

St Cuthbert's Catholic Primary School
Physical Education Overview 2025-2026



	TERM 1		TERM 2		TERM 3	
Reception		Introduction to PE : Unit 2	Fundamentals : Unit 2	Gymnastics : Unit 2	Dance : Unit 2	Ball Skills : Unit 2
Year 1	Fundamentals	Sending and Receiving	Dance	Gymnastics	Net and Wall Games	Athletics
Year 2	Fundamentals	Sending and Receiving	Gymnastics	Dance	Striking and Fielding Games	Athletics
Year 3	Fundamentals Y3/4	Basketball Hockey	Gymnastics	Dance	OAA Athletics	Golf
Year 4	Swimming Fundamentals Y3/4	Swimming Hockey	Swimming Dance	Swimming Gymnastics	Rounders Athletics	Tennis
Year 5	Fitness	Basketball Netball	Gymnastics	Dance	OAA Athletics	Golf
Year 6	Fitness	Hockey Netball	Gymnastics	Dance	Rounders Athletics	Tennis