

HOME TEAM - Notes

HOME TEAM

Luke 2:52 | Genesis 17:7 | Galatians 3:13

Big Idea: Before you can coach the team at home, you have to deal with the coach in the mirror, and you have to know how to break what was handed to you before you hand it to anyone else.

1. The Problem: We've Gotten Used to the Wreckage

- Your home is a team you're coaching every day, whether you're married, single, a parent, or not.
- You can't coach a team you haven't healed.
- Every dysfunctional home was once occupied by someone who never dealt with their own stuff.

"Your family may be broken, but your story is not over." "What happened in your house does not have to have the final word over your house." "You may have inherited the pattern, but you don't have to continue the pattern."

- The enemy's oldest strategy: attack the home first (Genesis 3).
- If he can get the home, he gets everything the home was supposed to produce.

Notes:

2. Breaking Generational Curses

Exodus 34:7

- A generational curse = unresolved sin and unhealed pain that replicates itself down a family line.
- Not God punishing innocent children, God describing how sin behaves when nobody stops it.

Galatians 3:13 | 2 Corinthians 5:17

- Christ redeemed us from the curse. The old pattern has passed away.
- Christ breaking the curse and you experiencing the freedom are two different moments.

Three Steps to Break a Cycle: 1. Name it out loud. 2. Get help, not just prayer. 3. Practice the opposite on purpose.

Notes:

3. The Playbook: Luke 2:52

"And Jesus grew in wisdom and stature, and in favor with God and man."

All parenting should be purposeful. Four targets, for a child or for yourself.

WISDOM (THE MIND)

- Teach them to think, not just obey.
- Character: honest, courageous, generous, compassionate.
- **This week:** Have the hard-but-honest conversation you've been avoiding.

STATURE (THE BODY)

- Teach them to respect and steward their body.
- Silence doesn't protect, it just hands the conversation to culture.
- **This week:** Take one honest step on a habit you've been ignoring.

FAVOR WITH GOD (THE SPIRIT)

- Intimacy, not religious performance.
- Don't let their spiritual inheritance sit untouched.
- **This week:** Trade 15 minutes of scrolling for 15 minutes of silence with God.

FAVOR WITH MAN (RELATIONSHIPS)

- Dependable, not just likable.
- Small disciplines build big character.
- **This week:** Finish one thing you never closed the loop on.

Notes:

4. The Finish

- What started with someone before you does not have to end with you. It can end with you.
- Genesis 17:7 — God's covenant is not just to you, it's through you.
- They may never see your highlight reel. They will see you kneel by a bed, fight for what matters, and break what was never supposed to be passed down.

That's the game within the game. That's Home Team.

"Don't raise children to have more than you had. Raise them to be more than you were."

Notes: