
A Note on Trust and Dignity

Scams affect people from all backgrounds. Feeling embarrassed or hesitant can make situations worse, but asking for help is a responsible choice.

Families are able to protect each other the best when conversations are direct, respectful, and free of blame.

Final Thought

Preparation reduces pressure. When roles are clear and support is defined, it becomes easier to pause, check, and make informed decisions.



Why these Conversations Matter

Scams are designed to create urgency and confusion. They work best when someone feels pressured to make decisions quickly.

When families talk about these situations in advance, it becomes easier to slow down, ask questions, and avoid acting on impulse. These conversations are about preparation, not supervision.



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How to Begin the Conversation

There is no need to wait for a problem to start this discussion. It begins with a simple statement, such as wanting to be prepared if someone asks for money or personal information.

Keeping the focus on planning rather than fear helps everyone participate more openly.

Building Trust Within the Family

Choosing a Trusted Contact

Many people find it helpful to decide in advance who they will check with before responding to urgent or confusing requests.

A Trusted Contact is someone you trust to listen, ask questions, and help you think clearly. This could be a son or daughter, a grandchild, a sibling, a close friend, or another trusted person in your life.

When something feels rushed, pause and ask yourself:

“Did I check with my Trusted Contact?”

Stay One Step Ahead of Scammers

Agreeing on Practical Safety Habits

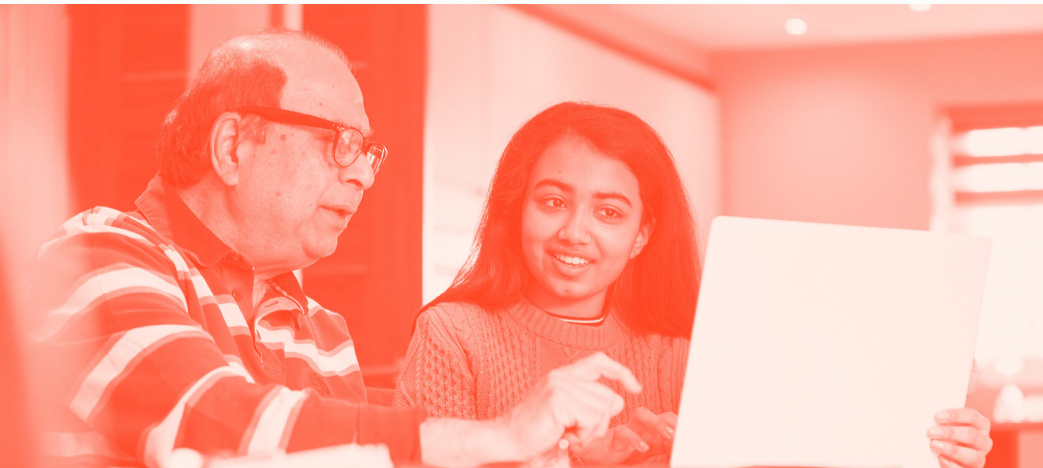
Some families choose to agree on a few shared habits that make decisions easier. These might include pausing before sending money or information, checking with the Al Amin before acting urgently, or verifying claims using phone numbers already saved and trusted.

These habits are meant to support good judgment, not limit independence.

Questions Worth Discussing

Families benefit from talking through a number of practical situations together. For example; what to do if someone calls asking for money, who to contact if a message feels suspicious, or knowing where trusted phone numbers are kept.

Discussing these scenarios ahead of time reduces uncertainty later.



When a Concern Comes Up

If something feels unclear or unsettling, the first step is to stop. There is rarely a reason to act immediately.

Talking the situation through with someone you trust and contacting a bank or organization using a known phone number can help to prevent unnecessary loss.