



Week 1

Look Back:

How did you show your faith in God this week by trusting Him instead of trying to fix Him, or by loving people instead of trying to fix people?

Look Up:

Read [1 Samuel 17:32-37](#)

1. What reasons does Saul give for thinking David could not face Goliath? What do you think Saul was focusing on and why?
2. What reasons does David give to support his going into battle with Goliath? What do you think David was focusing on and why?
3. How do your past experiences facing difficulties shape your view of what is possible today?

Read [1 Samuel 17:45-50](#)

4. Why was David so confident that he would be victorious? What can people today learn from David's confidence and experience?
5. Based on 1 Samuel 17:46, what do you think David hoped would be accomplished by his defeat of Goliath? To what extent do you think this was accomplished?

Read [Ephesians 6:10-18](#)

6. How are these verses similar or different from the story of David and Goliath?
7. How easy is it for you to believe that there is a struggle between "spiritual" forces of good and evil? How might accepting this change the way you fight your battles?
8. What does the author say is the goal and purpose of putting on spiritual "armor of God?" How easy is it for you to stand firm and let God fight the battle for you?

Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

Look Ahead:

What "giants" are in your life? What will you do differently in the battle when facing your giants?

Notes

Trying to defeat and completely overcome the evil that surrounds us is a task that only God can handle. Like David, we may experience victories along the way, but there will always be another "giant" to be faced. David's experience reminds us that ultimately the victory belongs to the Lord, and that with His strength, we can stand firm against the visible and invisible forces that attack us.

