

Discussion Guide

February 8, 2026

It's Worth It

Chain Reaction Week 2

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Main Idea

Jesus doesn't just call us to believe—He calls us to follow, to grow, and to help others do the same. In the Great Commission, we're invited into an active, ongoing journey of discipleship, with the promise that Jesus is with us every step of the way. Every promise of God finds its "Yes" in Christ, and our response is a committed, obedient "Amen" lived out in daily life. This series reminds us that when we walk with Jesus, our obedience creates a chain reaction—blessing leading to growth, growth leading to impact. It's a process, it takes commitment, and it's absolutely worth it. The question now is: how do we build and grow from here? If you will say "Yes" to being a disciple, this is what you can expect.

Achor Verse: *"Now wherever you go, make disciples of all nations, baptizing them in the name of the Father, the Son, and the Holy Spirit. And teach them to faithfully follow all that I have commanded you. And never forget that I am with you every day, even to the completion of this age."* (Matthew 28:19-20 TPT).

Read: 2 Corinthians 1:20

1. CREATES MOMENTUM

God's grace starts the movement, but our daily choices keep it going. Decisions and behavior are tied together. One step builds on the next—creating spiritual momentum that leads to a productive, effective life with Jesus, like dominos set in motion.

Scripture: 2 Peter 1:5-8

Discussion: Where do you see momentum—or a lack of momentum—in your walk with Jesus right now, and what is one small decision or habit that could start a positive chain reaction this week? Which of the qualities listed in 2 Peter 1 do you sense God inviting you to "add" right now?

2. BRINGS YOU FAVOR

God's favor surrounds those who walk in love and faithfulness. When these qualities shape our hearts and actions, they unlock doors only God can open—often expressed through a generous life that reflects His promises.

Scripture: Proverbs 3:3-4; Psalm 5:12

Discussion: Where have you seen God's favor open a door in your life—or where are you currently trusting Him to do so—and how might living with greater generosity shape what comes next? What does generosity look like for you right now (time, forgiveness, encouragement, resources)?

3. BUILDS GENERATIONAL BLESSING

Faithful obedience doesn't stop with us—it creates pathways for those who come after. Like Isaac reopening Abraham's wells, when we honor God's work and walk in faith, we pass on spiritual inheritance that blesses future generations.

Scripture: Genesis 26:17-18

Discussion: What "wells" of faith, obedience, or sacrifice have others dug before you—and how can your choices today help keep those wells open for the next generation? Is there a habit, value, or spiritual practice God is inviting you to reclaim or protect?

SUMMARY

Following Jesus sets a chain reaction in motion. As we respond to God's grace with obedience, our faith gains momentum, His favor surrounds our lives, and our faithfulness creates blessing that extends beyond us to future generations. Walking with Jesus is a process that requires commitment—but the impact it produces proves it's worth it.

CALL TO ACTION

- **Take One Intentional Step This Week** — Identify one small, obedient action—spiritually or relationally—that can create momentum in your walk with Jesus. Consistency, not perfection, is what starts the chain reaction.
- **Live Generously on Purpose** — Choose one tangible way to practice generosity this week—your time, encouragement, forgiveness, or resources—and trust God to use it to open doors and extend His favor.
- **Dig and Keep Wells Open** — Commit to one faith practice worth passing on—prayer, Scripture, serving, or community—and intentionally model it for others so the blessing doesn't stop with you.

GROUP LEADER RESOURCE

Biblical Super Bowl Team

If you were to build a football team (or an entire football operation) using Bible people, who would you pick for what positions?

You may want to offer a position such as quarterback or running back, asking students who they'd pick for that position. As soon as you get your first response your group will be off and running. But if you need some ideas, check out the list below. (These answers came from a middle school Bible study group.) As the ideas flow, students may also think of people you DON'T want on your team; add those to your list. You'll see a sample list below of those names, too.