



**PONYTAILS**



**& PEPTALKS**

Ponytails and Peptalks podcast is where Beauty meets Real life! Created by Hairstylist and Podcast host ReJearnia Bollier. From over three decades behind the Salon chair to the microphone her mission has been the same-Be a safe place for women to be truly heard through honest conversation, real encouragement and reminding women, they are not alone and their stories matter.



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