

# CHASING PEACE

Week Four

**Look Back:** What peace did you find in connecting with God by praying a short prayer every time you recharged your phone this week?

**Look Up:**

Read [John 14:1-4](#)

1. What does Jesus tell His disciples “not” to do in John 14:1? Why would Jesus start this way and what does this say about Him and about people?
2. What did Jesus tell the disciples to do instead when they were troubled and felt they were lost? How easy is it for you to apply this when life feels like a dead-end trail?

Read [John 14:5-7](#)

3. What was Thomas focused on when in his response to Jesus? What did Jesus tell him to focus on instead? Why? What helps you focus on and follow Jesus when your life feels like a tangled mess of distractions?

Read [Proverbs 3:5-6](#)

4. How is this passage similar to Jesus’ words in John 14? What additional direction and/or warnings are included in these verses?
5. Read Proverbs 3:6 in different translations. Based on this verse alone, what is required to find God’s direction and peace? How do you do this in your daily life?

Read [Psalm 139:23-24](#)

6. How are these verses different from the prior 2 passages? How can surrendering to God’s “inspection” and control of our lives lead to peace?

**Overall (Discovery Bible Study)**

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

**Look Ahead:**

Look to Jesus and pray, “Jesus show me the way,” as you put your shoes on this week.

**Notes**

*When life feels like a dead-end trail or a tangled mess of distractions, Jesus isn’t just a map—He’s the Way Himself, offering peace, purpose, and clarity. Real peace comes not from control or comfort, but from surrendering to the One who leads us home. True peace is found not in self-indulgence but in self-surrender. It’s about trading the illusion of control for the freedom of following Christ. Peace doesn’t come in the calm. It comes in the connection.*