

NEWSLETTER

September 2026

WELCOME TO OUR AUTUMN NEWSLETTER

Here you will find a snapshot of our services and news of current events.

We hope you find the contents interesting and if you use one of our services and would like to be featured in the next issue, please get in touch on:

Tel: 01535 609506 or,
admin@actionpoint.uk



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We also post regularly on Facebook.
<https://www.facebook.com/>



Social and recreational group for
adults with learning disabilities

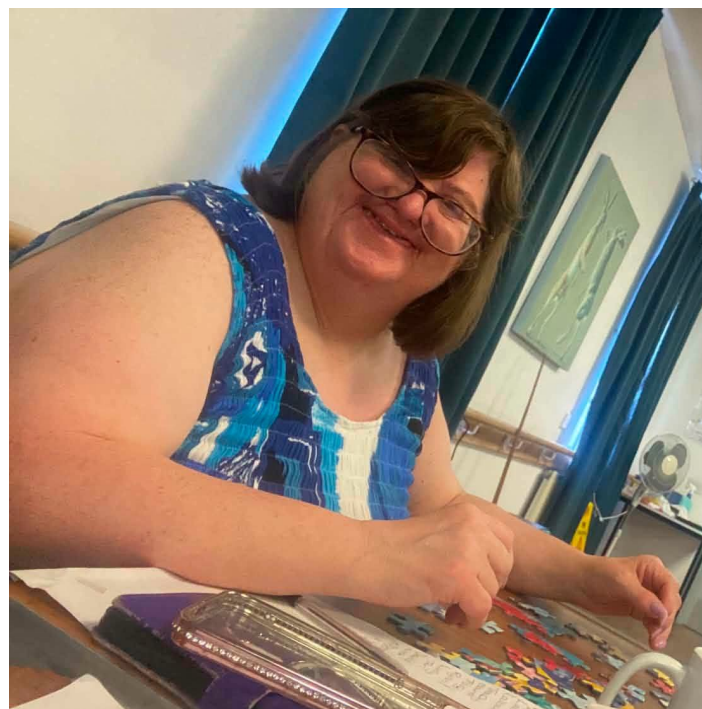
We had a visit from Bradford Council recently to see what we do and ask our group what they enjoyed about Leisure Link.



The Council said, "It's obvious how person-centred your service is and you should all be proud of what you deliver here".



We enjoy being creative, its so much fun!



If anyone would like to join Leisure Link we have a few spaces left on a Monday and Tuesday.

Contact Toni here on 01535 609 506

Or email at:

admin@actionpoint.uk

SILVERLINKS

Social day groups for older people



We had a very nice surprise recently!

Wednesday and Thursday members were treated to a meal out at Toby Carvery due to a generous donation from a lovely gentleman, (who insisted on remaining anonymous).



The gentleman approached us recently while we were sat outside Temple Row, enjoying the sunshine. We would like to say thank you again!

Everyone had a wonderful time due to his kindness. We'd also like to thank the staff at the carvery who made us so welcome. They looked after us very well and they even treated everyone to a free drink!



If you are interested in joining our group email: Toni@actionpoint.uk or phone: 01535 609 506

We have visited the Gatehouse and got crafty with flower arranging, knitting and watercolour painting.



Budding artists amongst us created some real masterpieces.



We loved this activity which was facilitated by **The Get Out More Project**. A big thanks to Hazel & Sue.



<https://www.facebook.com/silverlinks.keighley/>

School Uniform Swap Shop

A Fantastic Success!

We are really pleased to report on the success of our **School Uniform Swap Shop**, which ran throughout August.

Over the last 12 months, we have been collecting school uniforms donated to our Charity Shop, **2nd Time Around**. During August, our wonderful and experienced volunteers, **Cath and Lindsay**, worked incredibly hard to set up and run the stall, with fantastic support from our new volunteers, **Nicolette and Michelle**.

As always, Keighley families have been incredibly supportive, donating school uniform items that their children have grown out of or no longer need. This generosity has enabled us to provide good-quality, pre-loved uniforms to local families who need them.

The numbers really do speak for themselves! **196 local families**, representing **339 children**, received a total of **1,117 free items** of school uniform.

That's a huge amount of money saved for local families at a time when household budgets are under increasing pressure.



But it's not just about saving money — it's about saving the planet too. Through our sorting and recycling process, we have also prevented a significant amount of unwanted textiles from going to landfill.



UNIFORM SWAP SHOP

2026

Thank you! ♥



196

FAMILIES SUPPORTED



339

CHILDREN HELPED



1,117

UNIFORM ITEMS EXCHANGED

Feedback:

"Amazing help, I would be struggling if it wasn't for the swap shop."

"It helped my family out."

"Doing a very good job saving families lots of money."

"A fantastic service which has been an absolute godsend."

