

BDET

Balloon dilation of the Eustachian tube · source guide

AAO-HNSF

EXPERT CONSENSUS STATEMENT · 2019

Clinical Consensus Statement: Balloon Dilation of the Eustachian Tube

Consensus on patient selection, perioperative considerations and outcomes.

[Open original source →](#)

European and Nordic publications

INTERNATIONAL DIAGNOSTIC CONSENSUS · 2015

Eustachian Tube Dysfunction: Definition, Types, Clinical Presentation and Diagnosis

Terminology and diagnostic classification; not a BDET procedure guideline.

[Open original source →](#)

NORDIC CONSENSUS REPORT · 2019

The Status of Eustachian Tube Balloon Dilations in Nordic Countries

Regional discussion of diagnosis, selection and follow-up.

[Open original source →](#)

FINNISH SOCIETY PROPOSALS AND REVIEW · 2018

Balloon Eustachian Tuboplasty: Long-term Outcomes and Proposed Indications

Review with proposed indications from the Finnish Otosurgical Society.

[Open original source →](#)

United Kingdom · separate jurisdiction

NICE HEALTHTECH GUIDANCE · 2019

Balloon Dilation for Chronic Eustachian Tube Dysfunction (HTG534)

UK guidance on the interventional procedure; formerly IPG665.

[Open original source →](#)

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