

arribãs

BAR

IVA INCLUIDO - VAT INCLUDED

**PEQUENO-ALMOÇO**  
BREAKFAST

Servido das 8h00 às 11h00  
From 8h00 to 11h00

<b>TORRADA SALOIA</b> <i>Toast</i>	€3.00
<b>TOSTA MISTA</b> <i>Ham &amp; cheese toast</i>	€7.50
<b>PANQUECAS COM DOCE (2 UNIDADES)</b> <i>Pancakes with homemade sauce (2 units)</i>	€6.00
<b>CROISSANT MISTO</b> <i>Ham &amp; cheese croissant</i>	€3.50

**BEBIDAS**  
DRINKS

<b>SUMOS NATURAIS - NATURAL JUICES</b>	
LARANJA - ORANGE	€4.00
ABACAXI - PINNEAPPLE	€4.00
SUMO DO DIA - JUICE OF THE DAY	€4.00
<b>BEBIDAS QUENTES - HOT DRINKS</b>	
AMERICANO - AMERICAN COFFEE	€4.00
CAPPUCINO	€4.50
LATTE	€4.50
CHOCOLATE QUENTE - HOT CHOCOLATE	€5.50
CHÁ - TEA	€4.00

Pequeno-Almoço Buffet Hotel  
Hotel Buffet Breakfast

€20.00

Servido das 11h30 às 21h30  
From 11h30 to 21h30

**PETISCOS**  
APPETIZERS

<b>COUVERT</b> <i>Degustação Pão, Manteiga e Azeite - por pessoa</i> <i>Selection of bread, butter and olive oil - per person</i>	€2.50
<b>ASAS DE FRANGO COM BBQ</b> <i>Chicken wings with BBQ sauce</i>	€6.00
<b>BOLINHAS DE ALHEIRA</b> <i>Portuguese poultry sausage ball</i>	€7.50
<b>CAMARÃO PANADO COM PANKO E MOLHO TROPICAL</b> <i>Breaded shrimp with panko and tropical sauce</i>	€8.50

**SOPAS**  
SOUPS

<b>SOPA DO DIA</b> <i>Soup of the day</i>	€3.50
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**SALADAS**  
SALADS

<b>CAESAR SIMPLES</b> <i>Folhas de romana, molho César, lascas de parmesão, croutons, filetes de anchovas brancas</i> <i>Romaine leaves, Caesar dressing, parmesan shavings, croutons, white anchovy fillets</i>	€13.50
Adicione uma proteína <i>Frango / Chicken</i>	€14.50
Add a protein <i>Camarão / Shrimp</i>	€16.50

**GARFO E FACÇA**  
FORK AND KNIFE

<b>BITOQUE DE ATUM</b> <i>Bife de atum com molho de vinho branco, alho e louro. Com batata frita e salada mista</i> <i>Grilled tuna steak with white wine, garlic, and bay leaf sauce, served with fries and mixed salad</i>	€15.00
<b>VAZIA COM MANTEIGA DE ERVAS</b> <i>vazia grelhada no jospier, manteiga de ervas. Com batata frita às rodelas e salada mista</i> <i>Grilled sirloin on the Jospier, with herb butter, served with sliced fries and mixed salad</i>	€17.00

## CRIE A SUA POKE / BUILD YOUR POKE

## A base / The base

*Feijão edamame, abacate, manga, tomate cherry, wakame, pickle de gengibre, pepino e molho de ponzo*  
*Edamame beans, avocado, mango, cherry tomato, wakame, pickled ginger, cucumber, and ponzu sauce*

## 1 - Escolha o arroz / Choose the rice

*Arroz sushi / Sushi Rice*

*Arroz negro / black rice*

## 2 - Escolha a proteína / Choose the protein

*Atum / Tuna*

€15.00

*Salmão / Salmon*

€15.00

*Tofu panado / Breaded tofu*

€14.50

*Frango teryaki / Teryaki chicken*

€15.00

## TOSTA MISTA

€8.50

*Pão saloio, fiambre, queijo limiano, manteiga*  
*Rustic Bread, Ham, Limiano Cheese, Butter*

## TOSTA DE ATUM

€9.50

*Pão saloio, atum de conserva, queijo limiano, maionese, ovo cozido e cebola caramelizada*  
*Rustic bread, canned tuna, Limiano cheese, mayonnaise, boiled egg, and caramelized onion*

## PREGO ARRIBAS

€13.50

*Bife do lombo grelhado, pão tradicional, mostarda antiga e alho. Servido com batata fritas*  
*Grilled sirloin steak, traditional bread, wholegrain mustard, and garlic. Served with French fries.*

## WRAP DE FRANGO

€15.00

*Peito de frango panado, alface, rodela de tomate, maionese de alho e ervas e batata frita*  
*Breaded chicken breast, lettuce, tomato slice, garlic and herb mayo, and French fries.*

## SANDES ABERTA SALMÃO FUMADO

€14.00

*Pão, abacate esmagado, lascas de salmão fumado, rúcula e sementes de sésamo*  
*Bread, smashed avocado, slices of smoked salmon, arugula, and sesame seeds*

## HAMBURGUERS

Servidos com batata frita  
Served with fries

### HAMBURGUER CLÁSSICO

Brioche, novilho, cheddar, bacon, maionese de alho assado, alface, tomate, cebola caramelizada  
Brioche bun, beef, cheddar, bacon, roasted garlic mayonnaise, lettuce, tomato, caramelized onion

€16.00

### HAMBURGUER VEGETARIANO

Tofu panado, pão brioche, tomate, alface romana com maionese de sirach, cebola caramelizada  
Panko-crusted tofu, brioche bun, tomato, romaine lettuce with sriracha mayo, caramelized onion

€14.00

Porque uma dose nunca é suficiente - Because one serving is never enough

BATATA FRITA - FRENCH FRIES

€6.00

SALADA - CHEF'S SALAD

€6.00

## PINSA ROMANA ROMAIN PINSAs

Massa com menos glúten e gordura graças à fermentação lenta e farinhas mistas  
Dough with less gluten and fat, thanks to slow fermentation and mixed flours

### MARGARITHA

Molho de tomate, queijo mozzarella e tomates cherry  
Tomato sauce, mozzarella cheese and cherry tomatoes

€14.00

### PEPPERONI

Molho de tomate e queijo mozzarella, chouriço picante, azeitonas, cebola roxa, oregãos  
Tomato sauce and mozzarella cheese, spicy chorizo, olives, red onion, oregano

€15.00

### VEGETARIANA

Molho de tomate e queijo mozzarella com legumes da nossa horta  
Tomato sauce and mozzarella cheese with vegetables from our farm

€14.00

## SOBREMESAS DESSERTS

### MOUSSE DE CHOCOLATE

Chocolate mousse

€6.50

### BOLO DE BOLACHA

Biscuit cake

€6.50

### ABACAXI COM LIMA

Pineapple with lime

€6.50