

## **AB Severn Rowing Club Rules 2026**

### **Membership and Conduct**

Every member must conduct themselves with respect and courtesy towards other members and the public. This includes respecting club property, and maintaining a positive, supportive environment for all. All members and volunteers are expected to read and adhere to the British Rowing Code of Conduct April 2025. This is attached to the website.

### **Safety First**

The safety of our members is paramount. All rowers must adhere to the club's safety guidelines, including wearing appropriate clothing, following river navigation rules, and not rowing in unsafe weather conditions.

### **Supervision of Juniors**

Junior members (under18) must be always supervised by a qualified coach or responsible adult during club activities. This ensures their safety and proper guidance in the sport.

### **Equipment Use and Care**

Club equipment should be used responsibly and returned in the condition it was issued. Members are responsible for reporting any damage or issues with the equipment immediately to the club officials.

### **Attendance and Punctuality**

Members are expected to attend scheduled training sessions and events punctually. Regular attendance is crucial for team development and individual progress in the sport.

### **Anti-Bullying Policy**

Bullying of any form is strictly prohibited. The club is committed to creating an environment where all members can participate in activities free from harassment, intimidation, and discrimination.

### **Alcohol and Drug-Free Policy**

The consumption of alcohol or use of illegal drugs during club activities, is strictly forbidden. This rule is essential for the safety and well-being of all members.

### **Equal Opportunities**

The club is dedicated to promoting equality and diversity. Discrimination based on race, gender, age, disability, sexual orientation, religion, or belief is not tolerated.

### **Environmental Responsibility**

Members must respect the natural environment of the river and its surroundings. This includes proper disposal of litter, avoiding disturbance to wildlife, and adherence to environmental guidelines.

### **Complaints and Grievances**

Any complaints or grievances should be brought to the attention of the club committee in a timely and respectful manner. The club is committed to addressing issues fairly and confidentially.

### **Participation in Competitions**

When representing the club in competitions, members must adhere to the rules of the event and demonstrate sportsmanship and team spirit. This reflects positively on the individual and the club.

These rules are designed to uphold the values and ethos of the AB Severn Rowing Club. Adherence to these rules is mandatory for all members to ensure the club remains a positive, safe, and inclusive environment for all.