

Breakfast

The Tidewater Continental

Freshly Baked Assorted Muffins, Danish and Breakfast Pastries
Sliced Fresh Fruit and Berry Platter **OR** Sliced Fresh Fruit and Berry Salad
Freshly Brewed Gourmet Regular Coffee
with Assorted Teas, Cream and Sugars
(Decaf available upon request)

A Healthy Start

Freshly Baked Assorted Muffins, Danish and Breakfast Pastries
Sliced Fresh Fruit and Berry Platter **OR** Sliced Fresh Fruit and Berry Salad
Low Fat Vanilla Yogurt **OR** Assorted Individual Yogurts
Tidewater's Own Granola Mix
Freshly Brewed Gourmet Regular Coffee
with Assorted Teas, Cream and Sugars
(Decaf available upon request)

Sunrise Breakfast Buffet (Minimum 25 guests)

Freshly Baked Assorted Muffins, Danish and Breakfast Pastries
Sliced Fresh Fruit and Berry Platter **OR** Sliced Fresh Fruit and Berry Salad
Farm Fresh Scrambled Eggs
Crispy Bacon **OR** Sausage Links
Skillet Breakfast Potatoes
Freshly Brewed Gourmet Regular Coffee
with Assorted Teas, Cream and Sugars
(Decaf available upon request)

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High Tide Breakfast Buffet (min. 25)

Freshly Baked Assorted Muffins, Danish and Breakfast Pastries
Sliced Fresh Fruit and Berry Platter **OR** Sliced Fresh Fruit and Berry Salad
Low-Fat Vanilla Yogurt **OR** Assorted Individual Yogurts
Tidewater's Own Granola Mix
Crispy Bacon **OR** Sausage Links
Freshly Brewed Gourmet Regular Coffee
with Assorted Teas, Cream and Sugars
(Decaf available upon request)

Mix and Match Add-Ons

Prices listed below are per person.

Individual Greek Yogurt
Plant Based options available

Sliced Fresh Fruit and Berry Platter OR Fruit Salad

Seasonal Hand Fruit (*typically Bananas, Apples, Oranges, Pears and/or Grape Bundles*)

Assorted Bagels with Cream Cheese, Butter, Jelly,
and Peanut Butter (*Toaster provided*)

Bagel Sandwiches (*Sausage, Egg and Cheese or Bacon, Egg and Cheese*) on choice of Bagel, English Muffin or Wrap

Mini Egg Souffles (*Veggie or Meat Lovers*)

Fluffy Buttermilk Waffles with choice of 2 Toppings
(*berries, whipped cream, Maple Syrup, Chocolate sauce*)

Cinnamon French Toast with Maple Syrup

Crepes with NH Maple Syrup (*Ask about toppings and accoutrements*)

Baked Beans

Gourmet Coffee or Tea Refresh

Assorted Bottled Juices *Apple, Orange and Cranberry*
(*Billed on Consumption*)

Bottled Waters (*Billed on Consumption*)

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