



**Rush & Blush**  
**Ladies Salon**



**WHERE BEAUTY BECOMES AN EXPERIENCE**

## JAPANESE HEAD SPA

### Japanese Head Spa Treatments

- Express Japanese Head Spa      ₪ 250
- Classic Japanese Head Spa      ₪ 280
- Luxury Japanese Head Spa      ₪ 350

#### Includes:

Scalp analysis - Deep cleansing - Dandruff treatment - Steam therapy - Relaxing scalp massage - Nourishing hair mask - Pedicure Complete relaxation ritual

## MASSAGE & BODY THERAPIES

### Massage Treatments

#### Relaxation Massage

A gentle full-body massage designed to relieve stress and promote relaxation.

60 Min      ₪ 250

#### Deep Tissue Massage

Targets deeper muscle layers to release tension and knots.

60 Min      ₪ 250

#### Aromatherapy Massage

A calming massage using essential oils to balance body and mind.

60 Min      ₪ 250

#### Hot Stone Massage

Heated stones used to ease muscle stiffness and improve circulation.

30 Min      ₪ 250  
60 Min      ₪ 350

#### Back, Neck & Shoulder Massage

Focused massage to relieve upper-body tension

30 Min      ₪ 150  
60 Min      ₪ 250

#### Foot Reflexology

Pressure-point massage to restore balance and boost wellbeing.

30 Min      ₪ 60  
60 Min      ₪ 120

#### Optional Add-Ons

- Extended Massage Time
- Aromatherapy Oil Upgrade

## FACE & SKIN SERVICES

### Facials

- Express Facial ₪ 150
- Classic Deep Cleansing Facial ₪ 180
- Hydrating Facial ₪ 180
- Brightening/ Glow Facial ₪ 200
- Anti-Aging Facial ₪ 280
- Gold Facial ₪ 250
- Vitamin C Facial ₪ 250
- Acne Control Facial ₪ 280
- Luxury Signature Facial ₪ 350

### *(Professional French skincare brand)*

- Dr. Renaud Hydrating Facial ₪ 280
- Dr. Renaud Brightening Facial ₪ 250
- Dr. Renaud Anti-Aging Facial ₪ 350
- Dr. Renaud Sensitive Skin Facial ₪ 250
- Dr. Renaud Purifying Acne Facial ₪ 250

## EYEBROW EXTENSIONS

- Full Eyebrow Extension (Using Your Natural Hair) ₪ 550
- Full Eyebrow Extension (Premium Human Hair Extensions) ₪ 550
- Eyebrow Extension with Base ₪ 650
- Front Brow Filling Only ₪ 280
- Length Fill (Maintenance) ₪ 250
- Extension Removal ₪ 180

## LASH EXTENSIONS COLLECTION

- Classic Signature Set (1:1 Individual Lashes) ₪ 250
- Russian Volume Glam Set ₪ 350
- Hybrid Luxe Blend ₪ 280
- Lash Refill (Maintenance) ₪ 180
- Professional Lash Removal ₪ 120



**Rush & Blush**  
Ladies Salon

## HAIR SERVICES

Prices vary depending on hair length:  
Short | Medium | Long | Extra Long

### Haircuts & Styling

- Ladies Haircut
- Trim (No Wash) **₹ 60**
- Fringe Trim **₹ 60**
- Blow-Dry-Short - Medium - Long **₹ 80 / 120 / 150**
- Hair Ironing / Curls **₹ 150 / 180 / 220**
- Hair Up/Occasion Styling **₹ 200 / 250**

### Hair Treatments

- Deep Conditioning Treatment **₹ 180**
- Hair Spa Treatment **₹ 120 / 150**
- Keratin Treatment **Short / Medium / Long / Extra Long - ₹ 350 / 450 / 600 / 850**
- Protein Treatment **Short / Medium / Long / Extra Long - ₹ 350 / 450 / 600 / 850**
- Botox Hair Treatment **Short / Medium / Long / Extra Long - ₹ 350 / 450 / 600 / 850**
- Olaplex / Bond Repair Treatment **₹ 150 / 180 / 220**

## HAIR COLOURING

### Colour Services

- Root Touch-Up **₹ 150**
- Full Hair Colour **₹ 280 / 350 / 450**
- Half Head Highlights **₹ 250**
- Full Head Highlights **₹ 450**
- Lowlights **₹ 380**
- Balayage **₹ 350 / 450 / 550**
- Ombre **₹ 350 / 450 / 550**
- Toner / Glossing **₹ 199**

