

## PERSONAL INFORMATION

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**[Your First Name] [Your Last Name]**

**Address** [Your Full Street Address, City, Zip Code, Country]  
**Phone** (+XX) 123 456 7890  
**Email** [your.email@example.com]  
**Date of Birth** [DD/MM/YYYY]  
**Nationality** [Your Nationality]

**TARGET PROGRAM** Doctor of Medicine (MD) / Bachelor of Medicine (MBBS)

## EDUCATION AND TRAINING

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**08/2022 – 05/2026** **High School Diploma (Science / Pre-Medical Stream)**  
*[Name of Your High School], [City, Country]*

- **Core Subjects:** Biology (Grade: A\*), Chemistry (Grade: A\*), Physics (Grade: A), Mathematics (Grade: A).
- **Key Achievements:** Awarded 1st place in the Regional Science Fair for a project on "Antibiotic Resistance in Local Water Sources."
- **Relevant Coursework:** Advanced Human Anatomy, Organic Chemistry basics, Laboratory Safety Procedures.

**06/2024 – 07/2024** **Basic Life Support (BLS) & CPR Certification**  
*[Name of Issuing Organization, e.g., Red Cross Society], [City]*

- Certified in adult, child, and infant CPR, use of Automated External Defibrillators (AED), and emergency first-aid response.

## WORK AND VOLUNTEER EXPERIENCE

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**09/2024 – Present** **Clinical Shadowing Student / Hospital Volunteer**  
*[Name of Hospital or Clinic], [City, Country]*

- Shadowed Dr. [Name], Senior Consultant in Internal Medicine, for 10 hours per week over 6 months.
- Observed patient consultations, ward rounds, and basic diagnostic procedures, gaining insight into clinical workflows and bedside manner.
- Assisted nursing staff with non-medical patient care, including transporting patients and organizing patient intake files.

01/2023 – 08/2024

### Community Health Volunteer

*[Name of NGO, e.g., Global Health Initiative], [City, Country]*

- Organized and facilitated 5 local blood donation drives, successfully registering over 200 donors.
- Distributed public health informational pamphlets regarding hygiene and vaccination awareness in underserved neighborhoods.

## PERSONAL SKILLS

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### Mother Tongue(s)

[Your Native Language]

### Other Language(s)

**English** – Proficient (C1 Level)

*IELTS Academic: Overall Band 7.5 (Reading 8.0, Listening 7.5, Speaking 7.0, Writing 7.0)*

### Communication skills

- Excellent active listening and empathetic communication skills developed through interacting with anxious patients during hospital volunteering.
- Strong ability to explain complex scientific concepts clearly, honed while presenting research at high school science fairs.

### Organizational skills

- Strong time-management skills demonstrated by balancing rigorous pre-medical academic coursework with 15+ hours of weekly clinical volunteering.
- Experience in event organization (coordinated community blood drives).

## DIGITAL SKILLS

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### Self-Assessment

- Proficient in Microsoft Office Suite (Word, Excel, PowerPoint).
- Basic understanding of statistical data analysis tools (e.g., SPSS) used during science fair research.
- Familiarity with digital privacy ethics regarding sensitive patient data (HIPAA/GDPR basics learned during shadowing).