



Projects and Services

Contact use to find out more: **01535 609 506** or email admin@actionpoint.uk

Supported Volunteering

A service for adults with a learning disability, supporting them to develop the skills and confidence to volunteer independently in their local community.

Leisure Link

Social group for adults with a learning disability who plan their own programme of indoor crafts, games and day trips. Monday, Wednesday and Friday 10.00am – 3.00pm.

Silver Links

Day service for older people to reduce loneliness and social isolation, offering a wide range of social activities and lunch. Wednesday and Thursday 10.30am – 2.30pm.

Carelink

One-to-one befriending service for people at risk of loneliness or isolation or in need of practical assistance in the Keighley area.

2nd Time Around

Charity shop in Keighley town centre to recycle or resell goods that raise revenue for Action Point's local services.

WorkShop

Tailored support for people not ready to work or volunteer independently in a real shop to gain a range of retail skills.

Boogie Nights

Disco to meet friends and relax, with pool, table tennis, colouring books, puzzles and board games. Fortnightly 7.00 – 9.00pm.

Tea & Toast

Part of a 'Warm Spaces' network providing a hot drink, a chat and crafts for anyone who wants to come along. Monday 9.30am – 12.00 noon.

Mental Health Peer Support

Peer support group for people with lived experiences of mental health difficulties, complementing clinical interventions. Tuesday 10.30am – 2.30pm.

Supported Volunteering Project

The Supported Volunteering team helps people to build up the skills and confidence to volunteer independently.

Volunteer Point

Help and guidance for people who have skills and interests and want to volunteer, but do not know where to start.

DBS Service

Consultancy, support, storage and handling to ensure effective management of Disclosure and Barring requirements.