

# Product specification

## Qura Creatine Powder



Page 1 / 4  
Date updated 10-03-2026  
Date printed 10-03-2026  
Contact sales@quracreatine.com

### Product characteristics

<b>Commercial name</b>	Qura Creatine Powder
<b>Functional name</b>	Creatine Monohydrate 200 mesh

### Product description

The foregoing is an exact transcription of the product specifications received from our supplier, and it is valid without signature. Qura Creatine B.V. supports its customers by reviewing product labels and artworks for alignment with applicable EFSA claims and providing non-binding feedback. Notwithstanding this support, the Buyer remains solely responsible for the final content, design and use of all labels, artworks and claims on its products, and for verifying compliance with all applicable laws and regulations in the countries where its products are marketed and sold. Qura Creatine B.V. shall not be liable for any errors, omissions or non-compliance in the Buyer's labels, artworks or product presentations.

### Ingredient declaration

creatine monohydrate

Ingredients are shown in order of quantity.

### Nutrition

	per 100 g
<b>Energy</b>	0 kJ
<b>Energy</b>	0 kcal
<b>Fat</b>	< 0,5 g
<b>Carbohydrates</b>	< 0,5 g
<b>Fibre</b>	< 0,5 g
<b>Protein</b>	< 0,5 g

The provided nutritional values are approximate, rounded averages and may vary within the usual fluctuations expected in natural products.

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## Qura Creatine Powder



Page 2 / 4  
Date updated 10-03-2026  
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### Allergens

1.0	Gluten	-
2.0	Crustaceans	-
3.0	Egg	-
4.0	Fish	-
5.0	Peanuts	-
6.0	Soy	-
7.0	Milk	-
8.0	Nuts	-
9.0	Celery	-
10.0	Mustard	-
11.0	Sesame	-
12.0	Sulphur dioxide and sulphites at concentrations of more than 10 mg/kg or 10 mg/litre in terms of the total SO <sub>2</sub>	-
13.0	Lupin	-
14.0	Molluscs	-

Free from (-), Possible cross-contamination (?), Contains as an ingredient (+). Please be aware that allergenic traces originating from raw materials used in your product's manufacturing process are not currently considered or assessed. If you wish to exclude any of the allergens listed in the table above from your product labels, it will necessitate separate testing, along with appropriate cleaning and end-product controls. Consequently, we cannot assume liability for claims of allergen absence that have not been previously agreed upon with us, and any legal claims associated with this matter will be declined. (According to the EU-Reg 1169/2011)

### Statements

Free of GMO	Yes
Vegetarian	Yes
Vegan	Yes
Halal	Yes
Kosher	Yes
Irradiated	No
ETO/2-Chloroethanol-free	Yes
BSE/TSE-free	Yes

Qura Creatine B.V. advises customers to familiarize themselves with relevant claims and legislation in the selling country. Buyers are responsible for verifying applicable claims and laws. We are not liable for damages arising from buyer-made claims or legislation. The production is based on the commissioning party's specifications; compliance and labeling are their responsibility.

### GMO information

This product does not contain genetically modified ingredients and is not produced using genetically modified organisms.

# Product specification

## Qura Creatine Powder



Page	3 / 4
Date updated	10-03-2026
Date printed	10-03-2026
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### Microbiology

According to Commission Regulation (EC) No 2073/2005.

	Precision	Value	Unit
<b>Coliforms</b>	not detected in	Negative	gram
<b>Escherichia coli</b>	not detected in	Negative	gram
<b>Salmonella</b>	not detected in	Negative	gram
<b>Staphylococcus aureus</b>	not detected in	Negative	gram
<b>Additional</b>			
<b>Total plate count</b>	10cfu/g Max		
<b>Yeast and mold</b>	Negative/g		

### Physical / Chemical properties

According to Commission Regulation (EU) 2023/915.

	Minimum value	Target value	Maximum value	Unit	Comment
<b>Cadmium</b>			0.1	mg/kg	
<b>Lead</b>			0.1	mg/kg	
<b>Mercury</b>			0.1	mg/kg	
<b>Additional</b>					
<b>Content Assay</b>	99.95% min				
<b>Creatinine</b>	50ppm Max				
<b>Dicyandiamide</b>	10ppm Max				
<b>Dihydrotriazine</b>	3ppm Max				
<b>Sulphate</b>	0.03% Max				
<b>Test of sulfuric acid</b>	No carbonation				
<b>Bulk density</b>	400g/L ~ 550g/L				
<b>Tapped Density</b>	500g/L ~650g/L				
<b>Loss on drying</b>	12.0% max				
<b>Residue on ignition</b>	0.1% max				
<b>Cyanide</b>	1ppm Max				
<b>Impurity</b>	1% Max				
<b>Heavy metals</b>	10ppm Max				
<b>Arsenic (As)</b>	0.1ppm Max				

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## Qura Creatine Powder



Page	4 / 4
Date updated	10-03-2026
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## Shelf life and storage conditions

<b>Best before</b>	To be determined. The shelf life stated is an estimated duration based on available data and the nature of the ingredients used. This estimation is provided for informational purposes only and should not be interpreted as a guarantee of product stability or performance over time. A shelf life study will be conducted during the sampling phase to validate and confirm the actual shelf life of the formulation under defined storage conditions.
<b>Operating and storage conditions</b>	Store away from direct sunlight or strong artificial light. Keep in a dry environment, below 65% relative humidity. Store at controlled temperature, unless otherwise specified. Store in the correct, sealed packaging that protects the product from moisture, air, and contamination.
<b>Minimum lifespan from production</b>	3 years
<b>Minimum storage temperature</b>	5 °C
<b>Maximum storage temperature</b>	26 °C

## Contact Information

<b>Company name</b>	Qura Creatine B.V.
<b>Address</b>	De Zagerij 1
<b>Postal code</b>	3861 NA
<b>City</b>	Nijkerk
<b>Website</b>	<a href="https://www.quracreatine.com">https://www.quracreatine.com</a>