



The Tidewater Continental

Freshly Baked Assorted Pastries
Sliced Fresh Fruit and Berry Platter **OR** Fresh Fruit and Berry Salad
Freshly Brewed Gourmet Regular Coffee with Assorted Teas, Cream and Sugars
(Decaf available upon request)

A Healthy Start

Freshly Baked Assorted Pastries
Sliced Fresh Fruit and Berry Platter **OR** Fresh Fruit and Berry Salad
Individual Low-Fat Yogurt, Granola, and Berry Parfaits **OR** Assorted Individual Yogurts (plant based available on request)
Tidewater's Own Granola Mix
Freshly Brewed Gourmet Regular Coffee with Assorted Teas, Cream, and Sugars
(Decaf available upon request)

Sunrise Breakfast Buffet (Minimum 25 guests)

Freshly Baked Assorted Pastries
Sliced Fresh Fruit and Berry Platter **OR** Fresh Fruit and Berry Salad
Scrambled Eggs
Crispy Bacon **OR** Sausage Links
Homestyle Breakfast Potatoes
Freshly Brewed Gourmet Regular Coffee with Assorted Teas, Cream, and Sugars
(Decaf available upon request)



High Tide Breakfast Buffet (min. 25)

Freshly Baked Assorted Pastries
Sliced Fresh Fruit and Berry Platter **OR** Fresh Fruit and Berry Salad
Individual Low-Fat Yogurt, Granola, and Berry Parfaits **OR** Assorted Individual Yogurts (plant based available on request)
Tidewater's Own Granola Mix
Scrambled Eggs
Crispy Bacon OR Sausage Links
Homestyle Breakfast Potatoes
Freshly Brewed Gourmet Regular Coffee with Assorted Teas, Cream, and Sugars
(Decaf available upon request)

Mix and Match Add-Ons

Individual Greek Yogurt
Plant-Based Options Available: Additional \$.50 each
Sliced Fresh Fruit and Berry Platter **OR** Fresh Fruit and Berry Salad
Seasonal Hand Fruit
Typically Bananas, Apples, Oranges, Pears, and/or Grape Bundles
Assorted Bagels with Cream Cheese
Butter, Jelly, or Peanut Butter Available upon Request, Priced Accordingly
Breakfast Sandwiches (on Bagel, English Muffin, or Wrap)
Sausage, Egg, and Cheese or Bacon, Egg, and Cheese
Frittata
Choose from Spinach and Tomato; Broccoli and Cheddar; or Savory Ham, Pepper, and Onions
Petite Belgian Waffles
With Choice of 2 Toppings, Berries, Whipped Cream, Maple Syrup,
Chocolate Chips Sauce (Additional Toppings \$1.00 each)
Cinnamon French Toast
With Maple Syrup
Crepes
With Choice of 2 Toppings, Berries, Whipped Cream, Maple Syrup,
Chocolate Chips Sauce (Additional Toppings \$1.00 each)
Baked Beans
Corned Beef Hash
Gourmet Coffee or Tea Refresh
NOBL Pressed Juices – Assorted
Assorted Bottled Juices
Apple, Orange, and Cranberry (Billed on Consumption)
Bottled Waters
(Billed on Consumption)