

# NØT GUILTY

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Week 4

## Look Back:

What steps are you taking to grow in faith in order to bear more fruit?

## Look Up:

Read [Romans 7:15-25](#) (in a contemporary translation like *The Message*)

1. Describe what Paul is feeling and some of the reasons he gives for feeling this way. How easy is it for you to relate to what Paul felt?
2. What is typically easier for you personally - knowing what is the right thing to do or actually doing it? What helps you or holds you back?
3. What do these verses say about human desires and the power of “sin”? What gives “sin” so much power in our lives?
4. What does Paul say is the solution in verse 25? How does this compare with what the world typically says is the solution to knowing and doing things the right way?

Read [Romans 8:38-39](#) and [John 14:16-20](#)

5. What do these verses say about our relationship with God, Jesus, and the Holy Spirit?
6. How easy is it for you to understand and accept that God is always with you and in you through Jesus and the Holy Spirit? What difference does this make when you feel like you are doing the wrong thing, missing the mark, or “sinning”?

## Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

## Look Ahead:

How can you honor God by trusting that Jesus has made everything right in God’s eyes and allowing the Holy Spirit to fill your life and guide your choices and decisions?

## Notes

*Romans 7:24-25 Who will free me from this life that is dominated by sin and death? Thank God! The answer is in Jesus Christ our Lord.*

