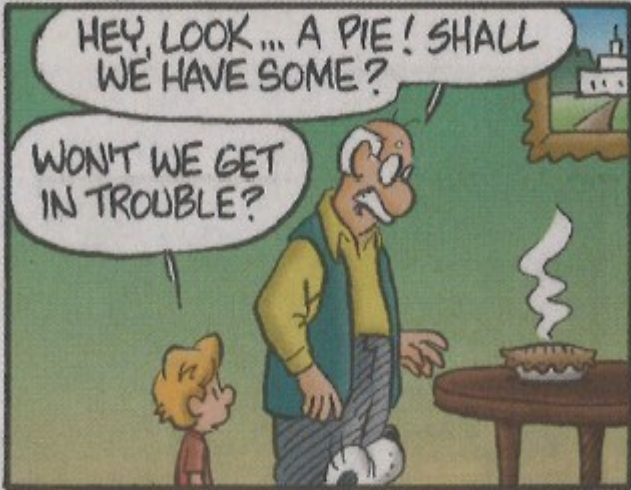


NAZARETH RETREAT HOUSE “TILL DEATH DO US PART” RETREAT FOR WIDOWS & WIDOWERS
MON. OCT 5 AT 6PM WED. OCT 7 AT NOON
PARTICIPANTS WILL BE ASKED TO BRING A PICTURE OF THEIR SPOUSE, FAMILY AND THEIR MEMORIES (GOOD & DIFFICULT) THEY WOULD BE WILLING TO SHARE.

A retreat designed specifically for widows or widowers who are on the journey of life after the death of a beloved spouse. We will search to see how God blesses and is active in our lives: in the past, in our new self, our family, our friends and the future. We will explore the changes in our pattern of life and how we cope with the world in a new “normal”. Together we will search for meaning in the question: How can our relationship with Jesus bring us fulfillment, peace, and joy?

MORE INFORMATION: CALL 218.281.4533 EMAIL—NAZARETHRETREATHOUSE@CROOKSTON.ORG
WEBSITE—CROOKSTON.ORG/ATTEND-A-RETREAT

Fr Chuck Huck is a widower of 25 years. Married to Valerie for 25 years, they raised 7 children and today have 19 grandchildren and 2 great-grandchildren. Valerie died of ovarian cancer in November of 2000 at the age of 44. Fr Chuck was ordained to the priesthood in December of 2006



SIXTEENTH SUNDAY IN ORDINARY TIME

JULY 19, 2026

SACRED HEART

202 Maple Avenue West
(218) 334-4221



CATHOLIC CHURCH

Frazee, Minnesota 56544
frazeesacredheart.org

Sacramental Emergency Line*: (218) 209-2686
* does not receive text messages

Clergy

Fr. Adam Hamness ahamness@crookston.org
Deacon Pete Bellavance deaconpete.shfre@arvig.net
Deacon Trevor Pikula deaontrevor.shfre@arvig.net

Secretary / Bookkeeper / Religious Education

Christine Dornbusch christined.shfre@arvig.net

Office Days--Tuesday and Thursday

Custodian & Groundskeeper

Norman Adams--Monday and Friday

Liturgical Music

Tonia Clark music.shfre@gmail.com



Look on the back page of the bulletin for the conclusion of the comic.

LITURGICAL DAY	WEEKDAY	DATE	TIME	SERVICE/INTENTION	CONFESSIONS
	Saturday	July 18	9:00 am	Mass: † Carole Lee Courneya	8:30 am
	Saturday	July 18	5:00 pm	Mass: Pro Populo	4:30 pm
	Sunday	July 19	8:30 am	Mass: † Margaret Trieglaff	8:00 am
	Sunday	July 19	12:15 pm	Mass: † Dave Wickman	
	Monday	July 20	9:00 am	Communion Service	
St. Mary Magdalene	Wednesday	July 22	9:00 am	Mass: † George Altstadt	8:30 am
	Thursday	July 23	9:00 am	Mass: Living and Deceased MBR's of CM	8:30 am
	Thursday	July 23	9:30 am	Adoration-Benediction at 6:40pm	
	Friday	July 24	9:00 am	Mass: Pro Defunctis	8:30 am
St. James	Saturday	July 25	9:00 am	Mass: † Bill and Carol Lormis	8:30 am
	Saturday	July 25	5:00 pm	Mass: † Charles Nord	4:30 pm
	Sunday	July 26	8:30 am	Mass: † Lillian Buschette	8:00 am
	Sunday	July 26	12:15 pm	Mass: Pro Populo	

MONDAY
July 20
Weekday
Mi 6:1-4, 6-8
Mt 12:38-42

TUESDAY
July 21
Weekday
Mi 7:14-15, 18-20
Mt 12:46-50

WEDNESDAY
July 22
St. Mary Magdalene
Sg 3:1-4b or 2 Cor 5:14-17
Jn 20:1-2, 11-18

THURSDAY
July 23
Weekday
Jer 2:1-3, 7-8, 12-13
Mt 13:10-17

FRIDAY
July 24
Weekday
Jer 3:14-17
Mt 13:18-23

SATURDAY
July 25
St. James, Apostle
2 Cor 4:7-15
Mt 20:20-28

SUNDAY
July 26
Seventeenth Sunday in Ordinary Time
1 Kgs 3:5, 7-12
Rom 8:28-30
Mt 13:44-52 or 13:44-46

