



For any further information,

*please contact us on
020 3519 8878 or*

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Sunrays Mentoring Programme

FOR GIRLS IN YEAR 7 TO YEAR 11



Sunrays
A project of Sunbeams

What is Sunrays?

Sunrays offers girls a space to relax, have fun and build a positive relationship with a mentor.



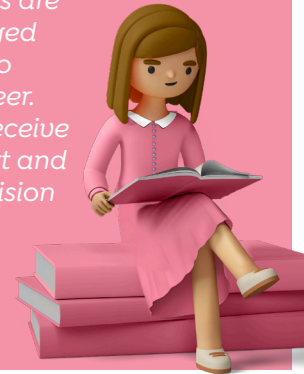
What is the referral process?

After an initial phone call, we will ask you to complete a referral form. If eligible, we will then invite you and your daughter to visit the center and meet someone from our team, who will hear more about what activities your daughter enjoys and your preferences for a mentor.



Who are the mentors?

Mentors are girls aged 18+ who volunteer. They receive support and supervision in this role.



What will my daughter do with her mentor at Sunrays?

The center is a really fun place! There are three activity rooms with lots of different great stuff to choose from, as well as a kitchen for baking.



When will sessions take place?

Your daughter will meet her mentor for an hour each week between 7 and 10pm, for one year. We will try our best to accommodate your preferred timing.



What age is Sunrays for?

The Sunrays program is for girls from Year 7 to Year 11, whereas the Sunbeams program is for girls from Year 3 to Year 6.



Is there a cost for my daughter to join?

We do not charge for our services. All costs are covered by grants and donations.



Is Sunrays confidential?

Sunrays is a confidential service, so the mentor will not tell anyone who she mentors. At the center, your daughter may meet other girls who are also part of the program.



Can my daughter come with a friend?

This is a one-to-one mentoring space and friends can't join along for sessions.

