

Hope City

Discussion Guide

July 26, 2026

My SOUND Looks Like Surrender

Goodness of God: Week 5

Pastor Daniel Groves

Main Idea

David's praise was not based on easy circumstances but on God's proven faithfulness. When we remember His goodness, mercy, and unfailing love, praise becomes more than a song—it becomes a surrendered way of life. Our true sound is revealed when we choose to bless the Lord at all times, trusting Him regardless of what we face.

Anchor Verse: "Surely goodness and love will follow me all the days of my life, and I will dwell in the house of the LORD forever." (Psalms 23:6, ESV).

Read: Psalm 34:1 & John 10:27

1. His Goodness Gives You a New Sound

God's goodness gives us a new sound by transforming our hearts, not merely changing our behavior. As we remember what He has done, fear and defeat are replaced with faith, gratitude, and confident praise.

Scripture: Psalm 40:3

Discussion: How has remembering God's goodness changed the way you speak, think, or respond during a difficult season? What "old sound" of fear, insecurity, or defeat is God inviting you to replace with a new sound of faith and praise?

2. Praise Reminds Our Souls What Our Problems Want Us To Forget

Praise reminds us that our circumstances are never greater than the God who leads us through them. Even when we do not understand the route, surrender means trusting His direction, obeying His voice, and believing His grace will keep leading us home.

Scripture: Habakkuk 3:17-18

Discussion: What problem or circumstance is currently tempting you to forget what is true about God? Where might delayed obedience or trusting your own direction be creating unnecessary detours in your life?

3. Praise Is Our Faith With A Voice

Praise gives voice to faith by declaring God's faithfulness before the breakthrough arrives. True worship is not merely louder praise but deeper surrender, trusting that Jesus is not chasing our performance—He is pursuing our hearts.

Discussion: Where is God inviting you to praise Him in faith before you see the breakthrough or answer you are hoping for? What would deeper surrender look like in an area where you have been trying to perform, control, or fix things yourself?

"Some of us have spent more time arguing with God...Than obeying God."

SUMMARY

Praise is more than a sound we make—it is the outward expression of a heart surrendered to God. His goodness gives us a new song, His faithfulness reminds us of what our problems try to make us forget, and our praise gives voice to faith before the breakthrough ever comes. No matter what we are facing, we can trust that God is still leading, still pursuing, and still transforming us as we choose surrender over control and praise over fear.

CALL TO ACTION

Replace the Old Sound: Identify one negative thought or statement you have been repeating, and replace it daily with a truth about God's goodness and faithfulness.

Praise Before the Breakthrough: Choose one unresolved situation and intentionally thank God for who He is, even before your circumstances change.

Surrender What You Are Controlling: Name one area you have been trying to manage without God, release it to Him in prayer, and take the next step of obedience He is asking of you.

GROUP LEADER RESOURCE

What's The Soundtrack of Your Week?

Go around the group and have each person name a song—or make a sound effect—that best represents how their week has felt. After everyone shares, invite them to briefly explain their choice.

Keep it light and fast—about **30 seconds per person**. Then transition into the discussion by saying:

“Our lives often have a sound shaped by what we are experiencing. Tonight, we’ll explore how God’s goodness can change our sound from fear, frustration, or defeat into praise, faith, and surrender.”