7:30pm.

Dinner will still be served before class each week by the parents. Putting this in the bulletin early so parents can mark it on their calendars now in preparation for the fall.