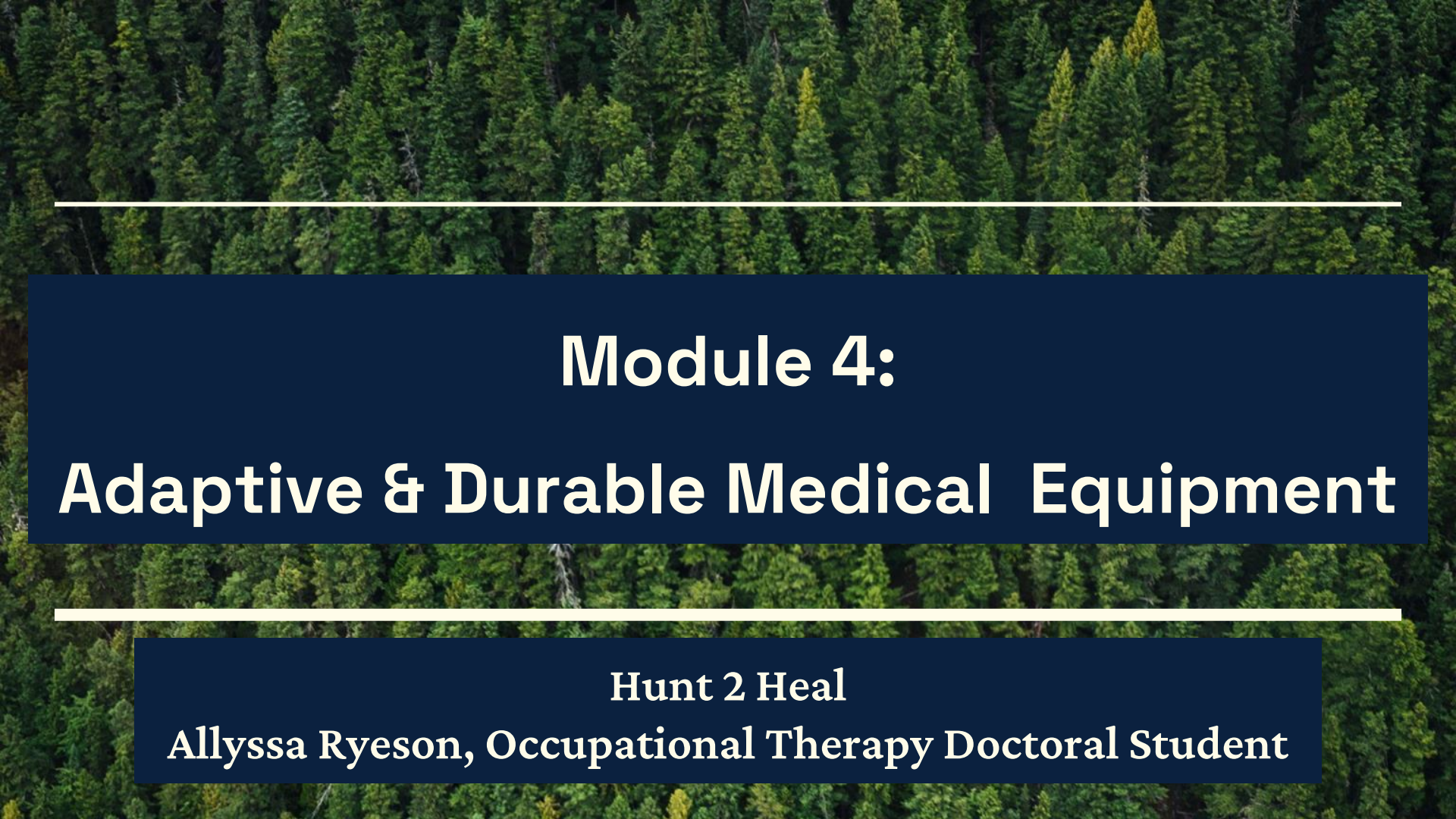




Module 4:

Adaptive & Durable Medical Equipment

Hunt 2 Heal

Allyssa Ryeson, Occupational Therapy Doctoral Student

Hoyer Lift



These are often used for individuals with severe mobility issues which hinder their ability to transfer in other ways. The participants will be able to communicate their normal and preferred way of transferring. Pictures provided are of the Hoyer lift you will see at the Hunt 2 Heal lodge.

Watch the following video for a full explanation of how to safely transfer a participant while using a Hoyer lift:

https://youtu.be/Zlwkx2e-mtl?si=9na34An06xWN88A_&t=37

(Springfield Clinic, 2018)

Transfer/Slide Boards

The purpose of the boards below is to create a bridge between the two transfer surfaces allowing for more safety and ease during a transfer. These are commonly used by individuals with spinal cord injuries but can be used with other diagnoses as well depending on preference of the individual and their specific abilities.

Example of Slide Board Transfer:

https://youtu.be/IFUW7He43_g?si=Wv3caVTWlgGXNWjQ



(Springfield Clinic, 2017)



Shower Chair & Commode



Participants can transfer onto and off the shower chair just as they would any other surface. This versatile chair can be used in the shower, positioned over a toilet for toileting, or as a commode with a detachable pan.

For safety, always lock the wheels when the chair is in use. To engage the wheel locks, simply step on the end of the caster lock lever until it clicks into place. To unlock, lift the lever in the opposite direction.

This chair also features a tilt function to enhance comfort and relieve pressure on certain areas of the body. The tilt is controlled by triggers located on the push handles, allowing for easy adjustments as needed.

YouTube Video for Visual Demonstration:

<https://youtu.be/oWKyrXHRBAE>

Hospital Bed

YOU CAN CHOOSE FROM FOUR FUNCTIONS



Back board
up/down



Leg board
up/down



Back & leg board
up - down



Whole bed
up and down

Why?

Participants may require a hospital bed for sleeping due to medical needs. The bed provides numerous benefits, including pain relief, improved circulation, reduced risk of bedsores, and enhanced ease of getting in and out of bed.

How?

Participants can transfer to and from the bed in any of the ways described in previous modules. The height of the bed can be adjusted for ease.

Controls

The bed can be adjusted in the four ways described in the image by using the remote which is labeled for appropriate use. Ensure wheels are locked for safety. Guard rails available for use when needed and are easily collapsible. (This is the exact bed available to participants at H2H)

References

Raz – Mobile Shower Commode Chairs and Tub Sliders. (2025). *Raz-AT attendant tilt mobile shower commode chair*. <https://razdesigninc.com/index.php/shower-commode-chair/raz-at-attendant-tilt/>

Springfield Clinic. (2017, Oct 24). *Clinical education: Slide board transfer [Video]*. YouTube. https://www.youtube.com/watch?v=IFUW7He43_g

Springfield Clinic. (2018, Jan 23). *Clinical education: Hoyer lift transfer training video [Video]*. YouTube. <https://www.youtube.com/watch?v=ZlwKx2e-mtI&t=3s>