Upcoming Events

Thur. July 23rd—Adoration at 9:30am-Benediction at 6:40pm

Sun July 26th—Youth Fundraiser Breakfast after the 8:30am Mass

Thur. July 30th—Adoration at 9:30am-Benediction at 6:40pm

Wed. Aug. 5th—Parish Planning for Mission meeting at 6:30pm-ALL parish members

Thur. Aug. 6th—Adoration at 9:30am-Benediction at 6:40pm

Thur. Aug. 13th—Adoration at 9:30am-Benediction at 6:40pm

Sun. Aug 16th—Knights of Columbus meeting 10am

Upcoming Cursillo Weekends

The Fall weekends are fast approaching. Mark your calendars with these upcoming dates:

Women's Weekend:
September 24-27, 2026

Men's Weekend:
October 22-25, 2026

Have you ever wondered—
"What is Cursillo?" There are several men and women in Sacred Heart who have made their Cursillo and would love to tell you all about it. Join a group of women on Thursdays at 9:30am or men on Saturdays at 7:30am. If those times don't work, stop into the office for information.

Application are in All Saints Hall or the office.

Safe Environment
2026/2027

It is time to renew Safe Environment Certifications. If you work/volunteer in any capacity for Sacred Heart Parish with either the youth or vulnerable adults, this certification is required by the Diocese every year. Go to: <https://crookston.cmgconnect.org/> to complete your certification online. If you are unable to go online, Christine Dornbusch will set you up in the office with a laptop. Please everybody get this done by August 1st. There is a fair amount of bookkeeping in keeping track of who needs to/has completed the Safe Environment requirement; this bookkeeping is much easier if everyone gets this done by **August 1st**.

7-12-2026 Attendance 684 6 Masses

Collection Income \$ 9,754.00 FACC \$ 531.00
Roof Loan \$ 1,760.00 Maintenance \$ 00.00
Children's Project \$ 50.00

Ministry Schedule

	Sat.—July 25th 5:00 pm	Sun.—July 26th 8:30 am	Sun.—July 26th 12:15 pm
Altar Server	Jonah S Paul S	John H Ronin M	Dominic P Andrew P
Eucharistic Minister		Roxie R Tracy R	
Lector	Marlys J	Mary F	Chris P
Greeter	Susan J	Monica F	
Ushers	John M Ross K Roger S Mike S	Daniel G Terry T John S Glen R	Greg Z
Sacristan	Dave G	Mark B	Chris P
July's Second Collections: 5th--Roof, 12th—Peter's Pence (Holy Father), 26th—FACC			

God's wonderful creations are all around us if we take the time to stop and look. The altar flowers are just one of those creations. Several of Sacred Hearts parish members have the charisms to plant, grow, tend to, and arrange those beautiful bouquets. Also all the plants and flowers around the church and the crucifixion scene out at the cemetery. We are blessed with your time and talent.

Christian Mothers Turkey Day raffle is here again. Have you seen the corn hole (bags) game boards? OMGosh those are AMAZING!!!! The Sacred Heart Stitchers made a beautiful patriotic quilt. There is also a handmade pie safe to win. What do you think is in the cooler? A fruit basket, garden fresh vegetables, dips for both of these or just ants and flies? I don't know but for \$5 you have a chance to win it :) Tickets can be purchased before or after the masses or in the office. Good Luck!

The Diocese of Crookston has established a Diocesan Planning Commission to assist in renewing and strengthening parish life across the diocese. This commission plays an important role in supporting parishes and regions as they prepare for the future. Father Hamness would like the **entire** Sacred Heart parish to attend the Planning for Mission meeting that is scheduled for Wednesday August 5th at 6:30pm.

Help support 4 youth fundraising to attend the Steubenville Conference next year. Sunday July 26th breakfast will be served after the 8:30am Mass. (GF) egg bake, sausage, fluff salad, fruit and rolls are on the menu. It is a free will offering.



Parishioners' Prayer Requests:
Parish families have asked us to keep in our prayers their loved ones who are ill. Please pray for:

All of the men and women in active Military:
Lee Leach

Parish Members and Family:
Stacy Moe—Lisa Flynn—Eloise George—Gary Young—Jeanne Riley—Noah Goeddertz—Dallas Flynn— Pam Ylinemi—Brian Nelson—Janice Hensel

To submit a prayer request for our prayer chain, text 817 229 6789 or frazeepraychain@gmail.com. Names will be left in the bulletin for 4 weeks. If you want the name to stay another 4 weeks, please make another prayer request.

Dallas and Mary Flynn wish to thank their Sacred Heart family for their prayers, cards, calls, visits, meals, and emotional support during Dallas's 9 month journey with cancer. May God Bless you all.

Diocese of Crookston Hosting Rescue Live

All parishioners of the Diocese of Crookston are invited to experience "Rescue Live." Presented by internationally known evangelist Fr. John Riccardo and his team from ACTS XXIX, Rescue Live is a one-day Catholic revival in the faith for the proclamation of the gospel in a compelling and attractive way. Bishop Cozzens will be leading the gathering in prayer and adoration during the day. Rescue Live will be held at the Alerus Center Ballroom on October 10th, 2026. All pastors have been given cards with a registration QR code that you can use to sign up. Join Catholics from across the Diocese of Crookston and reserve your spot by the end of May. In June, registration will open nationwide when it is expected to fill.