"What an amazing thing to do. Thank you from the bottom of my heart."

"We really appreciate what you are doing. I was struggling for the uniform. Thank you so much."

"Amazing service & great for the community & the planet."

"Brilliant service, friendly staff, I would recommend it."

"Super service, much needed for families."

"Thank you so much, we really appreciate it." - Laura Hesse

"Amazing ladies, so helpful." | "Very helpful and fantastic service." | "Fantastic idea, great for families." | "Lovely service, really helpful and friendly." | "A wonderful idea!" | "Super service, friendly staff." | "Amazing at helping and our family would be struggling if it wasn't for the swap shop." ...and many more!



More than uniforms... we helped families save money, reduced waste, supported children and strengthened our community.



Once again, the feedback we have received has been fantastic and reminds us exactly why we run this initiative. Here are just a few of the comments from local families:

“Amazing help. Would be struggling if it wasn’t for the swap shop.”

“I really do appreciate what you have done for the community. It really just helps out when you are struggling to provide for your children. I can only imagine how much work and sorting all this out for us takes, so I want to just say thank you.”

“A fantastic service which has been an absolute godsend as new uniform is very expensive and when bills are going up, this has really helped me and my family a lot.”

“What an amazing thing to do, thank you from the bottom of my heart.”

A Big Thank You to Keighley Market

This year, we were kindly provided with a stall at Keighley Market, which proved to be a fantastic venue for the Swap Shop.

A huge thank you to Mathew Gibbons, Market Superintendent, who has been so helpful and accommodating throughout. We would also like to thank all the market stall holders, who have been so welcoming and friendly. They really are a great bunch!

Most importantly, thank you to everyone who donated uniform, volunteered their time, or used the Swap Shop. Your support has made a real difference to local families and helped us keep hundreds of items of clothing in use rather than going to waste.



Care♥Link



Our Carelink volunteers bring a wealth of experience and interests to the befriending role. We recently asked volunteers to submit a photo of what makes them smile. Here are just a few, we hope they will make you smile too.



Aswa - Rutland Water



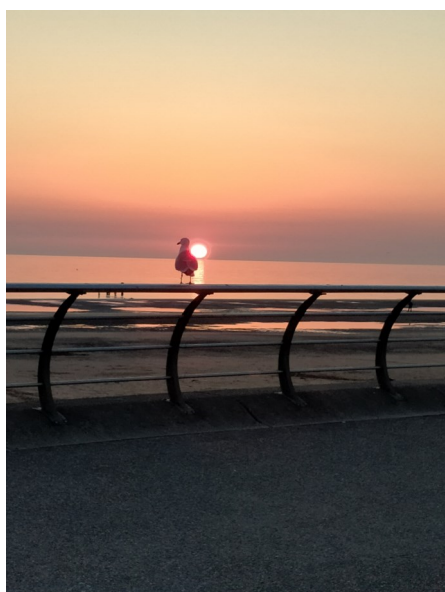
Donna - My cat Lottie



Chiara - Cockroach, my boss cockerel



Colin - My dog in a jumper



Carol -
Sunset in Blackpool



Jas - K.W.V.R



Sue - A big fat female toad



Tony - It's not just hen's eggs come in half dozens



Mary - My late mum's roses transplanted into my garden



Helen A - Plum tree fruiting



Tom - Playful cat



Bronny - Perfect Mountain morning

For further information contact
Lesley at: lesley@actionpoint.uk



**Find and follow us
on Facebook**

WARM SPACES

Now the weather is changing and the cold is creeping in, we thought it'd be a good time to remind you that Action Point provide a FREE 'WARM SPACES' DROP-IN ON A MONDAY 9:30 - 12:00.



Action Point
Community Support Services

Our Monday Tea & Toast group is a FREE SERVICE

WARM SPACES

Everyone welcome!

WARMSPACE

Free toast and hot drinks

Games

Free books and DVDs

Friendly warm welcome

Mondays
9:30 - 12.00

Action Point
23 Temple Row,
Keighley, BD21 2AH

Funded by
Bradford
Council

Action Point Community Support Services

23 Temple Row
Keighley
BD21 2AH

01535 609 506

facebook

Follow us on Facebook for promotions,
sales & events!

[https:// www.facebook.com/2TAKeighley/](https://www.facebook.com/2TAKeighley/)

TOGETHER WE CAN MAKE A DIFFERENCE



Other services of Action Point Community Support Services:



SECOND TIME AROUND



SECOND TIME AROUND CHARITY SHOP IS
A PROJECT MANAGED BY ACTION POINT.



Disco for Adults with
Learning Disabilities
Every other Friday
at Temple Row
(7-9pm)

£3 (on the door)

2026 DATES

October - 2nd, 16th & 30th Halloween!

November - 13th & 27th

December - 11th