

**Look Back:**

- What was the result of your persistent praying to give God permission to influence every emotion and every thought?

**Look Up:****Read : John 12:23-33**

- Try to put verse 23 in your own words. Where and what destination or goal do you think Jesus was being guided to?
- What do verses 24-26 tell us about how Jesus expected to reach this destination? How does this apply to people today?
- Do you think that Jesus was really “troubled” by his situation? How did he respond to feeling this way?
- Why do you think people heard a voice from heaven in this situation? What was the purpose and message of the voice?

**Read : Matthew 26:36-47 and Proverbs 3:5-6**

- Why did Jesus go to the garden? What do you think He was sorrowful and troubled about, and how does this connect to the John passage?
- What did Jesus pray for? How does His 2nd prayer differ from the 1st and what does this teach us about Jesus?
- Read verses 45-47. Do you think Jesus got clear guidance from God after praying the 3rd time? Why or why not?
- What does God promise in Proverbs 3:5-6? Why is accepting this guidance challenging for people? What part of these verses challenges you the most?

**Overall (Discovery Bible Study)**

- What do these scriptures say about God?
- What do they say about people?
- How will I apply this to my life?

**Look Ahead:**

This week pray Proverbs 3:5-6 persistently as you focus on being guided by the Holy Spirit. Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight

**Notes**

Jesus' example in these verses gives us a picture of what it looks like to apply Proverbs 3:5-6 and the challenges of hearing God's direction clearly and correctly. Sometimes there will be clear direction and other times we will have to keep asking for clarification. The key is to be persistent and keep our focus on God.