



Creating opportunities for voluntary work across Keighley

Action Point is a registered charity based in Keighley that facilitates and promotes opportunities for local voluntary work and activity. Enhancing and supporting services currently provided by the statutory sector, Action Point improves quality of life for older people, disabled people and disadvantaged groups.

Leisure Link

Weekly social group for adults with a learning disability who plan their own programme of indoor crafts, games and day trips.

Silver Links

Day service for older people to reduce loneliness and social isolation, offering a wide range of social activities and lunch.

Carelink

One-to-one befriending service for people at risk of loneliness or isolation or in need of practical assistance in the Keighley area.

Second Time Around

Charity shop in Keighley town centre to recycle or resell goods that raise revenue for Action Point's local services.

WorkShop

Tailored support for people not ready to work or volunteer independently in a real shop to gain a range of retail skills.

Boogie Nights

Fortnightly disco to meet friends and relax, with pool, table tennis, colouring books, puzzles and board games.

Tea & Toast

Part of a 'Warm Spaces' network providing a hot drink, a chat and crafts for anyone who wants to come along.

Mental Health Peer Support

Peer support group for people with lived experiences of mental health difficulties, complementing clinical interventions.

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