

USA Employee Benefits

For employees enrolled in one of the voluntary benefits, provided through FCTG's benefits program, below is a summary of some of the additional perks and benefits that are included in your coverages.

United Healthcare (Medical)

- [Virtual Visits](#) – connect with a provider 24/7, copays from \$25
- [2nd MD](#) – access to doctors for a second opinion
- [Calm Health App](#) – to support mental wellbeing
- [Kaia Health App](#) – on demand, personalized support to help relieve pain
- [OnePass Select Fitness Membership](#) – access to discounted fitness membership
- [Maven Maternity](#) – pregnancy, postpartum and newborn support
- [Fertility Solutions](#) – helpful information, emotional support and experienced guidance

CVS Caremark (Medical Rx)

- [Caremark Cost Saver](#) – integrated GoodRx cost savings with plan on applicable medications

Cigna (Dental)

- [Smart Scan](#) – simple oral health screening you can do from home
- [Oral Health Integration Program](#) – solution for members with certain medical conditions

VSP (Vision)

- [Light Care](#) – use your frame/lens benefit for non-prescription sunglasses or blue light glasses

VOYA (Critical Illness & Hospital Indemnity)

- [Wellness Benefit](#) – annual payment for completing an annual screening

Health Advocate

- [EAP](#) – short term counselling, wellness resources & assistance with billing issues or finding care