



Expose and Bond Instructions

Expose and bond is a common method of guiding an impacted tooth into its proper position and is a team effort between us and your orthodontist. The management of impacted teeth is usually highly successful. However, it is important to have proper surveillance and post-operative care in order to ensure complications are not encountered.

The chain that was attached to your impacted tooth will usually be fixated to your orthodontic brackets and wire with a silk suture or light wire. It should not be played with or touched outside of hygiene. Generally, an appointment with your orthodontist should be arranged to within the next 2 weeks to secure and activate the chain. Let us know if your chain becomes loose or you have any concerns prior to seeing your orthodontist.

Post-operative care is very important. Unnecessary pain and the complications of infection and swelling can be minimized if the instructions are followed carefully. Common sense will often dictate what you should do.

Each case will differ, no two cases are alike. Do not accept well-intended advice from friends. If you have any questions or concerns, please discuss them with our office. We are here to support and help you throughout your recovery.

**THE ABOVE INSTRUCTIONS ARE PROCEDURE SPECIFIC AND ACCOMPANY THE GENERAL
POST-OPERATIVE INSTRUCTIONS**