



Use this card when AI enters the room, the clinic, the classroom, or your workflow. The goal is not to reject the tool. The goal is to keep reasoning visible, accountable, and human.

1 Commit

Think before the tool thinks for you.

- What do I think is going on?
- What else am I considering?
- What is too dangerous to miss?
- What would I do next if AI were not available?

Reasoning first. AI second.

2 Compare

Use AI as a thinking partner, not a final answer.

- What did AI add that I missed?
- What did it overstate, assume, or get wrong?
- What does not fit as neatly as it seems?
- What would make me rethink my first impression?

Use AI for challenge, not just confirmation.

3 Verify

Fluency is not accuracy.

- What in this response needs to be checked?
- Is this based on a real guideline, source, or standard?
- Is this accurate for this patient, learner, or situation?
- What would I need to verify before I act?

Polished language is not proof.

4 Safety Check

Before you close the case, pause once more.

- What red flags could I have missed?
- What would make this unsafe to send home or leave unresolved?
- What warning signs should the patient or learner leave with?
- What harm could come from overlooking it?

Protect against harm, not just error.

For Educators

Do not just grade the product. Design for the thinking.

- Does this activity actually show how the learner is thinking?
- Where must the learner commit before AI enters?
- What must they compare, defend, revise, or verify?

Keep these 4 questions near you

What do I think? • What else could this be?
What needs to be checked? • What could cause harm if missed?