

Prof. Seetharaman V.S.
Principal at SRCOPT
Clinical Coordinator,
Department of Physiotherapy,
Sri Ramakrishna Hospital.



Executive Profile

Prof. Seetharaman V.S. is an accomplished academic leader and clinician with over 26 years of extensive experience in the field of physiotherapy. He serves as the Principal and Clinical Coordinator at the College of Physiotherapy, SRIPMS, Coimbatore, which is attached to a premier multi-specialty hospital. Throughout his career, he has combined administrative leadership, advanced clinical practice, academic instruction, and research guidance to advance physiotherapy education and patient care standards.

Academic Qualifications

Ph.D. in Physiotherapy (Pursuing)

- Vinayaka Mission University, Salem (Registered: October 2022)

Master of Physiotherapy (M.P.T.)

- College of Physiotherapy, Sri Ramakrishna Institute of Paramedical Sciences, Coimbatore (December 1998 – September 2000)
- Affiliation: The Tamil Nadu Dr. M.G.R. Medical University, Chennai
- Elective Specialization: Advanced Physiotherapy in Orthopedic Conditions
- Dissertation: Efficacy of Functionally Oriented Home Exercise Program in

Improving Functional Capacity for Patients with Unilateral Tibio-Femoral Osteo Arthritis – A Quantitative Analysis.

Bachelor of Physiotherapy (B.P.T.)

- Annamalai University, Annamalai Nagar (August 1994 – July 1998)
- Project Work: A Role of EMS in Bell's palsy – A Clinical Trial.

Areas of Specialization & Interest

- Specialization: Advanced Orthopedic Physiotherapy
- Core Clinical Interests: Pain Management, Ergonomic Advice, Lifestyle Modification

Professional & Clinical Experience

Prof. Seetharaman has a continuous 26-year tenure within academic and clinical settings, dedicated primarily to the growth of SRIPMS and Sri Ramakrishna Hospital

Principal / Clinical Coordinator | 8th October 2021 – Present

- College of Physiotherapy, SRIPMS / Sri Ramakrishna Hospital (1000-bedded multi-specialty private hospital), Coimbatore.
- Responsibilities: Overall administration of the college and physiotherapy department, organizing Continuing Medical Education (CME) programs, conducting case discussions and journal presentations, supervising junior staff, guiding postgraduate

thesis and undergraduate dissertations, training interns, and providing clinical consultation.

Vice Principal / Clinical Coordinator | 10th September 2015 – 7th October 2021

- College of Physiotherapy, SRIPMS / Sri Ramakrishna Hospital, Coimbatore.

Senior Physiotherapist / Professor (M.P.T - Orthopaedics) | September 2001 – 9th September 2015

- College of Physiotherapy, SRIPMS / Sri Ramakrishna Hospital, Coimbatore.

Junior Physiotherapist | September 2000 – August 2001

- Department of Physiotherapy, Sri Ramakrishna Hospital, Coimbatore.

Junior Physiotherapist | August 1998 – December 1998

- Department of Physical Medicine and Rehabilitation, Korai Medical Centre and Hospital Limited, Coimbatore (300-bedded multi-specialty private hospital).

Advanced Certifications & Training

- Diploma in Fascial Manipulation (Level I and II) – Stecco Institute, Italy
- Diploma in Dynamic Neuromuscular Stabilization (Level I)

Academic Leadership & University Affiliations

Board of Studies Member (Physiotherapy): The Tamil Nadu Dr. M.G.R. Medical University, Chennai (2022 – 2025)

Board of Studies Member (School of Allied and Healthcare Services): Avinashilingam University, Coimbatore (2022 – 2025)

University Examiner & Evaluator: Appointed as undergraduate and postgraduate examiner, paper evaluator, team member, and convener of the inspection committee by The Tamil Nadu Dr. M.G.R. Medical University, Chennai.

External Examiner: Appointed as practical examiner and paper evaluator by NTR University of Health Sciences, Vijayawada, Andhra Pradesh.

Question Paper Setter: Appointed by SRM University, Meenakshi University, and Saveetha University (Deemed Universities), Chennai.

Research Publications & Books

International & National Journal Publications

1. **Effectiveness of Knee Extensor Biofeedback Training on Pain, Quadriceps Muscle Power and Activities of Daily Living in Patients with Primary Knee Osteoarthritis.** IJDDT, Volume 16, Issue 53s, 2026.

2. Efficacy Of Sub - Occipital Release Therapy With Neck Stabilization Exercise In Desk Workers With Non-Specific Neck Pain In Reducing Pain And Disability, Improving Cervical Range Of Motion - An Experimental Study. International Journal of Research and Analytical Reviews, Volume II, March 2024.

3. Modified Sphygmomanometer as “Biofeedback Tool” in Retraining Quadriceps Function Among Individuals With Unilateral Tibio-femoral Osteoarthritis – A Case Series. International Journal of Current Research and Review, Volume 13, Issue 16, Pages 159–163, August 2021.

4. Physiotherapy – Supervised mobilization and Exercise Following Total Knee Arthroplasty Surgery – A Questionnaire Survey. Indian Journal of Physiotherapy and Occupational Therapy, Volume 6, Issue 03, Pages 248–252, July 2012.

5. The Relationship between Open Kinetic and Closed Kinetic Chain Strengthening Exercise for Lower Limb Extensors on Jumping Performance in Adolescent Male Basketball Players. International Journal of Current Research and Review, Vol 3, Issue 08, Pages 92–100, August 2011.

Book Chapters

Co-Author: Chapter on “Ergonomics and Occupational Health” in the textbook Essentials of Physiotherapy Practice (2026 Edition), Vrinda Medical Publishers, Cochin.

Professional Memberships

- Life Member, The Indian Association of Physiotherapists (IAP) | Registration No: 8242
- Life Member, Indian Association of Sports Medicine (IASM) | Registration No: PY 457
- Life Member, Spinal Cord Society | Registration No: 1144

Awards and Recognition

- On behalf of the Institution(SRIPMS) Prof.V.S.Seetharaman received the prestigious “EDU ICONS AWARD” from The Times of India for excellence in health care education presented by Tamilnadu School Education Minister Thiru.Rajmohan Arumugam on July 30 th 2026.
- He has been honoured for 25 years of service at SNR Sons Charitable Trust for the exemplary selfless service rendered in Sri Ramakrishna College of Physiotherapy on 27 th Feb 2026 during the occasion of 42 nd Founder’s day.
- He has been honoured with “Outstanding Leadership Award” from Nehru College of Physiotherapy on 26 th April 2025
- He has been honoured with “Life time achievement Award” from Annai College of Physiotherapy at Physio warriors 2022.
- He has been honoured with “Icon of Physiotherapy Award” from KG College of Physiotherapy, Coimbatore.