

# Salty Church Host Kit

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## **Welcome, Host!**

Thank you for saying 'yes' to creating a space for people to be rescued and empowered as disciples of Jesus! Whether you're meeting in a living room, coffee shop, or on the beach—your role as a Host is powerful and essential.

## **What is a Host?**

A HOST is someone who:

- - Has a heart for people
- - Opens a space (home, beach, coffee shop)
- - Serves snacks and facilitates conversation
- - Turns to Jesus and invites others to follow

## **PURPOSE OF GROUPS**

At Salty Church, groups are more than Bible studies—they are Rescue Stations where people can experience belonging, healing, and transformation.

We're not just gathering for information, but for transformation. Groups help people:

- Connect relationally in a safe, judgment-free zone
- Grow spiritually through honest conversations and shared experiences
- Live missionally by inviting others to encounter Jesus

“We create space for people to be Rescued and Empowered as disciples of Jesus—right where they are.”

## **Launch Checklist**

- - Choose a time and place to meet
- - Invite 3–5 people personally
- - Download Salty Notes [www.salty.org/notes](http://www.salty.org/notes)
- - Text reminders before each meeting
- - Pray before each gathering

## SPACE

- Choose a clean, cozy, and distraction-free environment (home, beach, coffee shop, etc.)
- Have snacks and drinks ready—food builds comfort
- Set the tone with music, lighting, and seating arrangement (circle is best)

## HEART

- Pray for your group members by name before they arrive
- Ask God to give you eyes to see and ears to hear
- Show up as a *fellow learner*, not an expert

## AGENDA (Keep it simple)

1. Welcome and catch up
2. Icebreaker or life update
3. Topic discussion or Salty Notes discussion
4. Prayer
5. Remind people of the next meeting

## Conversation Tools

### 5 EASY ICEBREAKERS

These are perfect for creating connection and breaking awkward silence in a new or mixed group. Keep it light, fun, and inclusive.

- **High / Low**  
“What was the high and low of your week?”  
(Great weekly rhythm to keep people honest and connected.)
- **Conversation Starters:**
  - [The Bible is Funny Card Game](#)
  - *Story Cards - can pick these up from Salty*
- **If You Could...**  
“If you could live anywhere for a year, where would it be and why?”  
(Feel free to change the question based on season or topic.)

- **Beach Bag Game**

“If you had to pack a beach bag with only 3 things, what would you bring?”  
(*Bonus points for creativity or survival instinct.*)

- **This or That**

Ask a series of fun, fast-paced choices:

*Coffee or tea? Sunrise or sunset? Surf or fish? Mountains or beach?*

*(Keeps things moving and gets everyone to speak early on.)*

## **DISCOVERY BIBLE STUDY (DBS) FORMAT**

This simple method allows anyone—no matter their spiritual background—to engage with scripture in a meaningful, life-applying way. This is all done for you at [www.salty.org/notes](http://www.salty.org/notes)

**Use with any short passage (5–15 verses). Try one story from the Gospels.**

1. **Read the passage aloud.**

(Once or twice in different translations if possible.)

2. **Retell it in your own words.**

“Can someone retell the story in your own words?” (Others fill in details.)

3. **Ask these 3 questions:**

- **What does this say about God or Jesus?**
- **What does this say about people or us?**
- **What should I do in response?**

4. **Pray together**

Pray based on what stood out or what people want to apply.

Tip: The Host isn't a teacher—just a guide. Let the Spirit lead the group into truth.

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## ? “LESS TALKING, MORE ASKING” QUESTION GUIDE

Your role as Host is to **facilitate**, not dominate. Great Hosts ask great questions that invite others into reflection and participation.

### Here are a few universal go-to's:

- “Can you say more about that?”
- “What makes you think that?”
- “Has anyone else experienced something like that?”
- “How does this connect with your life right now?”
- “What do you feel like God might be saying to you through this?”

### Pro tip:

When someone asks *you* a question, don't answer it right away. Instead, try:

- “That's a great question—what do the rest of you think?”

Let the group *wrestle together* instead of always looking to the Host for answers.

“The goal isn't to get through content. The goal is to invite transformation.”

## HOW TO PRAY WITH YOUR GROUP

Prayer doesn't have to be intimidating or churchy. It just needs to be **real** and **honest**.

### Simple Ways to Pray Together:

- Ask each person to share one “High” and one “Hard” from their week
- Go around and have each person pray one sentence
- Try “popcorn prayers” (short, spontaneous one-liners)
- Use scripture as a prayer (e.g., Psalm 23)

**If someone isn't comfortable praying aloud—that's okay. Don't force it. Just invite.**

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## **HOW TO HANDLE CONFLICT, CRISIS, OR AWKWARD MOMENTS**

Things may get messy. That's real life. Here's how to stay grounded:

### **If someone dominates the conversation:**

"Thanks for sharing—let's hear what someone else thinks."

### **If someone shares something heavy:**

- Say: "Thank you for trusting us with that."
- Pray, listen, and follow up privately
- Reach out to your Coach or a pastor if deeper care is needed

### **If no one talks:**

- Use lighter, fun questions to build comfort
- Share your own story vulnerably—it builds trust

**Rule of thumb: Keep it real, keep it safe, and keep it centered on Jesus.**

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## **HOW TO MULTIPLY**

Multiplication is about **empowering others**, not just growing bigger.

### **Start with this mindset:**

- "I'm not just a Host—I'm a disciple-maker."

### **Identify an Apprentice:**

- Look for someone who's faithful, available, and teachable
- Let them co-host: lead a question, send reminders, plan a night
- Tell your Coach so they can support the process

## When they're ready:

- Affirm them publicly in the group
- Help them start their own group with 2–3 people
- Celebrate the launch and stay in touch

“Healthy groups don’t just grow. They go.”

## Development Pathway

1. Group Member – Participates and shares regularly..
2. Apprentice – Co-hosts and takes on responsibility.
3. Host – Creates space and facilitates group life.
4. Coach – Encourages and equips Hosts.



## Support & Encouragement

- text check-ins or coffee with your Coach
- Quarterly Host Huddles for training & stories