

**Look Back:**

What steps did you take to honor God in how you treated someone you have a challenging relationship with this week?

**Look Up:****Read Matthew 14:22-33**

1. Why were the disciples in the boat? What was Jesus doing, and what does this say about Jesus?
2. What was the initial reaction of the disciples to seeing Jesus? Were they more fearful of Jesus or the waves? Why and what does this say about people?
3. What is the first thing Jesus said to the disciples? What significance does this have for people today?
4. At what point did Peter start to fear? What was he focused on, and why was this significant?

**Read Matthew 8:23-27**

5. How is this situation similar to, or different from, what happened to the disciples in Matthew 14? How does this help you better understand Jesus and His relationship with people today?

**Read Matthew 7:24-29**

6. What does Jesus say that a “wise” person does? What does a “foolish” person do?
7. What are some practical ways a person can build a firm foundation of faith in Jesus?

**Overall (Discovery Bible Study)**

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

**Look Ahead:**

What is the foundation of your faith? What can you do to prepare yourself for the next storm by building a foundation on Jesus Christ?

**Notes**

*Jesus is not affected by the storms. When we are experiencing a storm, we need someone to help us navigate the storm. Left on our own, we tend to fight, flee, or freeze when we are fearful. Jesus offers each of us another option when we make Him the foundation of our faith. He promises to be with us in the storms, even if we don't see Him or understand His methods. Jesus may not calm every storm, but He does bring us peace in the storm. How much time you spend with Jesus equals your level of peace.*

