

Connect:

- In a year from now, What is one thing you want to say about 2021?
- What ways best help you RESET from stress or feeling worn down?

Look Up:

Read : Psalm 23

- What is David comparing us to? Where do you see the parallels in our lives?
- What does it look like for our soul to be weary or tired? How does that play out in our daily lives?
- What does it mean for us to be restored? According to Psalm 23, who is responsible for that?
- What does being restored really feel like? How does it impact your life?

Read : Psalm 23

- Over the last year, what has been your “ valley of the shadow of death”? (Place of struggle)
- According to v4 where does our ultimate comfort come from? What were those tools typically used for in shepherding? How then does that work in our lives
- How many action items attributed to God in 6 verses? What are they? Why do they matter today?

Overall (Discovery Bible Study)

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

Look Ahead:

- When was the last time you have taken time to just be with God? No agenda, no structure, just time with the Father to breathe. This week set aside an allotted time, to just be with God. No distractions, no agenda, just you and God in a place that you can be comfortable and focus on His presence. Next week well look at how it went.

Prayer Points

- Praying for your ONE, ONE person in your life who doesn't know Jesus
- Pray for our NSB Campus, their leaders as we get ready for a new groups season
- Pray for the movement that is Salty Church and its leadership

Leader Notes

2021 here we go! Hey Leaders we are praying for this upcoming season and excited to see all the ways God is moving. This series is going to be quite impactful for many since we all have experienced some weariness. This will be a great opportunity to really model for your group what it means to RESET. As a Leader, you can only give out of your own tank so that means you really need to make sure and RESET yourself and fill up. This week encourage your group to just take time to be with God. As it says in Psalm 23 HE restores my soul. When we come to Him we experience restoration. However that may be hard for many to do, since our schedules are so full and there is so much on our minds. Point is , lets just try to really be this week, spend time with the Father, and fix our minds on restoring.

Leadership tip

GroupConnect is coming! We need leaders across all campuses. So If you are ready to raise up a leader to take over your current group, its a great time to multiply and launch a new group. If this isnt the season, prayerfully consider adding to your current group. Adding new people, injects life and energy into a group. We will have tons of people looking to get connected in this season.