

Look Back:

- What have you learned about what you treasure and how this drives you?

Look Up:

Read : Matthew 6:24-34

- What specific things does Jesus say that we are NOT to worry about? Why do you think he mentioned these things?
- How does Jesus' list of "worries" compare to the things that people worry about today? Why do you think today's list is different and what does this say about the desires of our heart?
- How easy is it for you to accept and apply Jesus' teaching to "do not worry" in your life? What makes it easy or challenging for you personally?
- What is the relationship between worry and faith? What do you think people are trying to accomplish through worry? How have you been able to overcome worry through faith?

Read : Matthew 6:24-34 aloud in a different translation.

- What additional perspective do you gain by reading verses 24 & 25 together?
- What does verse 33 mean to you personally? How has this verse impacted your life in the past? Which words are most meaningful to you right now and why?
- How should people today respond to Jesus' teaching to "seek first the kingdom of God"? What change does this require of you personally?

Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

Look Ahead:

In what ways do you struggle most to "seek first the kingdom of God"?

What will you do to exercise your faith in that area of your life?

Group Leader Note

Guide members to discover truths and application from these verses on their own. If they struggle or get stuck, use the following to create tension and generate discussion.

1. Worry is atheism - do you agree or disagree?
2. God is motivated by faith, not by need. Why?
3. Wealth does not eliminate worry, worship does. - How?
4. Faith requires action - what does this look like?
5. Provision does not eliminate suffering. Why not?