



**Festival de Lanaudière 2026**

**Menu**

**Week 1**

**Regular Box**

**Italian-style orecchiette**

Pancetta, broccoli, cherry tomatoes, smoked tomato vinaigrette

**Cajun chicken wrap**

Sharp cheddar, frisée, bacon

**Fruit**

**Meal Salad**

**Italian-style orecchiette**

Grilled chicken, pancetta, broccoli, cherry tomatoes, smoked tomato vinaigrette

**Vegetarian Box**

**Italian-style orecchiette**

Broccoli, cherry tomatoes, smoked tomato vinaigrette

**Grilled vegetable wrap**

Halloumi, hummus



## **Week 2**

### **Regular Box**

#### **Lentil salad**

Dill, lemon, bell pepper, green onion, old-fashioned mustard vinaigrette

#### **Maple pork baguette**

Crunchy cabbage, cheese

#### **Fruit**

### **Meal Salad**

#### **Lentil salad**

Salmon, dill, lemon, bell pepper, green onion, old-fashioned mustard vinaigrette

### **Vegetarian Box**

#### **Lentil salad**

Dill, lemon, bell pepper, green onion, old-fashioned mustard vinaigrette

#### **Fruit**



## **Week 3**

### **Regular Box**

#### **Chickpea and couscous salad**

Feta, fresh herbs, cucumber, cherry tomatoes

#### **Chicken Caesar wrap**

Bacon, romaine, Parmesan shavings

#### **Fruit**

### **Meal Salad**

#### **Chickpea and couscous salad**

Grilled chicken, feta, fresh herbs, cucumber, cherry tomatoes

### **Vegetarian Box**

#### **Chickpea and couscous salad**

Feta, fresh herbs, cucumber, cherry tomatoes

#### **Vegetarian sandwich**

Hummus spread, marinated vegetables



## **Week 4**

### **Regular Box**

#### **Farfalle with pesto**

Tomatoes, arugula, fresh basil and Parmesan

#### **Roast pork sandwich**

Lettuce, roasted garlic mayo, mustard, Swiss cheese, crispy onions

#### **Fruit**

### **Meal Salad**

#### **Farfalle with pesto**

Grilled chicken, tomatoes, arugula, fresh basil and Parmesan

### **Vegetarian Box**

#### **Grilled vegetable wrap**

Halloumi, hummus

#### **Farfalle with pesto**

Tomatoes, arugula, fresh basil and Parmesan

#### **Fruit**



## **Week 5**

### **Regular Box**

#### **Quinoa salad**

Roasted cauliflower, almonds, green onion, feta

#### **Grilled vegetable wrap**

Halloumi, chorizo, hummus

#### **Fruit**

### **Meal Salad**

#### **Quinoa salad**

Salmon, roasted cauliflower, almonds, green onion, feta

### **Vegetarian Box**

#### **Grilled vegetable wrap**

Halloumi, hummus

#### **Quinoa salad**

Roasted cauliflower, almonds, green onion, feta

#### **Fruit**