

Fusion Laser Hair Removal Protocols

Fusion Light & Dark

Patient Name: _____ Date: _____

Welcome to Sharief Aesthetics. Fusion Light & Dark is a medical-grade laser system suitable for a wide range of skin tones. To ensure the laser targets the hair follicle and not your skin, please follow these protocols closely.

Pre-Treatment Preparation

1. The "Root Rule" (No Waxing)

- Do NOT wax, pluck, thread, or use depilatory creams (Nair) for at least 6 weeks before your appointment. Shaving is permitted at any time.

Why: the laser targets the pigment in the hair root. Waxing or plucking removes that target and renders the treatment useless.

2. The Shave Mandate

- You MUST shave the treatment area 24 hours before your appointment.

Why: if hair is visible above the skin, the laser burns the surface hair — causing pain and possible skin burns, and reducing the energy that reaches the root.

3. Sun & Skin Safety

- Avoid direct sun and tanning beds for 2 weeks before.
- Do not apply self-tanner for 2 weeks before.

Why: even though Fusion treats darker skin tones, an active or artificial tan adds a layer that absorbs excess heat and increases the risk of burns.

Post-Treatment Recovery

Phase 1 — The First 24–48 Hours

- Avoid heat and friction — no saunas, hot tubs, or heavy gym sessions for 48 hours.
- Wear loose clothing to prevent rubbing the treated area.
- What to expect: redness and small pink bumps around the follicles (perifollicular edema) are normal and expected.
- Comfort: if the area feels warm (like a mild sunburn), apply a cool compress or aloe vera gel. Avoid heavy oils.

Phase 2 — Days 5–21 (the shedding phase)

- Do not force the hair out with tweezers.
- What to expect: treated hair may look like it is "growing" for about 2 weeks — this is the dead hair being pushed out of the follicle.
- From Day 5, you may gently exfoliate the area in the shower with a washcloth to help the shedding.

Phase 3 — Sun Protection

- On exposed areas (face, arms, legs), apply SPF 30+ daily throughout your treatment course.
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When to Contact Us

- Routine questions: 902-423-7919
- After-hours concerns: 902-340-2023

CONTACT US IMMEDIATELY — blistering, crusting, or pain that is severe or persistent.

SEEK URGENT MEDICAL CARE — if a blister shows signs of infection (increasing pain, pus, or fever) or you have a severe burn.