

THE FIGHT

WEEK 5

Look Back: What steps did you take to develop an escape plan from something that has been tempting you lately? How did your fight change by starting every day fully submitted to God?

Look Up:

Read [Genesis 2:18-21](#)

1. What do these verses say about God's concern for the man He created? How does this apply to people today?
2. Why was there no "suitable" helper available for Adam? What was missing and how might this affect Adam's ability to fight temptation?

Read [Ecclesiastes 4:8-12](#)

3. What do these verses say are the results of our attempts to fight against temptation alone? Have you ever felt this way, and if so, where did you turn and what did you do?

Read [Ecclesiastes 4:9-12](#), [1 Peter 5:8](#) and [Hebrews 3:13](#)

4. What do these verses say is a better way to fight against temptation? Have you ever experienced this, and if so, what were the results?
5. What additional warnings about isolation are found in 1 Peter 5:8 and Hebrews 3:13? Why is it important to encourage each other "daily" in our fights with temptation?
6. What factors cause people to remain isolated from God and other followers of Jesus? What helps or hinders you from inviting someone else to join you in your fight?

Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

Look Ahead:

Who can you invite to be in your corner? Who needs you in their corner?

Notes

Fighting alone is how you lose battles you were meant to win. Isolation is the strategy of the enemy. God never intended us to fight alone. Instead, God has people lined up to be in your life to strengthen you, to encourage you, and to push you towards your purpose. When you fight in a community of believers, there will be battles that you won't even have to engage in because you're connected to a community of believers. Remember, we're strong by ourselves but together we're unstoppable.

