

# NØT GUILTY

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Week 5

## Look Back:

How are you honoring God by allowing the Holy Spirit to guide your choices and decisions?

## Look Up:

### Read [Romans 8:1-4](#)

1. Why does Paul say that there is “now” no condemnation? What is he referring to specifically, and how did this set him free?
2. Paul says that this freedom is available to all who are “in” Christ. What does being “in” Christ mean to you personally?

### Read [Romans 8:5-8](#)

3. What does Paul say are the key differences between living according to the sinful nature and living in accordance with the Spirit? What words does he repeat, and why is his use of these specific words significant?
4. What does it mean to be “controlled by the sinful nature”? What are the consequences?

### Read [Romans 8:9-11](#)

5. What does it mean to be “controlled by the Spirit”? To what extent have you allowed God’s spirit of truth to guide your mind and choices? What keeps from giving the spirit control?
6. Paul changes his focus from being “in Christ” to “Christ in you” in verse 10. What does he say are the implications of Christ being “in us”?

## Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

## Look Ahead:

How will you let Christ “in” your life and allow the Spirit of truth access to your mind?

## Notes

*Romans 8:1-2 Therefore, there is now no condemnation for those who are in Christ Jesus because, through Christ Jesus, the law of the Spirit of life set me free from the law of sin and death.*

