

Just Jesus

Week 10

Look Back:

How did you use your passions to connect others with Jesus this week?

Look Up:

Read [Matthew 6:24-27](#)

1. What is the first thing Jesus tells us not to worry about in verse 25? What specific examples does Jesus include, and why do you think Jesus focused on these specific “worries”?
2. How many different questions does Jesus ask in verses 25-27? What message do you think Jesus was trying to send by asking these questions, and how does this apply to you personally right now?

Read [Matthew 6:28-34](#)

3. What do verses 31-33 say about how people typically show their “worry” and how to overcome these worries? Have you ever personally applied the teaching in these verses?
4. What message do you think Jesus was trying to send by closing this section with verse 34? How easy is it for you to apply this, and where do you turn for help in overcoming worries?

Read [John 14:1-4](#)

5. What do verses say about God and Jesus? Which aspect, or “truth” from this passage is most meaningful to you right now and why?
6. How does this teaching from Jesus help you better understand the message He was trying to send in the verses from Matthew? What truths do the 2 passages have in common?

Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

Look Ahead:

In what way can you seek God, above all else, regarding the issue you worry about most?

Notes

Jesus challenges us to respond to the “worries” of this world differently. While it is common to be concerned with having enough and looking good enough, Jesus reminds us that this is a shallow and temporary focus. Jesus reminds us that there is good news in the fact that humanity has already been saved and our eternity is secure. He calls us to seek first the kingdom of God and His righteousness, surrendering to His will and trusting that our worries are in His capable hands.