

**Look Back:**

What steps have you taken to surrender “rocks” that you have been pushing uphill to Jesus?

**Look Up:**

Read [John 1:1-4](#) and [John 1:14](#)

1. Why do you think that John starts his gospel with “In the beginning”?
2. How many things does John tell us about the “Word”? Why do you think he refers to the “Word” as “he” and “him?”
3. What do you think John means when he says “the Word became flesh?” Why is this significant to people today?
4. What aspects of these passages are hard for you to understand and accept? Why?

Read [Hebrews 12:1-2](#)

5. What do you think the author of Hebrews talks about “running the race God sets before us?” Do you find this imagery to be encouraging or discouraging? Why?
6. What specific things does the author say people are to do as they “run the race” of life? Which of these is most challenging for you personally? Why?
7. What does it mean to “fix our eyes” on Jesus? What are some of the ways to do this?
8. Why do you think the author says that Jesus is “the author and perfecter of our faith?” How does this impact the way you view God and the way God views you?

**Overall (Discovery Bible Study)**

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

**Look Ahead:**

In what way do you need to reorder your life to allow Jesus to strengthen your foundation?

**Notes**

People who are considering, or have committed to, following Jesus should look to the Bible as a tool to guide our faith and to help us learn about God. It describes God’s story, plan and purpose, but does not contain God - God is bigger than the Bible. When we believe it’s just a book, all someone has to do is come along and pull away some of the foundational pieces, and suddenly the whole thing comes tumbling down. The Bible is a critical part of our faith, but is not the best starting point to our faith. As the author and perfecter of our faith, Jesus needs to be the foundation and starting point of our faith.