### Colour Add-Ons

- Olaplex Add-On **₹ 50**
- Extra Colour Product **₹ 80**
- Toner Add-On **₹ 80**
- Colour Protection Mask **₹ 50**

## HAIR LOSS & SCALP SOLUTIONS (ADD-ONS)

- Anti-Hair Loss Treatment ₪ 180 onwards
- Hair Strengthening Therapy ₪ 180 onwards
- Scalp Detox Treatment ₪ 199 onwards
- Growth-Stimulating Scalp Massage ₪ 250
- Infrared Hair Mask (Repair & Strengthening) ₪ 180
- LED / Infrared Hair Therapy ₪ 250

## HAIR EXTENSION

### Prices available upon consultation

- K-Tip Extensions – Natural, long-lasting keratin bond
- Nano Ring Extensions – Seamless blend with minimal tension
- Invisible Tape Extensions – Lightweight, flat, undetectable finish
- UV Light Extensions – Advanced bonding for durability
- Ice Extensions – Innovative technique for a soft, natural look

## WAXING & THREADING

### Face

- Eyebrow Threading / Wax ₪ 20
- Upper Lip Wax ₪ 15
- Chin Wax ₪ 20
- Forehead Wax ₪ 20
- Nose Wax ₪ 20
- Full Face Wax ₪ 80

### Body

- Underarm Wax ₪ 25
- Half Arm Wax ₪ 25
- Full Arm Wax ₪ 50
- Half Leg Wax ₪ 35
- Full Leg Wax ₪ 70
- Bikini Wax ₪ 100
- Full Body Wax ₪ 250

## NAIL EXPERIENCES

- Manicure with Polish ₪ 60
- Pedicure with Polish ₪ 70
- Polish (Hands/Feet) ₪ 20
- Polish removal ₪ 20
- Spa Manicure ₪ 70
- Spa Pedicure ₪ 80
- French Manicure ₪ 120
- French Pedicure ₪ 150
- Gel Polish ₪ 60
- Gelish Manicure ₪ 100
- Gelish Pedicure ₪ 120
- Gelish French Manicure ₪ 180
- Gelish French Pedicure ₪ 180
- Overlay Acrylic ₪ 180
- Overlay Gel ₪ 100
- Full Set Gelish Extensions ₪ 250
- Full Set Acrylic Extensions ₪ 350
- Nail Refill ₪ 200
- Extension Removal ₪ 60



**Rush & Blush**  
Ladies Salon

# GLOW & SAVE

## Indulge in more, for less

**Exclusive offers designed to help you look and feel your best – for less.**

Great value on your favourite treatments

- Perfect for regular self-care or special occasions
- Save more when you combine your favourite treatments
- Professional results you can trust

**Create your own beauty package by choosing services that add up to 10 points.  
Mix & match your favourites**

### THREADING & WAXING

Eyebrow Threading	1
Upper Lip Threading	1
Full Face Threading	5
Underarm Wax	2
Half Arm Wax	2
Full Arm Wax	3
Half Leg Wax	2
Full Leg Wax	4

### NAILS

Manicure	3
Pedicure	3
Nail Colour	1

### HAIR

Hair Wash & Dry	2
Root Colour	5
Hair Spa	5
Blow Dry (Short)	3
Blow Dry (Long)	4
Hair Trim	2
Hair Cut	3

### MASSAGE

Hot Oil Massage	3
Full Body (30 min)	6
Neck & Shoulder	3
Back Massage	4

### SKIN & FACE

Face Clean-Up	3
Facial	6
Face Polish	4

### Community Privileges

*Because great beauty should feel close to home*

Enjoy **20% off all services** for:

- Emirates Airline Crew
- RTA & Municipality Employees
- Al Tadawi Healthcare Professionals
- Residents & professionals within a 5km radius

### Little Moments Together

*Because self-care is even more special when shared*

- Discover our **Mother & Daughter experiences**
- Enjoy side-by-side treatments in a relaxed, welcoming space
- Perfect for quality time, pampering, and creating beautiful memories

Not affiliated with or endorsed by any organisation  
Limited time only • T&Cs apply

**WE CAN'T WAIT TO WELCOME YOU &  
BE PART OF YOUR BEAUTY JOURNEY.**

**Scan to Find Us**



**INSTAGRAM**



**WHATSAPP**



**LOCATION**

 **Rush & Blush**  
Ladies Salon

**Opening Hours**  
11:00 AM – 8:00 PM

**Find Us**

 Dubai Building Cooperative Society  
Shop 3, 40th Street  
Al Garhoud, Dubai

 +971 4 328 7442

 @rush\_and\_blush

 +971 58 567 4464