

Sedation Visit Instructions



Patient Name: _____

Date: _____

Your appointment is schedule for: _____

Below are a few important instructions and reminders:

- You should not eat or drink anything for 6 hours prior nor should you take any medication not approved by Dr. Thomas.
- You should not drink any alcohol or caffeinated beverages for 24 hours prior to your appointment.
- Take your prescribed sedation medication(s) 30 minutes before your appointment with a small amount of water
- Have your companion bring you to our office at your scheduled appointment time.
- ABSOLUTELY NO DRIVING YOURSELF!

The morning of your appointment:

- Clothing & Shoes: Wear comfortable, light weight clothing, short sleeves preferred.
- No Valuables: Leave all valuables, purse, wallet, jewelry, and watches at home or with your escort.
- No Contact Lenses
- No Cell Phones: Please leave at home or with your escort.

Driver/Escort Information:

- It is essential that you have your escort drive you to and from your appointment. We will not be able to proceed with your appointment if you drive yourself or arrive and expect to be picked up by a taxi or uber.
- Your escort will need instructions; please have him/her speak with the dental team before dropping you off and taking you home.
- Your escort is not to leave the nearby area. In case of emergency or treatment changes, the escort needs to remain within a 10 minute driving distance from the office.