



PE Intent, Implementation and Impact

Intent

It is our intention when teaching an Inclusive Physical Education curriculum that we both engage and inspire young people to lead healthy and active lifestyles and broaden their experience of sport and fitness activities. Our intention is to give children the opportunities to develop their skills, knowledge and understanding and apply these in competitive situations, with the vision this provides them with lifelong learning skills. We strive to ensure that all our pupils receive a well-rounded learning experience when participating in different sporting activities, learning the importance of health and wellbeing and equipping them with the necessary values and tools to achieve at St Cuthbert's and beyond. It is our intention to engage pupils in the possibilities of sport to develop a passion for being active, healthy and the confidence to try new things and build resilience and determination with all they do.

Implementation

At St Cuthbert's, the curriculum (GETSET4PE) has recently been adapted to allow for flexibility within the curriculum for teachers to adapt subsequent teaching to respond to pupils' misconceptions or emerging gaps in pupils. We are prioritising high quality teaching whilst still trying to offer a broad and balanced curriculum.

In EYFS, We recognise the importance of physical development. There are two strands under Physical Development: Moving and Handling and Health and Self-care. Children in the EYFS access time and space to enjoy energetic play daily in the outdoor learning area. The children also access specific physical development through a timetabled PE lesson in Reception (in preparation for Year 1) which give the children the opportunity to learn and practise fundamental movement skills.

In KS1 and KS2 we provide opportunities for pupils to develop fundamental movement skills, becoming increasingly competent and confident. Over the course of the year this covers the fundamentals and fitness, Gymnastics/dance, Athletics, invasion games ball skills, strike and field, net and wall games and Outdoor Adventurous Activities. The curriculum has been aligned to promote competition with intra-competitions taking place at the end of each unit. Furthermore, we engage in inter competitions aligned with the school games mark.

At St Cuthbert's, we offer a range of after school clubs to ensure children are active and that they are given opportunities to learn new skills or to develop further. These include Football team (mixed and girls only), Zumba, Netball team, Multi-sports (different sport each week, tennis, archery, handball etc).

Enrichment activities

Our PE Curriculum is enhanced in a variety of ways including: PE experience days (2024/25), healthy active lifestyle competitions, netball competition, daily mile and bikeability.

Impact

We strive to ensure that our pupil's attainment is in line or exceeds their potential when we consider the varied starting points of all our children. Through our progressive skill-based curriculum we are measuring the children's ability, striving for them to meet their age-related expectations for their year group. We intend the impact of our PE curriculum will ensure children will leave St Cuthbert's prepared for the next step in their physical education and life beyond primary school.

