

**Look Back:**

How successful were you in replacing a lie in your life with God's truth and making that lie obedient to Christ?

**Look Up:**

Read [Philippians 4:4-9](#)

1. What do these verses say are the things we should be thinking about? How easy is it for you to do this and what things make it difficult?
2. What does the author say are some of the reasons that we should focus our thinking on these things? What are some of the results that we can expect?
3. What do you think the author means when he refers to the "peace of God" and the "God of peace"? What does he say is needed to experience these things?

Read [2 Corinthians 10:3-5](#) and [John 14:26-29](#)

4. In what ways does the passage from John 14 help you better understand the "weapons" mentioned in 2 Corinthians? Which parts are still difficult for you to understand and accept?
5. What thoughts or ideas do these verses have in common with the passage from Philippians 4? Which of these is most significant or valuable to you personally?
6. What do these verses say about how God thinks about us? What do they say about what we should be thinking about? What is needed to change the way we think about God and ourselves?

**Overall (Discovery Bible Study)**

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

**Look Ahead:**

Ask God to help you better understand what He is thinking about you right now and how you can focus your thoughts on what is true and good and right.

**Group Leader Notes**

People today are surrounded by "influencers" who attempt to control what we think about. As a leader, you will be challenged to help those in your group respond to this and empower them to better understand and apply the "mighty weapons" that are available to them through God's truth. Focus on encouraging your group members to consistently focus their thoughts on what is true and good and right. Do not try to change "what" they think, but challenge them to reflect on "how" they think about God and how He thinks about us.